



FCA NW REGIONAL CONVENTION & EXPOSITION 2025

**The Island Resort at Fort Walton Beach
Fort Walton Beach, FL
February 7, 2025 - February 8, 2025**

DC / CCPA

COURSE CATALOG

Friday, 2/07/25

Lecture Time

8am-9:40am

Aging Without Errors – MED

Presenters

Cindy Howard, DC, DABCI, DACBN; Gordon Crozier, DO; Donald C. Thompson II D.C., CFMP, DACBN, DABCI; James B. LaValle, BSPHarm, CCN, MT, DHM, DPh; Scott Sherr, DC

Hours of Credit – 2 Hours

State Board Category – Medical Errors

Course Description

This course explores the role of medical errors in managing aging populations, emphasizing diagnostic accuracy, patient communication, and the integration of evidence-based protocols. Presenters will address common mistakes in prescribing treatments, ordering tests, and implementing therapies in patients with chronic or age-related conditions. Special attention will be given to the importance of metabolomics, proper medication use, and avoiding errors in genetic testing and supplementation. Attendees will leave with actionable strategies to optimize care and minimize risks when managing aging patients.

Learning Objectives

1. Identify common medical errors in diagnosing and managing age-related conditions.
 2. Analyze patient data, including genetic and metabolic testing, to reduce diagnostic inaccuracies.
 3. Apply safe, evidence-based treatment protocols to avoid medication and supplementation errors.
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Lecture Time

10:10am-11:50am

Managing Risk in Aging and Longevity – RM

Presenters

Cindy Howard, DC, DABCI, DACBN; Gordon Crozier, DO; Donald C. Thompson II D.C., CFMP, DACBN, DABCI; James B. LaValle, BSPHarm, CCN, MT, DHM, DPh; Scott Sherr, DC

Hours of Credit – 2 Hours

State Board Category – Risk Management

Course Description

This course addresses the unique risk factors chiropractic physicians face when managing aging populations, including diagnostic, treatment, and communication risks. Speakers will explore topics like methylation, inflammation, and genetic predispositions to guide safe and effective care. Attendees will also learn risk mitigation strategies for handling chronic conditions, prescribing nutraceuticals, and integrating exercise protocols into care plans. By the end of this course, participants will be prepared to minimize risks and enhance outcomes in their practice.

Learning Objectives

1. Recognize risk factors in diagnosing and treating age-related and chronic conditions.
 2. Develop strategies for mitigating risks associated with inflammation and genetic predispositions.
 3. Implement evidence-based approaches to ensure safety in prescribing treatments and managing patient expectations.
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Lecture Time

12:30pm-2:10pm

Federal Compliance Made Simple: Discovering the True Cost Savings of Chiropractic and Mastering Documentation and Billing for Federal Workers' Compensation - DOC

Presenters

Ronald Farabaugh, DC; David Testone

Hours of Credit – 2 Hours

State Board Category – Documentation/Record Keeping

Course Description

This comprehensive 2-hour lecture combines the critical elements of navigating federal workers' compensation with actionable strategies for understanding the cost-effectiveness of chiropractic care. Attendees will gain a clear understanding of the history, regulatory differences, and documentation standards required for federal claims, including billing codes and certification processes for Department of Labor (DOL) compliance. Additionally, the course will highlight the value of chiropractic in today's healthcare market, addressing cost-saving benefits, value-based care modeling, and methods to prevent audits through proper documentation and coding. Participants will leave equipped with the knowledge and tools to enhance their practice's compliance, efficiency, and financial success.

Learning Objectives

1. Identify key differences between state and federal workers' compensation systems and their impact on documentation, billing, and compliance.

