



SHERMAN COLLEGE  
*of CHIROPRACTIC*  
CONTINUING EDUCATION

October 30, 2024

Office of Continuing Education  
P. O. Box 1452  
Spartanburg, SC 29304

**Subject: Continuing Education Approval**  
**FOCUS VIP: Advanced Patient Care Using the Brain-Based Model**  
**Coeur d'Alene, ID**  
**February 7-8, 2025**

Enclosed is essential information regarding the program to be presented for **a total of 9 maximum CE hours** for licensure requirements.

Contained within this information are the instructor's credentials and course outline.

- Amy Spoelstra, D.C.
- Hannah Layden, D.C.
- Stephanie Libs, D.C.
- Sonia McGowin, D.C.

Based upon their credentials, education and experience the above-mentioned presenters have been approved by Sherman College of Chiropractic as post graduate extension faculty and qualified to present the information contained in the attached listed courses.

Attendance will be monitored at the door. Doctors are instructed to sign in at each time interval. At the conclusion of the program, Sherman College will send out attendance letters to the attending DCs. Each certificate includes the name of the program, the date, approval number and the number of hours of attendance.

Thank you for your consideration. Please let us know of any questions or additional information you may need.

Thank you,

*Rozelle Foster*  
Rozelle Foster  
Director of Continuing Education

Enclosures

**Continuing Education Program Outline**Title: Advanced Patient Care Using the Brain-Based Model: Integrating Visual Systems, Primitive Reflexes, and Neurodevelopmental Strategies through a subluxation chiropractic lens

**Instructors:**

1. Dr. Amy Spoelstra
2. Dr. Hannah Layden
3. Dr. Stephanie Libs
4. Dr. Sonia McGowin

This course provides a comprehensive foundational understanding of how to serve individuals with neurodevelopmental challenges and their families with a specific focus on understanding common complex presentations in the bio-nutritional realm and how to maintain a chiropractic centered practice while learning more about common presentations of this population. Learn to identify on case history and clinical presentation when a patient may have needs to co-manage care with professionals outside of the chiropractic practice. This course will help the practicing chiropractor navigate the complexity of working with kids and adults impacted by PANS/PANDAS, neurodevelopment disorders and how to develop a strong clinical team while maintaining the role of being the chiropractor on the team.

**Rationale for Purpose:** With the exponential rise in the occurrence of neurodevelopmental challenges in children in the United States, understanding neurodevelopmental challenges and common co-morbidities and complexities within this population help the chiropractor maintain the chiropractic clinical tool while also having the knowledge to develop an appropriate multidisciplinary team approach when necessary. knowing how to serve families affected by them is critical for today's chiropractor. This course serves to assist the chiropractor in understanding the role of subluxation in neurodevelopmental disorders and improve their patient outcomes while navigating and communicating with professionals outside of the chiropractic profession.

**Methodology:** Lecture, Power Point Presentation, Videos, Hands On Interactive Activities.

**Sources:** "Eye Yoga – How You See is How You Think", Dr. Jane Rigney BaWenberg & Martha M. Rigney,

London Street Press, 2010.

"The Well Balanced Child – Movement and Early Learning", Sally Goddard Blythe, Hawthorn Press, 2004. "Child Development – A Practitioner's Guide" 3<sup>rd</sup> Edition, Douglas Davies, The Guilford Press, 2011.

"Brain-Based Parenting – The Neuroscience of Caregiving for Healthy Attachment", Daniel A. Hughes & Jonathan Baylin, W W Norton & Company, Inc., 2012.

!Reflexes, Learning And Behavior: A Window into the Child's Mind : A Non-Invasive Approach to Solving Learning & Behavior Problems", Sally Goddard, \*\*\*\*\*

!Brain Rules for Baby – How to Raise a Smart and Happy Child From Zero to Five”, John Medina, Pear Press, 2014.

**Course Outline:** (TOTAL 9 hours)

**Day 1:**

Block 1 (30 minutes)

### **Introduction to Advanced Patient Care Using the Brain-Based Model**

1. Overview of brain-based chiropractic care
2. Integrating the visual system, primitive reflexes, and engaging with challenging children
3. Modifications to exams for sensory sensitivity
4. New visual assessment tools and strategies

Block 2: (90 minutes)

### **Advanced Case Breakdown**

1. Presentation and analysis of three pediatric cases
2. Incorporating subluxation findings with brain-based assessments
3. Techniques for case analysis, care planning, and re-exams
4. Focus on neuro-sensory challenges in pediatric cases

Block 3 (60 minutes)

### **Advanced Concepts in Neurodevelopment**

1. Discussion on neurodevelopmental challenges and exam findings
2. Understanding implications for care planning

Block 4 (90 minutes)

### **Advanced Nutritional Support for Kids with Sensory Sensitivities**

1. Exploring nutritional approaches to support kids with sensory challenges
2. Strategies for integrating nutrition into a principled chiropractic approach
3. Collaborative care with other healthcare providers for comprehensive support

Block 5: (90 minutes)

### **Modifications to Office Environment for Sensory Needs**

1. Designing a sensory-friendly practice environment
2. Practical tips for accommodating children with diverse sensory profiles

### **Day 2:**

Block 6 (90 minutes)

### **Infant Assessment**

1. Key aspects of infant exams, including cranial evaluations
2. Consideration of tethered oral tissues and airway impacts on development

Block 7 (90 minutes)

### **Incorporating Neurosensory Movements into Care**

1. How to integrate neurosensory movements without losing focus on subluxation-centered care
2. Practical applications for enhancing patient outcomes through movement-based strategies

**BREAKING NEWS**

The Spoelstra family is growing:  
Dr. Amy is pregnant!



