

A. COURSE / SEMINAR TITLE

Traction: Evidence-based approach to Lumbar and Cervical Radiculopathy

B. DESCRIPTION OF THE COURSE

Traction therapy has been used in health care as a modality for centuries. Research over the past decade has demonstrated mixed reviews (due to study design) of its effectiveness – until now. Learn about the evidence behind traction and its effect on cervical and lumbar radiculopathy and how you can provide a treatment approach in-office that incorporates traction “on the move” using a Portable Decompression Device.

C. EDUCATIONAL OBJECTIVES

Upon completion of this seminar, participants are expected to be able to:

1. Learn clinical examination procedures for lumbar and cervical radiculopathy
2. Review the literature on the therapeutic effectiveness of traction
3. Understand the dynamics leading to effectiveness in treating disc lesions with traction and traction with motion using a portable decompressive device

D. DESCRIPTION OF TEACHING METHODS USED

This seminar/course will utilize:

Recorded Video

Online quizzes and a comprehensive exam will be given in order to ensure the educational objects were successfully met.

E. COSTS

This course is provided to Best Practices Academy clients, or may be purchased individually for \$ 29.

F. REGISTRATION

To register please visit: www.bestpracticesacademy.com , click the link to register. After successfully completing registration, the course will be available in your profile.

G. INSTRUCTORS

The course will be taught by the following instructor(s) below. Please click the instructor name for a full biography.

Scott Munsterman, DC, FICC, CPCO

Arieh (Arik) Grober, MD, Ph.D

H. REFUND AND CANCELLATION POLICIES

Refund Policy: Online Courses require payment in full before access is given to the course. Online Courses are non-refundable and non-transferrable.

I. LOCATION, DATE AND TIME

The seminar is held online and on-demand, 24/7 via the Best Practices Academy online learning system at www.bestpracticesacademy.com.

J. PACE RECOGNITION STATUS

Best Practices Academy is recognized by the PACE program of the Federation of Chiropractic Licensing Boards.

PACE Approved States for continuing education credits: a complete list can be found at www.bestpracticesacademy.com

K. NUMBER OF CREDIT HOURS & REQUIRMENTS FOR OBTAINING CREDIT

This course is approved for one (1) hour of continuing education credit through PACE (see approved states in section J). Upon successful completion Best Practices Academy will directly report the credit hours received to the PACE organization within 30 days along with providing the participant with a verification letter by email. In order to receive the full one (1) hour the participant must:

- Attend and Participate in the complete course. Technology capabilities track online course attendance.
- Complete the Continuing Education Verification Form
- Pay all tuition fees for the course as stated above
- Provide a current email address for verification letter
- Complete the Course Evaluation Form

L. COMMERCIAL RELATIONSHIPS

This seminar is sponsored by Best Practices Academy.

M. PRIOR SKILL, KNOWLEDGE OR EXPERIENCE NEEDED

General knowledge of clinical care.