2. Analyze the cost-effectiveness of chiropractic care and develop strategies for effectively communicating these benefits to stakeholders.
 3. Apply best practices in documentation and coding to prevent audit risks and improve compliance with value-based healthcare models.
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Lecture Time

2:40pm-4:20pm

Power and Performance: BFR and Advanced Rehab Techniques for the Modern Chiropractor – Clinical CE

Presenters

Dan Reyes, DC; Alex Earl, DC DACRB

Hours of Credit – 2 Hours

State Board Category – Technique

Course Description

This engaging 2-hour lecture equips chiropractors with cutting-edge knowledge and practical applications of Blood Flow Restriction (BFR) and advanced sports rehabilitation techniques. Participants will delve into the science and history of BFR, its effects on the musculoskeletal and cardiovascular systems, and its role in enhancing recovery and performance. The course also introduces the "5 Factors of Healing," an integrated approach combining passive therapies, active rehabilitation, and nutrition to optimize patient outcomes. Attendees will gain actionable insights to incorporate BFR and advanced rehab strategies into their practice, elevating their ability to treat sports-related injuries and improve patient performance.

Learning Objectives

1. Understand the foundational principles and clinical applications of BFR for musculoskeletal recovery, rehabilitation, and athletic performance.
2. Implement advanced sports rehab techniques, including passive therapies and active model management, to enhance patient care.
3. Integrate the "5 Factors of Healing" into treatment plans to address injury recovery comprehensively and promote long-term wellness.

Lecture Time

2:40pm-4:20pm

Risk Management in Acupuncture: Internal Disorders -ACUR

Presenter

Kristine L. Tohtz, DC, DABCA, LAc, Cert.MDT, CACCP, IFMCP

Hours of Credit – 2 Hours

State Board Category – Acupuncture Risk Management

Course Description

This course incorporates the risks and awareness for chiropractic physicians, when managing internal disorders such as colds, coughs, digestive disorders, insomnia, and menstrual irregularities. Improved diagnostics will be at the core of this course as you learn different treatment modalities in the TCM sphere. Attendees will leave equipped with actionable strategies to reduce risks and improve outcomes in their clinical practice.

Learning Objectives

1. Identify potential risks and adverse events associated with internal disorders.
 2. Highlight necessary questions for improved history taking in TCM
 3. Develop strategies for clear communication regarding organ and channel pathways
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Lecture Time

4:50pm-6:30pm

Compliance in the Digital Age: Social Media Documentation, Patient Data, Reimbursement Technology - DOC

Presenters

Ms. Kristi Hudson, Ray Foxworth, DC, Jay Greenstein, DC

Hours of Credit – 2 Hours

State Board Category – Documentation

Course Description

Today's evolving healthcare landscape is evolving; are you? This course equips chiropractors and their teams with the tools to navigate compliance challenges such as advertising in social media and the management of patient data and financial policies in today's evolving healthcare landscape. Participants will learn to create compliant and impactful social media campaigns while adhering to advertising regulations standards. Additionally, the course addresses critical topics such as data privacy, emerging reimbursable technologies, and social

determinants of health, offering insights into improving patient outcomes through technology and secure data practices. With the financial risks posed by improper discounting, dual fee schedules, and flawed collection policies, this course also explores strategies for aligning with the False Claims Act, Anti-Kickback Statutes, and other regulatory guidelines. By integrating these concepts, chiropractors will gain the knowledge to safeguard their practice, optimize operations, and deliver ethical, compliant care.

Learning Objectives

1. Identify key compliance challenges in social media advertising, patient data management, and financial policies relevant to chiropractic practice.
 2. Apply strategies for creating compliant advertising campaigns, protecting patient data, and leveraging reimbursable technologies ethically.
 3. Develop a comprehensive understanding of regulatory guidelines such as the False Claims Act and Anti-Kickback Statutes to mitigate financial and legal risks.
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Lecture Time

4:50pm-6:30pm

Acupuncture Techniques for Internal Disorders -ACUT

Presenter

Kristine L. Tohtz, DC, DABCA, LAc, Cert.MDT, CACCP, IFMCP

Hours of Credit – 2 Hours

State Board Category – Acupuncture Technique

Course Description

This course equips chiropractic physicians with advanced diagnostic and treatment tools from Traditional Chinese Medicine (TCM) to address internal disorders such as colds, coughs, digestive issues, insomnia, and menstrual irregularities. Participants will explore techniques including needling, moxibustion, and cupping, emphasizing patient-centered application and integration into chiropractic care. The course highlights selecting appropriate acupuncture points for both musculoskeletal and internal conditions while minimizing technical errors. Hands-on learning ensures practical understanding and improves clinical outcomes.

