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A. COURSE / SEMINAR TITLE

Case Studies in Hypertension

B. DESCRIPTION OF THE COURSE

This course will describe clinical case studies of a variety of hypertensive patient clinical scenarios. The course will use the latest research and data to understand the current management of hypertension, health risk factors associated with hypertension, and progressive stages of the disease. It will include how to assess hypertension through proper history taking and examination. The course will offer information about lifestyle recommendations, use of supplements, exercise, and other treatment recommendations including pharmaceuticals.

C. EDUCATIONAL OBJECTIVES

Upon completion of this seminar, participants are expected to be able to:

1. Understand the disease hypertension
2. Understand the proper evaluation process and determine level of hypertension
3. Understand the guidelines for management of hypertension

D. DESCRIPTION OF TEACHING METHODS USED

This seminar/course will utilize:

On-Demand Webinar

Recorded Video (58:45 minutes)

Supplemental Materials: Blood Pressure Guide, Companion Guide Blood Pressure Link, Patient Handout, Quick Reference Guide

Online quiz will be given in order to ensure the educational objects were successfully met.

E. COSTS

This course may be purchased for \$39.00.



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F. REGISTRATION

To register please visit: www.bestpracticesacademy.com, click the link to register. After successfully completing registration, the course will be available in your profile.

G. INSTRUCTORS

The course will be taught by the following instructor(s) below. Please click the instructor name for a full biography.

Scott Munsterman, DC, FICC ([bio](#)) ([cv](#))

Wayne H. Carr, DC, CCSP, DCARB ([bio](#)) ([cv](#))

H. REFUND AND CANCELLATION POLICIES

Refund Policy: Online Courses require payment in full before access is given to the course. Online Courses are non-refundable and non-transferrable.

I. LOCATION, DATE AND TIME

The seminar is held online and on-demand, 24/7 via the Best Practices Academy online learning system at www.bestpracticesacademy.com.

J. PACE RECOGNITION STATUS

Best Practices Academy is recognized by the PACE program of the Federation of Chiropractic Licensing Boards.

PACE Approved States for continuing education credits: a complete list can be found at www.bestpracticesacademy.com

K. NUMBER OF CREDIT HOURS & REQUIRMENTS FOR OBTAINING CREDIT

This course is approved for one (1) hour of continuing education credit through PACE (see approved states in section J). Upon successful completion Best



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Practices Academy will directly report the credit hours received to the PACE organization within 30 days along with providing the participant with a verification letter by email. In order to receive the full one (1) hour the participant must:

- Attend and Participate in the complete course. Technology capabilities track online course attendance.
- Complete the Continuing Education Verification Form
- Pay all tuition fees for the course as stated above
- Provide a current email address for verification letter
- Complete the Course Evaluation Form

L. COMMERCIAL RELATIONSHIPS

This seminar is sponsored by Best Practices Academy.

M. PRIOR SKILL, KNOWLEDGE OR EXPERIENCE NEEDED

General knowledge of clinical patient care and blood pressure measurement is helpful but not required.