

Seminar Name: Top Ten Products to Support Effective Intervention

Speaker: Stuart White, DC, DACBN, DABN

CEUs: 8 Hours

Hour 1-2	Review and broaden understanding of the anatomical and physiological nature of the immune system in the human and describe the ten general system maladies that challenge people
Hour 3-4	Illustrate and describe the practice of documenting change to determine the effectiveness of nutrition therapy, studying the physiological mechanisms of nutrient and herbal constituents to influence immune and metabolic function
Hour 5-6	Comprehensive overview of the gut, endocrine and hepatic influences upon immune function, and examining the known inflammatory repair mechanisms essential for regulation and recovery from tissue damage. Discussion of the challenged in practice management that face the modern functional medicine approach.
Hour 7-8	Discussion of current alternative theories and practices to support the ten primary presenting syndromes in practice and elaboration of the additional support nutrients and herbs to further amplify these top ten approaches. Immune and inflammatory modulation with development of a paradigm for staging immune function and subsequent algorithm for support. Review nutritional and herbal strategies for immune and inflammatory modulation. Teach the Sequential Immune Up-Regulation.