Learning Objectives

1. Review basic organ pathology leading to symptoms dysfunction
2. Demonstrate correct application of acupuncture techniques, including needling, moxibustion, and cupping.
3. Evaluate patient presentations to determine the appropriate acupuncture points and methods for treatment.

4. Discuss organ and channel pathologies for URTI, coughs, diarrhea, constipation, insomnia and menstrual irregularities and their respective treatments
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 6. Apply clinical reasoning to avoid errors and enhance treatment outcomes.
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Saturday, 2/08/25

Lecture Time

8am-9:40am

From Adjustments to Algorithms: Navigating the Ethical Impact of AI's Relating to Chiropractic Care– ETH

Presenters

Jay Greenstein, DC; Ron Farabough, DC; Brad Cost

Hours of Credit – 2 Hours

State Board Category – Ethics

Course Description:

Participants will delve into how artificial intelligence is transforming healthcare, from influencing public opinion and policy to driving advancements in digital health and patient behavior change. The course will address key challenges such as documentation for remote therapeutic monitoring (RTM), ethical coding practices, and ensuring adherence to clinical care plans amidst the rise of AI-driven systems. Attendees will leave with actionable strategies to navigate the evolving landscape of AI while upholding the integrity and value of chiropractic care.

Learning Objectives:

1. Understand how AI is influencing public opinion, policy, and clinical practices in healthcare, with a focus on its ethical implications for chiropractic care.
2. Apply behavior change science and documentation strategies to improve patient adherence and ensure compliance with remote therapeutic monitoring (RTM) standards.
3. Leverage AI tools like DataLink and KPI dashboards to optimize efficiency, improve payer reimbursements, and maintain ethical coding practices.

Lecture Time

10:10am-11:50am

OIG Compliance Rules: Why You Should Care – DOC

Presenters

Colleen G. Auchenbach, DC, MCS-P, CPMA; Kathy Mills-Chang, MCS-P

Hours of Credit – 2 Hours

State Board Category – Documentation

Course Description

This dynamic duo will dive into real life experience with an Office of Inspector General (OIG) audit. Sharing with attendees the story of actual events that she lived through and what she learned that you must know. Compliance is a necessary part of doing business in healthcare. Providers must respect the boundaries of fraud, waste, and abuse. In this presentation, Dr. Colleen will establish what it means to have an effective OIG Compliance program and share what you may experience when you do not take the time to implement one.

Learning Objectives

1. At the end of this program attendees will be able to:
 2. Realize the role that the OIG plays in healthcare compliance, both inside and outside of Medicare and Medicaid
 3. Identify the OIG regulations and oversight that apply to chiropractic and their teams
 4. Recognize the risk factors that regulators look for in an audit and apply the learning in practice to avoid non-compliance
 5. Interpret the four types of risk the OIG expects providers to focus on with policy and procedure
 6. Apply the seven elements of a compliance program to your practice
 7. Develop an action list to begin implementing an OIG compliance program for your clinic
 8. Differentiate between active (medically necessary) and maintenance (non-medically necessary) care and acknowledge when billing is acceptable and when it isn't
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Lecture Time

12:30pm-2:10pm

Biohacking Naturally: Chiropractic, Nutrition, and the Latest Research on Longevity and Wellness- Clinical CE

Presenters

Bart Precourt, DC; Paul Tai, DPM, FACFS, ABPS, ABAARM

Hours of Credit – 2 Hours

State Board Category – Nutrition

Course Description

Explore the intersection of biohacking, chiropractic care, and nutrition to unlock your body's full potential and support a longer, healthier life. This course delves into cutting-edge research and evidence-based practices, revealing innovative solutions for challenges like insomnia, brain fog, stress, and tissue repair. Participants will discover how targeted supplementation and personalized chiropractic techniques can proactively enhance overall well-being. Join us to

learn how science, technology, and clinical expertise come together to optimize health and performance naturally.

