

FCPA Course Outline

August 9th - 11th, 2024



Friday, August 9, 2024

1:00pm to 2:50pm

Glenn Corkins DC

State License #: CH7829

General

Vitamin C is Vitamin C no Matter how you see it, but there is more to the Story

This course covers many aspects of Vitamin C's history, biology and chemistry including its importance to human health. In regulating biological processes, the determinants for adequate healthy plasma levels and the consequences of deficient Vitamin C intake.

Hour One:

Review the literature on the efficiency of Vitamin C as a therapeutic agent

Describe the benefits of Vitamin C in restoring health.

Describe the controversy in the use of Vitamin C in restoring health.

Hour Two:

Gain an appreciation of the historical relevance of Vitamin C in the treatment of diseases.

Understand the dose requirements necessary to achieve a desired health benefit.

3:10pm to 5:00pm

Andrew L. Sirlin DC

State License #: NY X-4492

Ethics

Effective and Ethical Patient Communication

Topics will include patient education, how proper management of the Chiropractic office enhances favorable outcomes, the Principles of Chiropractic, communicating with clarity and respect, and understanding behavior and communication styles.

Hour One:

- Developing Effective Doctor - Patient Communication Skills
- The Principles and Practice of Chiropractic
- The Power of Perspective
- The Importance of Changing Patient Perspective from Pain Management to Correcting Function
- Establishing and Managing a Chiropractic Office
- Ethical Reporting and Recommendations to the Patient

Hour Two:

- The Practical Application of Ethical Communication
- Stepping Out of Our Comfort Zone
- The Ethical Building of Rapport and Trust
- Linking Patient Behavior and Communication Styles
- The Willingness to Fail
- Unconscious Behaviors

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3:10pm to 5:00pm

Robert Koser DC

State License #: CH11851

Acupuncture Risk & Safety

Clinical Correlation: Dry Needling Essentials for the Chiropractor

This course is designed for the practicing chiropractor to learn evidence-based dry-needling protocols and technique to reduce the risk of adverse events from occurring in practice.

Hour One:

Discuss the physiology of dry needling, dry-needling vs. acupuncture technique differences, general acupuncture and dry needling risks, clean needle technique overview

Hour Two:

Review characteristics of conditions most likely to be encountered in the chiropractic clinic setting with dry-needling, discuss evidence-based protocols to reduce the risk of adverse events from occurring

5:20pm to 7:10pm

Marisol Estevez Esq and Manal Tarhini Esq

State License #: Fla Bar Estevez 83466; Tarhini 100976

Medical Errors

Chiropractic Medical Errors: Practical Tips for Practitioners

This course begins by defining medical error then goes on to explore the common causes of medical errors in today's practices along with strategies to prevent these errors.

Hour One:

- Medical Errors defined
- Doctor Patient Relationship
- Malpractice Avoidance Techniques
- Record/Documentation/ Progress notes/Case History
- Examination
- Diagnostic Imaging
- Informed Consent

Hour Two:

- Common Causes of Malpractice Lawsuits
- Failure to Diagnosis
- Failure to Refer
- Sexual Misconduct
- Fees/Dual fee schedules
- Collecting copays/deductible
- Confidentiality
- Staff Liability

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5:20pm to 7:10pm

Robert Koser DC

State License #: CH11851

Acupuncture Technique

Clinical Correlation: Evidence-Based Spinal Acupuncture Protocols

This course is designed for the practicing chiropractor to learn evidence-based acupuncture protocols and technique overview for the practicing chiropractor.

Hour One: Discuss the biochemistry and physiology of acupuncture, general acupuncture technique and risks associated with certain body regions (ex: pneumothorax), begin discussion of certain conditions that may be treated via acupuncture evidence-based protocols and techniques.

Hour Two: Continue to review characteristics of conditions most likely to be encountered in the chiropractic clinic setting with acupuncture evidence-based protocols and techniques, open forum for acupuncture case studies in practice.

Saturday, August 10, 2024

10:00am to 11:50am

Edward S. Glaser DPM

State License #: DPM 0000251 TN

General

Relax, Release, Relief: Breaking the Pain Cycle of the lower Extremity.

Relax, Release, Relief (RRR) is a series of manual relaxation techniques that are designed to mechanically interrupt the positive feedback loop from mechanoreceptor nerve endings within connective tissues that accounts for most instances of chronic pain. When performed properly, pain relief typically lasts until the next trauma, trigger points under the skin disappear, and patients experience a restoration of range of motion where anatomically possible. The techniques demonstrated in the workshop are non-invasive, drug free, and are performed with extremely gentle pressure to manually reset patients' pain threshold. In ongoing clinical trials, application of RRR manual releases has resulted in remission for many patients who suffer from Fibromyalgia and CRPS.

Hour One:

Exploring the science behind Logan Basic and RRR - Relax, Release, Relief. How to release the foot to circumvent orthotic break in, while erasing most foot and ankle pain and returning full available range of motion in less than 16 minutes. We will also introduce a new model of chronic pain treatment.

Hour Two:

Demonstration and practice starting with a review of the Lower extremities and continuing up the Kinetic chain. Relax, Release, Relief a series of relaxation techniques that are designed to manually, mechanically, interrupt the positive feedback loop that IS almost ALL chronic pain with the notable exception of Gout, Direct Nerve Compression, Neuropathy, and the pain of muscular development. When performed properly there are NO side effects except the elimination of pain (relief lasting usually until the next trauma), disappearance of trigger points, and restoration of range of motion where anatomically possible (not in fusions or bony obstruction).