# IMPORTANT CHANGES



**February 7-8, 2025**  
**Coeurd'Alene, ID**

**Level 2 Plan**  
**New Date: January 10-11, 2025**

1. NO VIP DAY
2. We are limiting Elite Access seats at Level 2 to 10-15 seats
3. Level 2 this year is **strictly review**



**Brianna Earles**

Admin Group expert +1

Yesterday at 12:15 PM

Happy Monday! **LAST CALL** to get CEs for VIP weekend! We are applying in the next couple of days. You'll still be able to attend if RSVP later, you just might not be able to get CEs.

**WE'RE PLANNING LOTS OF FUN STUFF! I'M EXCITED TO SEE YOU ALL THERE!**

**When:** Feb 7-8, 2025

**Where:** CDA, Idaho

Edit

Kristen Hager and Kjersten Jones 28

Top comments



**Michelle Arietta**  
CA please!!!

1d Like Reply



Amy Spoelstra replied · 6 Replies



**Joanne Siebert**  
Just confirming AZ please

1d Like Reply 2



Brianna Earles replied · 1 Reply



**Cassidy Walrath**  
I'd like CEs please! Michigan

1d Like Reply



Brianna Earles replied · 1 Reply



**Cindy Frazier-Abdessalam**  
NE

18h Like Reply 2



Brianna Earles replied · 1 Reply



**Cassandra Brand Peterson**  
Hawai'i and Alaska!

1d Like Reply



**SHERMAN COLLEGE**  
**of CHIROPRACTIC**

**CONTINUING EDUCATION**

Sherman College of Chiropractic  
Continuing Education Postgraduate Department  
PO Box 1452  
Spartanburg, SC 29304  
(800) 849-8771, extension 229

**Attendance Verification**

*Issued Date: Put the current date here*

Course Title: **FOCUS VIP: Advanced Patient Care Using the Brain-Based Model**

Course Code:

Dates of the Seminar: **February 7-8, 2025**

Location: **Coeur d'Alene, ID**

This is to certify that:

License No:

attended the above seminar and has received ? hours of Continuing Education.

The Continuing Education Department does not forward hours to the State Board(s) unless requested by the State Board. PACE Approved courses will be reported directly to PACE. Please make a copy for your records and mail original to the appropriate State Board(s) when applicable.

Thank you,

*Rozelle Foster*

Rozelle Foster

Director of Continuing Education





**CONTINUING EDUCATION PROGRAM EVALUATION  
FOCUS VIP**

**February 7-8, 2025 | Coeur d'Alene, ID**

**Your opinion is valued!** Thank you for helping us to improve the quality of our events. Please take a moment to comment on the continuing education program you recently attended and return to the monitor, mail to Sherman College CE Dept. or fax to 864-599-7145. All responses are confidential.

**PLEASE CIRCLE YOUR RESPONSE.**

Rating Scale:            4 - Excellent      3 - Good            2 - Satisfactory      1 - Poor

**SEMINAR CONTENT**

Organization of materials	4	3	2	1	N/A
Usefulness of ideas, skills and techniques	4	3	2	1	N/A
Newness of the seminar information	4	3	2	1	N/A
The amount of hands-on demonstration was appropriate	4	3	2	1	N/A
Overall content rating	4	3	2	1	N/A

**PRESENTER RATING**

The speaker held my interest	4	3	2	1	N/A
The speaker demonstrated superior knowledge of topic	4	3	2	1	N/A
The speaker interacted with participants and gave effective responses to questions	4	3	2	1	N/A
The speaker was well-prepared, organized and adhered to time allotted	4	3	2	1	N/A
The speaker's audio-visual media enhanced my learning experience	4	3	2	1	N/A
Overall presenter rating	4	3	2	1	N/A

**RESOURCE ASSESSMENT**

Please rate the audiovisuals	4	3	2	1	N/A
Please rate the facility	4	3	2	1	N/A
Please rate the ease of registration	4	3	2	1	N/A
Did the program fulfill advertised promises?	Yes	No	Somewhat		
Are you a graduate of Sherman College?	Yes	No	Student		

What attracted you to this seminar?                      Content / Speaker / CE / Other\_\_\_\_\_

How did you hear about this seminar?                      Brochure / Website / Colleague / Advertisement  
Facebook / Email / Sherman Website / Sherman Shares

**ADDITIONAL COMMENTS**

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