Learning Objectives

1. Recognize how melatonin therapy, amino acids, and nootropic compounds effectively regulate circadian rhythms, enhance cognitive performance, and strengthen neuronal connectivity.
 2. Describe biohacking strategies, including advanced amino acid technologies and regenerative therapies, for managing stress, accelerating tissue repair, and reducing recovery times.
 3. Apply targeted supplementation, personalized chiropractic care, and evidence-based practices to optimize body function, support longevity, and improve patient outcomes.
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Lecture Time

12:30pm-2:10pm & 2:40pm-4:20pm

Mastering Federal Workers' Compensation: Provider Enrollment and Billing Essentials - Clinical CE

Presenter

David Testone

Hours of Credit – 4 Hours

State Board Category – Principles of Practice

Course Description

This course offers chiropractic clinicians a detailed guide to mastering provider enrollment and billing processes, ensuring compliance with regulatory standards and enhancing operational efficiency. Participants will learn to complete individual and group provider enrollment applications through a structured, step-by-step approach, focusing on essential elements such as tax identifiers, National Provider Identifiers, and required credentials. The course also includes a comprehensive billing tutorial, covering the creation of accurate claimant templates, claim eligibility verification, and professional bill submission with proper documentation. By refining these administrative skills, attendees will reduce compliance risks and improve practice proficiency.

Learning Objectives

1. Understand Enrollment Requirements: Participants will identify and accurately complete the essential components of individual and group provider enrollment applications, including tax identifiers, National Provider Identifiers, and required credentials.

2. Master Billing Procedures: Attendees will learn to create and manage claimant templates, verify claim eligibility, and submit professional bills with all necessary attachments and documentation.
 3. Enhance Risk Management and Compliance: Clinicians will develop skills to streamline administrative processes, reduce compliance risks, and optimize practice operations for improved efficiency and regulatory adherence.
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Lecture Time

2:40pm-4:20pm

Stronger Together: Immune Health, Chronic Disease, and the Chiropractic Approach- Clinical CE

Presenters

J. Foster Bryant, DC; Jen DePice, DC; Kristine Thotz, DC

Hours of Credit – 2 Hours

State Board Category – Nutrition

Course Description

This engaging 2-hour course explores the critical role chiropractors play in enhancing immune health, managing chronic diseases, and addressing conditions at every stage of life. Evidence-based insights on optimizing immune function and dispelling myths about immunity.

Participants will also gain a comprehensive understanding of adolescent scoliosis, including risk factors, diagnosis, and treatment strategies. This course equips chiropractors with practical tools and actionable knowledge to improve patient outcomes, build community wellness, and expand their practice.

Learning Objectives

1. Understand the impact of chronic disease on immunity and the global strategies to address these challenges effectively.
 2. Apply evidence-based chiropractic approaches to optimize immune function and manage adolescent scoliosis.
 3. Communicate accurate and impactful information about immunity and scoliosis to patients, fostering better outcomes and trust in chiropractic care.
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Lecture Time

4:50pm-6:30pm

Florida Laws & Rules - FLR

Presenters

Kim Driggers-Jaffe, Esq.

Hours of Credit – 2 Hours

State Board Category – FLR

Course Description

Chiropractors will be briefed on the many recent legislative changes and potential impacts to their practices on both the state and federal level. Disciplinary pitfalls are also highlighted, along with strategies to steer clear of them. Attendees will have their recollections refreshed on the regulations surrounding advertisement requirements.

With the Federal Rule on noncompete agreements in flux, chiropractors will learn about potential alternatives such as non-solicitation agreements that might be a feasible alternative solution to provide protection for an employer.

Attendees will learn about the court decision that impacts how chiropractors can use LMTs in the office. We will discuss the law after HB 837 and how it impacts treatment of PI patients. And attendees will learn the status of “animal chiropractic” in Florida This is a lecture that you will not want to miss!

Learning Objectives

1. Identify recent state and federal legislative changes impacting the profession, and potential implications for chiropractors in the from the legislative session.
 2. Review the requirements of the state of the law regarding noncompete agreements and discuss alternative options.
 3. Review of the top laws and regulations affecting Florida chiropractors and practice owners, such as permissible advertising content and sexual misconduct in the workplace.
 4. Review the practice of personal injury and how the new GEICO decision and House Bill 837 impacts your practice.
 5. Review the laws surrounding “animal chiropractic”
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