

NCA-CLUNEAL NEURALGIA-1 HR

by Phillip Snell, DC

I. CLASSROOM SESSION

- A. Overview of Cluneal Neuralgia and Maigne's Syndrome-44 min
- B. Epidemiology
- C. Pathomechanics
- D. Interventions

II. ASSESSMENT

- A. Assessment of Cluneal Nerves-7 min
 - 1. Ortho
 - 2. Neuro

III. MANUAL THERAPY

- A. Manual therapy-Superior cluneal, iliohypogastric, ilioinguinal nerves-10 min
 - 1. DTM
 - 2. TNM
 - 3. Cross Fiber

IV. EXERCISE

- A. Exercise-DTM and DNS-6 min
 - 1. Tissue-specific techniques to address painful structures
 - 2. Foundational work to address causes of tissue injury

V. QUIZ