

2025 Chiropractic Homecoming Symposium Agenda

Wednesday, Feb. 5, 2025					
Time	Description	Location	Speaker	Sponsor	CE HRs
4:00 pm - 5:00 pm	Registration and Snack Service				
5:00pm - 7pm	<p>Bridging the Critical in the Standard of Care: Post Surgical Acupuncture (Acupuncture)</p> <p>Within the current standard of care, patients will often have surgery and be referred to a physical therapist after a protocol period of time determined by their surgeon. However, a critical gap in this recovery protocol can be effectively addressed with acupuncture. Acupuncture's efficacy and role in mitigating effects post-procedure such as anesthesia toxicity, anxiety, insomnia, nausea, pain/inflammation, and wound healing will be discussed.</p>		Nell Smircina, DAOM, L.Ac, Dipl OM	NWHSU	2
Thursday, Feb. 6, 2025					
Time	Description	Location	Speaker	Sponsor	CE HRs
7:00 am - 8:30 am	Registration and Continental Breakfast				
8:30 am - 9:30 am	<p>Keynote: Diversity, Equity and Inclusion and Adapted Sports: Special Considerations when Treating the Adapted Athlete (Principles of Practice)</p> <p>This course will cover current principles of DEI and their application to the adapted athlete. The presentation will aim to create a meaningful space to discuss the scope of DEI in the current healthcare setting. The course will highlight areas in current healthcare systems they may be lacking as it relates to topics within the scope of DEI and how the chiropractic profession is positioned to fill some of these gaps.</p>		Kelley Humphries-Mascoli	NWHSU Sweere Center	1
9:30 am - 10:30 am	<p>Mental Health and Trauma Informed Chiropractic Practice: What it Means and Why it Matters (Chiropractic Philosophy)</p> <p>In this one-hour course the doctor of chiropractic will learn what it means to be a trauma informed healthcare provider and why it is important. Information will be given to show the connection between physical and mental health in the way of signs and symptoms that may present in practice. Additional action steps will be offered on how to implement trauma-informed policies, practices, and procedures into an existing practice.</p>		Alane Lucht	NWHSU	1
10:30 am - 11:00 am	Snack Break with Vendors				0
11:00 am - 1:00 pm	<p>Anatomic, Clinical, and Diagnostic Imaging Review of Low Back and Lower Extremity Neuropathies and Nerve Entrapment Syndromes (1 Diagnosis, 1 X-ray)</p> <p>This course involves anatomical dissection. This course will integrate anatomical dissection and discussion of common and some rarer nerve entrapment conditions affecting the low back and lower extremity. Clinical approaches to diagnosis and some conservative approaches to treatment will be correlated to anatomical structures involved and imaging used in differential diagnosis.</p>		David Farrar, Joseph Muldoon, Mary Tuchscherer and Chris Smoley	NWHSU	2
1:00 pm - 2:00pm	Lunch Break				
2:00 pm - 3:00 pm	<p>Assessment and Treatment of Retrochantric Pain Syndrome (Diagnosis)</p> <p>Join this dynamic and interactive lecture that will explore sports injuries of the Retrotrochanteric region as entities and a catalyst in recovery and performance. Examine this region of the hip and its structural and functional biomechanics. Gain skills in hip diagnosis and recovery phase planning. This course will work through a static and functional movement assessment to better understand patients' kinetic chain patterns for success or injury predisposition.</p>		Christine Foss	Foot Levelers	1

