

A. COURSE / SEMINAR TITLE

12 Weeks to an Evidence-based Practice

B. DESCRIPTION OF THE COURSE

Implementation of evidence-based practice (EBP) is regarded as core competence to improve healthcare quality. The term "evidence-based medicine" is relatively new. Investigators from McMaster's University began using the term during the 1990s. EBM was defined as "a systemic approach to analyze published research as the basis of clinical decision making. The term has now come to be defined as "the conscious, explicit and judicious use of the best current evidence in making decisions about the individual patients", as was introduced about ten years ago. This course will address several issues associated with implementing evidence-based practices to include ethics, policies, quality measures, coding, active care planning, smoking cessation and understanding the principles of the patient centered medical home to address the Triple Aim. The Triple Aim includes reducing cost of care, increasing patient satisfaction and health outcomes.

Introduction: 12 Weeks to an Evidence-based Practice

Week 1: Ethics in Clinical Practice

Week 2: Administrative Policy and Procedure

Week 3: Integrating a Prevention Mindset

Week 4: Practice Assessment

Week 5: Quality Clinical Evaluation

Week 6: Proper Coding and Documentation

Week 7: Incorporating Outcome Measures

Week 8: Care Planning

Week 9: Implementing a Smoking Cessation Plan

Week 10: Intro to Accountable Care Organizations & Patient-centered Medical Home Care Delivery

Week 11: Reviewing the Literature

Week 12: Achieving Professional Excellence

C. EDUCATIONAL OBJECTIVES

Upon completion of this seminar, participants are expected to be able to:

1. Understand Ethics as it pertains to practicing chiropractic care
2. Learn the Basics in administrative Policies and Procedures
3. Use proper coding and documentation
4. Understand the basic principles of evidence-based care
5. Identify relevant evidence-based measures to implement
6. Incorporating evidence-based care in your practice
7. Understand how to incorporate active care planning
8. Understand the basics of implementing a smoking cessation program
9. Understand the basics of the patient centered medical home

D. DESCRIPTION OF TEACHING METHODS USED

This seminar/course will utilize:

Recorded Video (289 minutes)

Supplemental Materials: Policies, Resources & Research

Additional Coursework: Participants will be required to read the following required research articles associated with the course topics. (30 minutes)

"Algorithms for the Chiropractic Management of Acute and Chronic Spine-Related Pain." *Topics in Integrative Health Care* 3.4 (2012): 1-10. *Topics in Integrative Health Care*. Topics in Integrative Health Care. Web. 1 Sept. 2013. <http://www.tihcij.com/Articles/Algorithms-for-the-Chiropractic-Management-of-Acute-and-Chronic-Spine-Related-Pain.aspx?id=0000381>

"The Establishment of a Primary Spine Care Practitioner and Its Benefits to Health Care Reform in the United States." *Chiropractic & Manual Therapies* 19.17 (2011). *US National Library of Medicine National Institutes of Health*. National Center for Biotechnology Information. Web. 1 Sept. 2013. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3154851/>

Online quizzes and a comprehensive exam will be given in order to ensure the educational objects were successfully met.

E. COSTS

This course is provided through Best Practices Academy Membership. This course is not for sale.

F. REGISTRATION

To register please visit: www.bestpracticesacademy.com, click the link to register. After successfully completing registration, the course will be available in your profile.

G. INSTRUCTORS

The course will be taught by the following instructor(s) below. Please click the instructor name for a full biography.

Dr. Scott Munsterman ([BIO](#)) ([CV](#))

H. REFUND AND CANCELLATION POLICIES

Refund Policy: Online Courses require payment in full before access is given to the course. Online Courses are non-refundable and non-transferrable.

I. LOCATION, DATE AND TIME

The seminar is held online and on-demand, 24/7 via the Best Practices Academy online learning system at www.bestpracticesacademy.com.

J. PACE RECOGNITION STATUS

Best Practices Academy is recognized by the PACE program of the Federation of Chiropractic Licensing Boards.

PACE Approved States: a complete list can be found at www.bestpracticesacademy.com

K. NUMBER OF CREDIT HOURS & REQUIRMENTS FOR OBTAINING CREDIT

This course is approved for six (6) hours of continuing education credit through PACE (see approved states in section J). Upon successful completion Best Practices Academy will directly report the credit hours received to the PACE organization within 30 days along with providing the participant with a verification letter by email. In order to receive the full six (6) hours, the participant must:

- Attend and Participate in the complete course. Technology capabilities track online course attendance.
- Complete the Continuing Education Verification Form
- Pay all tuition fees for the course as stated above
- Provide a current email address for verification letter
- Complete the Course Evaluation Form

L. COMMERCIAL RELATIONSHIPS

This seminar is sponsored by Best Practices Academy.

M. PRIOR SKILL, KNOWLEDGE OR EXPERIENCE NEEDED

General knowledge of Patient-Centered Medical Home (PCMH) concepts are helpful but not required.