

VISCERAL MANIPULATION: ABDOMEN 1 (VM1)

Northwestern Health Sciences University

DATE: October 5-8, 2023

CE HOURS: 24

CE CATEGORY: Adjustive Technique

LOCATION: Bloomington, MN

INSTRUCTOR: Lisa Brady Grant, DC, BI-D

Thursday, October 5, 2023		9:00 am – 5:00 pm
Time	Description	
9:00 am – 12:00 pm <i>15-minute break mid-way</i>	<p>Introduction, Concept and Theory</p> <ul style="list-style-type: none"> The history and foundation of the visceral concept and its importance in manual therapy. The general anatomy and physiology of the thoracic and abdominal organs, their relationship to the musculoskeletal systems, the nervous systems, the vascular systems, the respiratory system, and the digestive system. The principles of connective tissue (fascia) as the mechanical attachment system for the organs. The principles of visceral techniques - organ specific fascia mobilization. Discussion and explanation of contraindications. <p>Present the latest research on internal body pressures and their effect upon visceral motion and subsequent soft tissue restrictions.</p>	
12-1:30	Lunch	
1:30 pm – 5:00 pm <i>15-minute break mid-way</i>	<p><u>Liver</u>: Presentation of the liver, it's attachments to the diaphragm and to other viscera.</p> <ul style="list-style-type: none"> Anatomical landmarks Sliding surfaces Normal liver mobility in reference to the three anatomical planes <ul style="list-style-type: none"> Present hepatic fixations Present concepts of mobility and motility <p>Present correction techniques for hepatic fixation and/or improper motion</p>	
Friday, October 6, 2023		9:00 am – 5:00 pm
9:00 am – 12:30 pm <i>15-minute break mid-way</i>	<p><u>Stomach</u></p> <ul style="list-style-type: none"> Anatomical description General description of stomach mobility Manipulative techniques for the stomach <ul style="list-style-type: none"> Direct techniques Indirect techniques 	
12:30-2	Lunch	
2:00 pm – 5:00 pm	<p>Listening Skills</p> <ol style="list-style-type: none"> General Listening Local Listening Inhibition 	

<i>15-minute break mid-way</i>	<p>Stomach</p> <ol style="list-style-type: none"> 1. Manual evaluation 2. Treatment <p>Stomach Ptosis</p> <ol style="list-style-type: none"> 1. Manual evaluation 2. Treatment <p>Stomach Ulcer</p> <ol style="list-style-type: none"> 1. Manual evaluation 2. Treatment
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Saturday, October 7, 2023

9:00 am – 5:00 pm

<p>9:00 am – 12:30 pm</p> <p><i>15-minute break mid-way</i></p>	<p><u>Ileocecal</u></p> <ul style="list-style-type: none"> • Duodenojejunal junction • ODDI • Pylorus • Cardiac <p><u>Duodenum</u></p> <p>Present (D1) and its relationship to the liver</p> <p>Present (D2) and its relationship to the common bile duct and the sphincter of ODDI.</p> <p><u>Sphincters</u></p> <p>Present (D-3) and its relationship to mesenteric root of small intestine.</p> <p><u>Duodenojejunal junction</u></p> <ol style="list-style-type: none"> 1. Evaluation by palpation and manual listening 2. Treatment
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12:30-2 Lunch

<p>2:00 pm – 5:00 pm</p> <p><i>15-minute break mid-way</i></p>	<p><u>Root of the Mesentery and Small Intestine</u></p> <ul style="list-style-type: none"> • Mobility testing and evaluation • Treatment <p><u>Gall Bladder</u></p> <p>Precise anatomical description of the gall bladder and its duct system including the common bile duct and the Sphincter of ODDI.</p> <p>The three stages of gall bladder manipulation.</p> <ol style="list-style-type: none"> 1. Gall bladder fundus/body, neck 2. Cystic duct 3. Common bile duct stretching <p>Evaluation by listening with the hands to the sphincter and to the body of the gall bladder.</p> <p>Differentiating between the liver and the gall bladder.</p>
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Saturday, October 7, 2023		8:00 am – 3:30 pm
8:00 am – 12:00 pm	Small Intestine Large Intestine Cecum	
12-1	Lunch	
1:00 pm – 3:30 pm	Large Intestine <ul style="list-style-type: none"> • Ascending • Descending • Hepatic Flexure • Splenic Flexure • Transverse Colon Sigmoid Colon	