

Title: Immune Support, Building a Health Immune System

CEUs: 2

Presenter: Bobb Scott, ND

Course Description:

The importance of a healthy immune system has come to forefront of everybody's mind and has never been more important. Understanding how the immune system work, but more importantly how to properly support the immune system in this time of concern is of extreme importance. Using whole food supplements, herbal support, as well as lifestyle modification is critical in developing a healthy immune system and a proper response to any immune challenge.

Introduction & Background: 5 Minutes

Physiology & Immune Responses: 60 Minutes

Nutrition \ Supplementation: 50 Minutes

Conclusions: 5 Minutes