

2024 Chiropractic Homecoming Symposium

Northwestern Health Sciences University

February 1-3, 2024

Thursday, Feb. 1, 2024			
Time	Description	Speaker	CE HRs
8:00 am - 10:00 am	Keynote: Advancing Chiropractic Integration in the US Healthcare System: Why, What and How (Chiropractic Philosophy) Learn concepts and application of medical system integration relevant to chiropractic and other complementary and integrative health professions. Explore US healthcare delivery systems and structures, and scientific literature on the underpinnings and impacts of interprofessional collaboration. Review lessons learned from research and practice aimed at advancing the inclusion of chiropractic care into evidence-based, patient-centered care processes. Finally, explore successful partnerships between the Department of Veterans Affairs facilities and chiropractic institutions, along with innovative training opportunities that prepares chiropractic and other health professional trainees for medically integrated career pathways.	Anthony Lisi, DC	2
10:00	30-minute snack break with vendors		
10:30 am - 12:30 pm	Anatomical Correlations to Conditions Affecting the Head and Neck (Basic Sciences) Improve understanding and anatomical relationships of structures involved in common conditions affecting the head and neck in chiropractic practice and increase awareness of structures and relationships associated with rare adverse events in cervical spinal manipulation through anatomical dissection of human cadaveric donors.	David Farrar, DC, and Joseph Muldoon, BS, MS, DC	2
12:30	1-hour lunch break with vendors		
1:30 pm - 2:30 pm	Neuroimaging and Image Guided Procedures: A Chiropractic Resource (X-ray) The primary focus of the session is an overview of neuroimaging, with a focus on CT and MR. A brief description of the technology and examples of conditions commonly encountered in chiropractic practice will be explored. Learn about options for image-guided procedures to supplement chiropractic techniques.	Blake Johnson, MD, FACR	1
2:30 pm - 3:30 pm	Women's Health . . . Dancing Through the Years (Nutrition) Women in the past have been labeled hysterical or even unstable due to their hormones being wildly out of balance! She's not simple and neither is the rise and fall of hormones. But there is a perfect design or rather she is designed perfectly! It's time to understand the uniqueness that is her and how we can educate, empower and support her through the years!	Annette Schippel, DC	1
3:30 PM	30-minute snack break with vendors		
4:00 pm - 6:00 pm	Chiropractic Perspective and The Posture Continuum (Chiropractic Philosophy) In this course we explore ways that chiropractic perspectives can drive clinical findings into care plans. We'll review how emerging science is strengthening spine-based healthcare and connections from brains to feet.	Anish Bajaj, DC	2
6:30 pm - 8:30 pm	Incorporating Acupuncture and TCM into Low Back Pain Diagnosis and Treatment (2 Acupuncture Hours) The integration of TCM and western medicine plays an essential role in the management and prevention of progression of disease and injury. Applied together, acupuncture and specialized manual therapies can create a powerful reaction in the body. This combination can produce quick, reliable results by effectively addressing the structural, inflammatory, and myofascial disorders that are related to spinal pathology.	Jason Landry, EAMP	2

