

Risk Management, History Taking and Physical Exam Procedures: Concussion Assessment and Post-Concussion Syndrome Rehabilitation

Northwestern Health Sciences University

DATE: Jan 13, 2022

HOURS: 4

LOCATION: Live Webinar

INSTRUCTORS: Nicole Lovell, DPT, PT, NCS and Jaynie Bjornaraa, PT, PhD, MPH, SCS, LAT, CSCS

The purpose of this course is to:

- Educate the attendee on the acute and post-acute assessment for concussion/post-concussion syndrome, inclusive of related pathophysiology and epidemiology.
- Discuss rehabilitation/treatment interventions for concussion/post-concussion syndrome based on physical examination findings and current literature
- Discuss coordination of care for patient rehabilitation and return to work and/or activity/sport assessment and determination.

SATURDAY

10:00am – 2:30pm

10:00 – 11:00 a.m. Nicole Lowell

Acute assessment procedures of an individual with potential concussion, including related pathophysiology and epidemiology.

11:00 am – 12:00pm Nicole Lowell

Post-acute assessment/evaluation of an individual with concussion and post-concussion syndrome, including related pathophysiology and epidemiology.

12:00 – 12:30 pm. Lunch Break

12:30 – 1:30 pm Jaynie Bjornaraa

Review of rehabilitation/intervention of concussion/post-concussion syndrome based on evaluation findings and current literature.

1:30 – 2:30 pm Jaynie Bjornaraa

Discussion on communications in the coordination of patient care and additional health care professional referral and assessment and treatment for return to work/activity/sport.