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12:10pm to 2:00pm

John Davenport DC, CCSP, FIAMA, MCS-P, CI

State License #: CH6642

Documentation, Recordkeeping & Coding

Treatment Plans and Maintenance Care that every Doctor should Know

This course will explain the “Who, What, When, Where, and Why” of compliant E/M coding for the chiropractic office. We will focus on understanding and implementing the AMA Guidelines for Evaluation and Management Coding and Documentation.

Hour One:

Outline changes in documentation and coding.

Active vs. passive care/Therapy time requirements/CMT coding and diagnoses requirements

Hour Two:

The diagnostic hierarchy/P.A.R.T. - Documenting the subluxation diagnosis use of AT and .52 modifiers/PQRS codes.

2:20pm to 4:10pm

John Conde, DC, DACNB

State License #: CH8999

Documentation, Recordkeeping & Coding

Dizziness Simplified: Effective Management Strategies for the Chiropractic Physician

The instructor will explore some of the most common presenting symptoms a dizzy patient will describe. He will reveal the most common etiologies and provide a low tech, simple flow chart style procedure to appropriately diagnose the cause of the dizziness. In addition, the contraindicative findings to chiropractic manipulation will be shared and reveal how to rule out stroke. Lastly, he will demonstrate some of the most common particle repositioning maneuvers that the chiropractic physician can implement immediately to better serve their patient base.

Hour One:

- Dizziness in terms of the most common patient complaints and how to categorize into central versus peripheral nervous system.
- Overview of pertinent inner ear and brainstem anatomy to include light review of blood supply.
- Master most common etiologies of dizziness
- Review vertebra-basilar blood supply and what current research states about manipulation and stroke.

Hour Two:

- Low tech examination of the dizzy patient incorporating appropriate documentation and recordkeeping.
- Checklist to clear patient for chiropractic services and how this can be demonstrated as a flow chart in the patient file.
- Checklist to rule out stroke and how this can be demonstrated as a flow chart.
- Home instructions and exercises
- Referral options

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4:30pm to 6:20pm

Billy G. Heyser, DC, MD, DABCN, FACFN

State License #: CH 5488

Risk Management

Concussion Recognition, Diagnosis, and Management: An Elusive Diagnosis

This course is a didactic lecture reviewing definitions, mechanisms of TBI, diagnosis, and treatment options. Class participation will be encouraged. Case management/ studies will be presented and with small group discussion and sharing.

Hour One:

- Definitions of concussion (there are over 33) and why this can create confusion.
- Epidemiology of concussion
- Anatomy of the brain and brainstem relating to concussion
- Mechanisms of injury in TBI
- In the field assessment and immediate management of concussion

Hour Two:

- Office assessment and follow-up management (risk management) of degrees of concussion
- In office testing (documentation) and management
- Advanced testing procedures and imaging
- Neurological rehab that can be done in office, and procedures typically performed by specialists upon referral
- Follow-up evaluation
- Case studies and discussion/ questions

Sunday, August 11, 2024

9:00am to 10:50am

Carlos Cabrera JD

State License #: Fla Bar 331650

FL Law

Assessing the Impact of Florida Law on the Practice of Chiropractic Medicine in the Sunshine State

Florida Law core class

Hour One:

Chapter 460 Chiropractic Medicine: including licensure, Chiropractic staffing, and advertising.
Chapter 252.515 Postdisaster Relief Assistance Act: immunity from civil liability.

Hour Two:

Chapter 400 Part X Health Care Clinic Act
Chapter 627.736 Personal Injury Protection
CS/CS/HB 837 Tort Reform/Civil Remedy Act

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11:10am to 1:00pm

Abraham Ovadia, Esq

State License #: Fla Bar 70189

Documentation, Recordkeeping & Coding

Improve your Recordkeeping.

Attendees will start by learning and reviewing the Chiropractic Rules for Recordkeeping. Then they will review actual medical records from real chiropractic offices to review the errors in them and information that is missing. The records will be redacted for HIPAA and privacy. We will also review cases where chiropractors were disciplined for recordkeeping violations.

Hour One:

Read and understand the Chiropractic Rules for Recordkeeping. Review cases where Chiropractors were disciplined for recordkeeping violations.

Hour Two:

The presenter will review actual medical records from real chiropractic offices to review the errors in them and information that is missing.

1:20pm to 3:10pm

Timothy A. Mirtz DC, PhD, CAPE

State License #: KS C-3972

General

Clinical Physiology of Chest Trauma

This course will cover the biomechanics of the ventilation process and role of oxygenation. A review of the physiology of oxygen debt and oxygen deficit in the clinical setting. This course will focus on common chest injuries from blunt chest trauma and associated potential complications such as flail chest, rib fracture, cardiac tamponade and commotio cordis. The role of pulse oximetry will be presented.

Hour One:

Hour 1 will consist of review questions to start the discussion followed by normal chest anatomy; discussion of various clinical presentations of chest conditions; discuss the role of oxygenation and patterns of breathing;

Hour Two:

Hour 2 will consist of pathophysiology and pathoanatomy of rib, chest and cardiac injury from blunt chest trauma, the role of pulse oximetry in the clinical setting.