2025 Chiropractic Homecoming Symposium Agenda

3:00 pm - 4:00 pm	Mastering the Mitochondria: Advanced Low Level Laser Application in Living Systems (Examination Procedures) As doctors of chiropractic, we employ a unique philosophical view of what truly makes a wellness model functional in a modern world. All bodily systems must work synergistically and in homeostasis to achieve optimal health. In this course you will learn how to incorporate the one singular modality that can enhance recovery in any system in the human body: low level laser therapy. Low level laser is a modality that has become contemporary in its capacity to expedite patient recovery by upregulating photochemical properties of cellular function. The photochemical changes facilitated using low level laser therapy allows such recovery as tissue regeneration, neurological restoration, pain reduction, joint mobilization, and other orthopedic and biochemical changes. The application of low-level laser in clinical settings can be life changing, and there are no risks or side effects. This course will give attendees a comprehensive overview of facilitating patient recovery by stacking new low-level laser therapy (LLLT) principles and modalities. Relevant clinical topics will include safety, FDA evaluation and clearance, and the promising future impact on combining therapeutics in meaningful ways.		Kristin Hieshetter	Erchonia	1
4:00 pm - 4:30 pm	Snack Break with Vendors				0
4:30 pm - 5:30 pm	Why is Nutrition for Older Adults Important? (1 WI Nutrition) Aging is about more than just adding years to your life—it's about adding life to your years. This course explores how proper nutrition and detoxification can transform your health, boost vitality, and help you age gracefully. Add Life to Your Years: Learn how targeted nutrition can help you live a fuller, healthier life by addressing the root causes of common age-related diseases. What Will You Die From? Discover the surprising real causes behind the top age-related diseases—it's not just genetics or lifestyle. Detox to Optimize: Explore the power of detoxification to enhance key metabolic processes, from liver function to fat metabolism, and see how it can prevent and manage disease. Detox the Right Way: Learn safe, effective detox strategies tailored to older adults.		Thomas Sult	Nutri Dyn	1
5:30 pm - 6:30pm	The Research Behind Medicinal Use of CBD/THC (Research trends) This presentation will review the physiology and function of the endocannabinoid system, exploring its critical role in maintaining bodily homeostasis. We will discuss how phytocannabinoids, including CBD and THC, interact with this system, influencing physiological processes and potential therapeutic outcomes. Additionally, we will critically assess the use of these compounds in treating various clinical conditions, discussing their efficacy, safety, and the latest research findings.		Jeremy Barthels	Carpe Diem	1
6:30 PM	Day Adjourns				
7:00 pm - 9:00 pm	Alumni Reunion Years Celebration		Katy Hargis and Debbie Peterson	Hilton Hotel	
	TOTAL CE HOURS FOR DAY				8

Friday, Feb. 7, 2025

Time	Description	Location	Speaker	Sponsor	CE HRs
7:00 am - 8:00 am	Continental Breakfast				
8:00 am - 9:00 am	Advancements in Diagnosis and Treatment of Non-Operative Musculoskeletal Concerns (X-ray) The presentation will address the advancements of non-operative musculoskeletal system through a mechanical view; introducing the proficient use of point of care ultrasound, and how it can add immediate benefit in both diagnosis and treatment of the musculoskeletal patient.		Reed Williams, MD	Summit Orthopedic	1

2025 Chiropractic Homecoming Symposium Agenda

9:00 am - 10:00 am	<p>Professional Boundaries: The Impact of Practitioner Bias on Patient Outcomes (Professional Boundaries)</p> <p>As practitioners, we want the best for our patients, but what happens when our biases impact our care? Providing a different level of care to patients because of implicit and explicit bias is a violation of professional conduct. In this session, we discuss the effects of bias on clinical decision-making and explore strategies to mitigate biases for improved patient health outcomes. Participants will identify situations where practitioner bias impacts care delivery, explore the impact of bias on patient outcomes and examine strategies to enable practitioners to provide the same standard of care to all patients.</p>		Tolu Oyelowo	NWHSU	1
10:00am - 10:30am	Snack Break with Vendors				0
10:30 am - 11:30 am	<p>Longevity: To Infinity and Beyond (1 WI Nutrition)</p> <p>To provide clinicians with the ability to clinically manage a patient during aging process related to optimal health. To offer the practitioner protocols to interpret underlying health and wellness issues that may arise while supporting aging and hormonally challenged patients that may be nutritionally deficient. To increase the doctors' knowledge base on the positive promotion of lifestyle to patients while addressing nutritional deficiencies related to longevity and optimal health. Clinical options are available to provide support for the improvement of optimal health, the endocrine system and optimal aging.</p>		Kimberly Besuden	Standard Process	1
11:30 am - 12:30 pm	<p>Interventional Pain Medicine: Overview of injections, procedures, and collaborative care (Examination Procedures)</p> <p>This is an overview of the interventional and pain medicine specialty and how a multidisciplinary approach to treating pain is very beneficial to patients' recovery after injury or episodic pain. We will discuss the differences in acute, subacute, and chronic pain. We will focus on the three primary ways to treat patients with pain including multiple therapies, medications, and interventions. We will briefly discuss more advanced procedures/interventions, and more invasive treatments available, and what we currently are able to offer patients who may be struggling to manage their pain. Lastly, we will discuss when is the most appropriate time to refer a patient to an interventional pain medicine physician.</p>		James Dvorak	Rayus	1
12:30 pm - 1:30 pm	Lunch break				
1:30 pm - 2:45 pm	<p>The Benefits of Activator Methods Chiropractic Technique in a Clinical Setting (Principles of Practice)</p> <p>To provide clinicians with the ability to clinically manage a patient during aging process related to optimal health. To offer the practitioner protocols to interpret underlying health and wellness issues that may arise while supporting aging and hormonally challenged patients that may be nutritionally deficient.</p>		Stacy Neal	NWHSU	1
2:45 pm - 3:45 pm	<p>Rewiring the "Pain Brain": The Neuroscience of Chronic Pain and the Role of Chiropractic Touch Therapy (Research trends)</p> <p>In this session, Dr. Bethany Ranes will explore the cutting-edge neuroscience behind chronic pain, focusing on the role of neuroplasticity and the development of "top-down" therapies. Attendees will learn how chiropractic care can serve as a powerful form of touch therapy, helping to rewire the brain's response to pain and reinforce a sense of safety in the body. Attendees will leave with practical strategies for integrating chiropractic sessions with other therapeutic approaches, offering a holistic, person-centered framework for managing chronic pain in clinical practice.</p>		Bethany Ranes	NWHSU	1
3:45 pm - 4:15 pm	Snack Break with Vendors				
4:15 pm - 6:14 pm	<p>NWHSU Radiology Panel: Descriptions, Diagnosis and Discourse (X-ray)</p> <p>Join Northwestern's team of radiologists for a panel-style presentation of interesting cases. The team will highlight the importance of pertinent clinical histories, descriptions, and differential diagnoses when managing common presentations in the clinical setting.</p>		Chris Major, Jeff Rich, Chris Smoley, Heidi Mendenhall	NWHSU	2

