



Day 1 - Saturday

- 8 - 10am: Evidence Based Practice (DEREK)
 - 10am - 10:15 am: break
 - 10:15am - 12:30pm: Pain Education (MICHAEL)
 - 12:30 - 1:30pm: Lunch
 - 1:30 - 3:00 pm: Youth Resistance Training (DEREK)
 - 3:00 - 3:15pm: Break
 - 3:15 - 4:45pm: Shoulder (MICHAEL)
- End

Day 2 - Sunday

- 8am-8:15am - Any questions from Day 1
- 8:15 - 9:45am - Hip (DEREK)
- 9:45 - 10:00am: Break
- 10:15am- 12:30pm - Low Back Pain (Michael)
- 12:30 - 1:30pm - Lunch
- 1:30pm - 3:00pm - ACL (Derek)
- 3:00pm - 3:15 pm - Break
- 3:15pm - 4:30pm- Q&A