



Learn. Share. Grow.

[BestPracticesAcademy.com](http://BestPracticesAcademy.com)

### **COURSE / SEMINAR TITLE**

Chiropractic Acupuncture Certificate Program  
(100 hours: 76 Online, 24 In Person)

### **DESCRIPTION OF THE COURSE**

This dynamic and highly interactive 100 hour educational experience is designed to provide the practicing chiropractic physician with an approach to evaluating and managing patients using the most current information available in literature and expert opinion regarding acupuncture. This course will provide chiropractic students and chiropractic doctors with a foundation of Traditional Chinese Medicine (TCM) and integrate this foundation with the extensive musculoskeletal knowledge required to become a skillful chiropractic physician. The course content will be a summary and overview of 2 commonly used texts in the masters course for acupuncture. The 24 hour in person lab section will cover main acupuncture points, point selection based on TCM and integrating the points with techniques to treat conditions seen in the chiropractic clinic. Upon completion of the course, practitioners will be able to integrate acupuncture in their practice whether it be from a western medicine model or a hybrid western medicine/ TCM model.

### **Online Course Delivery (76 hours total)**

MODULE 1 : Slides 1-270, Quiz 55 Questions (11 hours: 53 minutes)

- Introduction and Traditional Chinese Medicine History
- 5 Vital Substances
- Yin Yang
- Point Location
- 12 Main Meridians: Lung, Large Intestine, Stomach, Spleen, Heart, Small Intestine, Bladder, Kidney, Pericardium, Triple Burner, Gall Bladder, Liver
- 8 Extra Vessels: Du, Ren, Thoroughfare, Girdle, Yang Heel, Yin Heel, Yang Linking, Yin Linking, 8 Vessel Pairing

MODULE 2: Slides 271-743, Quiz 38 Questions (13 hours: 40 minutes)

- 5 Element Theory
- History Taking
- Observation: Body, Head, Hair, Spirit, Face, Nose, Eyes, Ears, Mouth, Palate, Lips, Teeth, Gums, Throat, Back, Hands, Chest and Abdomen, Extremities, Skin

MODULE 3: Slides 744-1134, Quiz 39 Questions (9 hours: 45 minutes)

- Observation of Tongue, Tongue Location, Tongue Case Studies
- Diagnosing by Hearing
- Exam: Pulse Diagnosis, Palpation
- Treatment of Patterns Point Selection: 5 Transporting Points, Yuan Source Points, Jing Luo Connecting Points, Xi Cleft Points, Back Shu Transporting Points, Front Mu Alarm Points, 8 Influential Points, Other Important Intersecting Points
- Identification and Treatment of a Pattern
- Headaches: TCM Patterns and Treatment vs. Western Diagnosis
- Bell's Palsy Case Study

MODULE 4: Effective Strategies in Pain Management (12 hours: 30 minutes)

MODULE 5: Evaluation and Management Coding (1 hour: 1 minute)

MODULE 6: OSHA Program Training (4 hours: 12 minutes: 17 seconds)

MODULE 7: The No Surprises Act (2 hours: 6 minutes: 42 seconds)

MODULE 8: Effective Treatments Using Cupping, Acupuncture, Vibration Therapy, and Rehabilitation Exercises for Conditions of the Low Back and Lower Extremity (5 hours: 33 minutes: 46 seconds)

MODULE 9: Standards, Policies, and Procedures in HIPAA Law (47 minutes: 4 seconds)

MODULE 10: Professional Boundaries & Patient Safety (2 hours: 30 minutes)

### Face-to-face Delivery (24 hours total)

#### Session 1 (12 hours)

- Acupuncture: Treatment uses, contraindication overview
- Point Location for 8 Main Meridians
- Needling techniques: Depth, angle, tonification vs. reduction, manipulation of needles
- Cupping
- Gua Sha

#### Session 3 (12 hours)

- Acupuncture: Point Location for 4 Main Meridians, Ren and Du channel
- Extraordinary Points
- Auriculotherapy
- EMS
- Tongue and Pulse
- Upper Body Common Conditions and Treatments

### EDUCATIONAL OBJECTIVES

Upon completion of this course, participants are expected to be able to:

1. Understand traditional Chinese medicine, meridian therapy, and diagnosing patterns of dysfunction
2. Exam techniques to identify meridian dysfunction
3. Learn clean needle technique and safety regarding exposure to blood-borne pathogens
4. Documentation, coding, and billing compliance
5. Jurisprudence (Minnesota Statute 148.01 CHIROPRACTIC, Administrative Rule 2500.3000 ACUPUNCTURE)
6. Understanding how to treat clinical conditions to improve response to acupuncture therapy
7. Pain management education based upon the National Pain Strategy Guidelines



Learn. Share. Grow.

BestPracticesAcademy.com

8. Hands-on opportunities through face-to-face instruction for point location, treatment techniques

### **DESCRIPTION OF TEACHING METHODS USED**

This seminar/course will utilize:

Large Group Lectures  
Recorded Video  
Supplemental Materials  
Live Models

An online comprehensive exam will be given in order to ensure the educational objects were successfully met.

### **COSTS**

The cost of this 100 hour course is as follows:

Doctors of Chiropractic: \$2050  
Chiropractic Students: \$1800

### **REGISTRATION**

To register please visit: <https://bestpracticesacademy.com/>.





Learn. Share. Grow.

[BestPracticesAcademy.com](https://BestPracticesAcademy.com)

## **INSTRUCTORS**

The seminar will be taught by the following instructors below.

Thuy Katzenberger, DC, LAc

[Biography](#)

[Curriculum Vitae](#)

Scott Munsterman, DC, FICC, CPCO

[Biography](#)

[Curriculum Vitae](#)

## **REFUND AND CANCELLATION POLICIES**

Refund Policy: Payment is required at time of registration to confirm your attendance. All fees are non-refundable. Payment must be completed before registration is confirmed.

## **LOCATION, DATE AND TIME**

Online courses are available on-demand.

The face-to-face courses will be held:

Session 1: March 16 & 17, 2024

Session 2: April 27 & 28, 2024

Venue Location:

Northwestern Health Sciences University

2501 W 84th St

Bloomington, MN 55431





Learn. Share. Grow.

[BestPracticesAcademy.com](http://BestPracticesAcademy.com)

### **PACE RECOGNITION STATUS**

Best Practices Academy is recognized by the PACE program of the Federation of Chiropractic Licensing Boards.

Visit [www.bestpracticesacademy.com](http://www.bestpracticesacademy.com) for PACE approved states & corresponding requirements.

### **NUMBER OF CREDIT HOURS & REQUIREMENTS FOR OBTAINING CREDIT**

This course is approved for one hundred (100) hours of continuing education credit through PACE. Upon successful completion Best Practices Academy will directly report the credit hours received to the appropriate organization within 30 days along with providing the participant with a verification letter by email. In order to receive the full one hundred (100) credit hours the participant must:

- Sign in and out at the beginning and end of the seminar and at all breaks
- Complete the Continuing Education Verification Form
- Pay all tuition fees for the course as stated above
- Provide a current email address for verification letter
- Complete the Course Evaluation Form

### **COMMERCIAL RELATIONSHIPS**

This seminar is presented by Best Practices Academy & Thuy Katzenberger, DC, Lac. This program is recognized/sponsored by Northwestern Health Sciences University.

### **PRIOR SKILL, KNOWLEDGE OR EXPERIENCE NEEDED**

In order to be successful in this course the participant must be a chiropractic student or current licensed chiropractor.