2025 Chiropractic Homecoming Symposium Agenda

6:15 pm - 8:00 pm	All Attendee Happy Hour		Fireside Lounge	
	TOTAL CE HOURS FOR DAY			8

Saturday, Feb. 8, 2025

Time	Description	Location	Speaker	Sponsor	CE HRs
7:00 am - 8:00 am	Continental Breakfast				
8:30 am - 9:30am	<p>Infant Automatism and the Chiropractic Pediatric Patient (Adjustive Technique)</p> <p>This course will identify infant automatisms and discuss normal and abnormal findings for infant automatisms in the pediatric patient. Treatment for retained automatisms and indications for chiropractic care of retained infant automatisms will be discussed. The presentation will also discuss adjusting for the pediatric patient and special considerations for adjusting pediatric patients through the use of pediatric case studies.</p>		Amy Schreiner	NWHSU	1
9:30 am - 10:30 am	<p>Oops I did it again: Ethical Marketing and Social Media in the Chiropractic Office (Ethics)</p> <p>You want to build your practice, but you know that healthcare providers are held to a higher standard than other businesses, and you don't want to get in any trouble. Learn the rules and ethical considerations you must be aware of when using social media to market your clinic. Dr. Gwilliam, an esteemed clinician and healthcare compliance expert, helps DCs with compliance to make sure the rules are followed, while still leaving plenty of time to see patients. Participants will gain insights into identifying and managing ethical dilemmas around social media, understanding patient confidentiality, and participants will review practical examples of common ethical situations.</p>		Evan Gwilliam	NWHSU	1
10:30 am - 11:00 am	Snack Break with Vendors				0
11:00 am - 12:00 am	<p>The Significance of Individualized Surgical Spine Care (Diagnosis)</p> <p>Objectives: Recognize common patient scenarios, correlate symptoms with pathology, appreciate how symptoms and pathology together translate to surgical options</p>		Todd Jackman	Midwest Spine	1
12:00 pm - 1:00 pm	<p>From Talk to Action: The Chiropractic's Guide to Educating, Inspiring and Rehabilitating (Principles of Practice)</p> <p>This 60-minute lecture will focus on how to practically blend pain education, motivational interviewing and manual therapy in the clinical context. Specifically, the lecture will explore metaphors that can be delivered to patients to reconceptualize the experience of pain, while using gradual exposure to return to beloved activities through motivational interviewing. How manual therapy is practically integrated into the clinical context of chronic pain management will also be explored.</p>		Demetry Assimakopoulos	NWHSU	1
	TOTAL CE HOURS FOR DAY				4
	GRAND TOTAL CE HOURS				20
	X-RAY HOURS				3
	PROFOUND HOURS				1
	ETHICS HOURS				1
	NUTRITION HOURS (WI Only)				2
	ACUPUNCTURE HOURS				2