

Course Title: Nutritional Solutions For The Modern Practice

Date: December 5th, 2020

Location: Caribe Hilton; 1 San Geronimo St, San Juan, PR 00901

Seminar times: 8:30am – 5:30pm

Presenter: Tim Bahan & Ben Viola

Description of content: The course is divided into sections as detailed in the outline below.

Prior level of knowledge: Basic level of knowledge is required for effective participation

Teaching method: Seminar environment using PowerPoint with interactive audience participation

Hour	Course Outline
8:30-9:30	Whole Food Philosophy. This will explore the rationale of using vitamin complexes from food sources rather than synthetic or isolated sources.
9:30-11:30	Utilizing the Systems Survey Form to indicate what areas of the body need nutritional support. Discussing core nutritional products to be used in a chiropractic clinical setting.
11:30-12:30	Introduction to Western Herbal medicine, quality and sourcing issues
12:30-1:30	Lunch
1:30-3:30	Introduction to Auscultation and the Heart Sound Recorder to observe nutritional deficiencies
3:30-5:30	Western Herbal medicine to support stress, Immune and inflammation, Q&A