Friday, Feb 2, 2024

Time	Description	Speaker	CE HRs
8:00 am - 9:00 am	What Nobody Ever Told You About Headaches and Head Injury (Exam & Diagnosis) How many patients have you cared for with neck pain? Headache? Whiplash? Concussion? How many times have you found yourself baffled by people who just don't respond as expected to your care? The ones who won't stop bracing against you. Who keep backsliding in their response to care or just don't maintain results. Join Dr. Satya Sardonicus to learn how to catch what most doctors miss (affecting 1 in 4 people with neck pain!) and how you can be the best doctor for these suffering people. You'll come away with a new ability to think about challenging cases and patients with sensitivities, plus a few tangible clinical tools you can use immediately.	Sayta Sardonicus, DC, CACCP	1
9:00am - 10:00 am	Boundary Issues in the Chiropractic Profession (Professional Boundaries) The lecture will address common allegations of boundary violations against chiropractors, how to insulate yourself from frivolous claims and increase effective communication with patients about the hands-on nature of chiropractic care, especially when examinations of sensitive areas may be clinically necessary.	Katherine Otto, JD	1
10:00am	30-minute snack break with vendors		
10:30 am - 11:30 am	Evidence-Based Pediatric Chiropractic: Improvements in Quality of Life (Chiropractic Philosophy) The traditional model of medical care places an emphasis on diagnosis and disease-specific outcomes. In contrast, chiropractic has been touted as "adding years to life and life to years" and in keeping with the outcomes model emphasizing life expectancy and health-related quality of life. This presentation will examine the evidence that chiropractic care improves the quality of life of children under chiropractic care.	Joel Alcantara, DC	1
11:30 am - 12:30 pm	Neural Reboot: The New Paradigm in the Treatment of Concussions (Nutrition) Join Dr. Robert G. Silverman for a 60-minute incisive presentation that teaches breakthroughs in concussion treatments, including assessment, exercise/cognitive rehab, and nutrition protocols for enhanced clinical outcomes. The practical applications from this illuminating presentation will give you insight into a comprehensive methodology that incorporates proven practices into a clinically integrated system—one you can apply to your practice immediately.	Robert Silverman, DC, DACBN, DCBCN, MS	1
12:30 PM	1-hour lunch break with vendors		
1:30 pm - 2:30 pm	TMJ & Upper Cervical Management with Adjustive Techniques (Adjustive Technique) The TMJ joint and upper cervical spine frequently are associated with local pain as well as other related symptoms in the area. These may include local TMJ pain, associated sinus discomfort with associated manifestation. The upper cervical spine and TMJ are frequently associated with headache symptoms. In this presentation we plan to review the treatment of the TMJ and cervical spine utilizing adjustive and reflex techniques. It is intended to review procedures that may assist with the providers overall management of this region of the spine and head.	Zachary Zachman, DC, Amy Schreiner, DC and Beth Heim, DC	1
2:30 pm - 3:30 pm	From Pain in the Neck to Joyful Rehab: Cracking the Code of Cervical Spine Rehabilitation (PT/Rehab) This course provides healthcare professionals with a comprehensive understanding of cervical rehabilitation, focusing on the assessment, a movement-based diagnosis, and treatment strategies for individuals with cervical conditions and injuries.	Scott Oswald, DC, Shiloh Heesch, DC	1
3:30 PM	30-minute snack break with vendors		
4:00 pm - 6:00 pm	NWHSU Radiology Panel: Descriptions, Diagnoses, and Discourse (X-ray) Join Northwestern's team of radiologists for a panel-style presentation of interesting cases. The team will highlight the importance of pertinent clinical histories, descriptions and differential diagnoses when managing common presentations in the clinical setting.	Chris Major, DC, DACBR, Jeff Rich, DC, DACBR, Chris Smoley, DC, DACBR, Heidi Mendenhall, DC, DACBR	2

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Saturday, Feb. 3, 2024			
Time	Description	Speaker	CE HRs
8:30 am - 10:30 am	Assessment and Rehabilitation of Head Injury Related Vestibular-Ocular Dysfunctions (Exam & Diagnosis) The current literature on the pathophysiology of traumatic brain injuries, concussions, and other related conditions that may replicate vestibular-ocular conditions will be reviewed along with fundamental anatomy, physiology, and terminology. You will learn best practices for assessing and managing common vestibular-ocular dysfunctions and how to differentiate vestibular-ocular dysfunctions from similar conditions. Lastly, the implementation of vestibular-ocular rehabilitation progressions for the general and active patient population will be demonstrated and discussed.	Jordan Knowlton-Key, DC, MS	2
10:30	30-minute snack break with vendors		
11:00 am - 12:00 pm	Cultural Considerations for Patient Care (Principles of Practice) This brief presentation is designed to reach clinicians who have various starting points in culturally considerate care. As a clinician at an FQHC I serve predominantly immigrant and underserved populations. Objective and subjective insights will be shared to get more clinicians comfortable with providing care to people of various cultures. This is also an opportunity to learn how to gain trust and rapport with patients from other cultures, who are more open to chiropractic care, because they are not biased by long-established influences of allopathic medical care.	Sripathy Umapathi, DC, MHS	1
12:00 pm - 1:00 pm	Temporomandibular Joint Dysfunction and Associated Syndromes: Evaluation and Treatment (Exam & Diagnosis) This course will review normal temporomandibular joint function, TMJ dysfunction, and associated symptoms. We will discuss evaluation, and treatment including collaborative care.	Kim Lederman, DDS	1