



SHERMAN COLLEGE  
*of CHIROPRACTIC*  
CONTINUING EDUCATION

July 10, 2024

Office of Continuing Education  
P. O. Box 1452  
Spartanburg, SC 29304

**Subject: Continuing Education Approval**  
**Pediatric CE Weekend**  
**Addison, TX**  
**September 6-8, 2024**

Enclosed is essential information regarding the program to be presented for **a total of 6 maximum CE hours** for licensure requirements.

Contained within this information are the instructor's credentials and course outline.

- Tony Ebel, D.C.

Based upon their credentials, education and experience the above-mentioned presenters have been approved by Sherman College of Chiropractic as post graduate extension faculty and qualified to present the information contained in the attached listed courses.

Attendance will be monitored at the door. Doctors are instructed to sign in at each time interval. At the conclusion of the program, Sherman College will send out attendance letters to the attending DCs. Each certificate includes the name of the program, the date, approval number and the number of hours of attendance.

Thank you for your consideration. Please let us know of any questions or additional information you may need.

Thank you,

*Rozelle Foster*  
Rozelle Foster  
Director of Continuing Education

Enclosures

CE Outline September  
Dr. Tony Ebel

Hour 1 - Overview of Neuro-Focused Pregnancy + Infant Care: Using HRV for Case Management Instead of a Stuck Sacrum

Hour 2 - Pregnancy Adjusting Adapted to Today's Would Up + Worn Out Mother

Hour 3 - Infant Adjusting + Cranial Adjusting

Hour 4 - Pediatric Neuro-Tonal Adjusting Intro + Overview

Hour 5 - Pediatric Anatomy + Exam taking Outline

Hour 6 - Panel Discussion on Communicating Chiropractic to Moms + Dads

### **Hour 1 - Overview of Neuro-Focused Pregnancy + Infant Care: Using HRV for Case Management Instead of a Stuck Sacrum**

- 0-15 minutes: Introduction to the workshop, explaining the importance of neuro-focused care during pregnancy and infancy.
- 15-30 minutes: Overview of Heart Rate Variability (HRV) and its relevance in case management for expecting mothers, emphasizing its benefits over traditional sacral techniques.
- 30-45 minutes: Practical examples and case studies illustrating successful outcomes using HRV monitoring in prenatal chiropractic care.
- 45-60 minutes: Q&A session to address initial questions and concerns from participants.

### **Hour 2 - Pregnancy Adjusting Adapted to Today's Wound Up + Worn Out Mother**

- 0-15 minutes: Understanding the challenges modern mothers face, including stress and fatigue, and how these impact chiropractic care during pregnancy.
- 15-30 minutes: Techniques and adjustments tailored to alleviate specific issues like stress-induced muscle tension and fatigue-related discomfort.
- 30-45 minutes: Demonstrations of gentle adjusting techniques suitable for pregnant women, focusing on safety and effectiveness.
- 45-60 minutes: Interactive workshop where participants practice adjusting techniques under supervision.

### **Hour 3 - Infant Adjusting + Cranial Adjusting**

- \*\*0-15 minutes\*\*: Importance of early chiropractic care for infants, including benefits for colic, sleeping issues, and overall development.
- \*\*15-30 minutes\*\*: Overview of cranial adjusting techniques and their application in treating common infant conditions.
- \*\*30-45 minutes\*\*: Demonstration of gentle infant adjusting techniques, emphasizing safety and parental involvement.
- \*\*45-60 minutes\*\*: Hands-on practice session for participants to practice infant adjusting techniques in a controlled environment.

### **Hour 4 - Pediatric Neuro-Tonal Adjusting Intro + Overview**

- \*\*0-15 minutes\*\*: Introduction to pediatric neuro-tonal adjusting, explaining its principles and goals in promoting neurological development.
- \*\*15-30 minutes\*\*: Case studies showcasing successful outcomes using neuro-tonal adjusting in pediatric chiropractic care.
- \*\*30-45 minutes\*\*: Techniques and protocols for assessing and adjusting pediatric patients, ensuring safety and effectiveness.
- \*\*45-60 minutes\*\*: Discussion on integrating neuro-tonal adjusting into existing chiropractic practices, addressing challenges and opportunities.

### **Hour 5 - Pediatric Anatomy + Exam Taking Outline**

- \*\*0-15 minutes\*\*: Overview of pediatric anatomy relevant to chiropractic care, emphasizing differences from adult anatomy.
- \*\*15-30 minutes\*\*: Step-by-step guide to conducting pediatric chiropractic exams, including neurological and musculoskeletal assessments.
- \*\*30-45 minutes\*\*: Interactive session where participants practice pediatric exam techniques on anatomical models.

- **45-60 minutes**: Q&A session to clarify exam procedures and anatomical considerations specific to pediatric patients.

### **Hour 6 - Panel Discussion on Communicating Chiropractic to Moms + Dads**

- **0-15 minutes**: Introduction to the panelists, who include experienced chiropractors and communication specialists.

- **15-30 minutes**: Panelists discuss effective communication strategies for explaining chiropractic care to parents, addressing common misconceptions and concerns.

- **30-45 minutes**: Case examples of successful communication approaches used in practice to educate parents about the benefits of chiropractic care for children.

- **45-60 minutes**: Open floor for questions and discussion, allowing participants to seek advice on specific communication challenges they face in their practices.



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**CONTINUING EDUCATION**

Sherman College of Chiropractic  
Continuing Education Postgraduate Department  
PO Box 1452  
Spartanburg, SC 29304  
(800) 849-8771, extension 229

**Attendance Verification**

*Issued Date: Put the current date here*

Course Title: **Pediatric CE Weekend**  
Course Code:  
Dates of the Seminar: **September 6-8, 2024**  
Location: **Addison, TX**  
This is to certify that:

License No:

attended the above seminar and has received ? hours of Continuing Education.

The Continuing Education Department does not forward hours to the State Board(s) unless requested by the State Board. PACE Approved courses will be reported directly to PACE. Please make a copy for your records and mail original to the appropriate State Board(s) when applicable.

Thank you,

*Rozelle Foster*

Rozelle Foster  
Director of Continuing Education





**CONTINUING EDUCATION PROGRAM EVALUATION**

**Pediatric CE Weekend**

**Addison, TX | September 6-8, 2024**

**Your opinion is valued!** Thank you for helping us to improve the quality of our events. Please take a moment to comment on the continuing education program you recently attended and return to the monitor, mail to Sherman College CE Dept. or fax to 864-599-7145. All responses are confidential.

**PLEASE CIRCLE YOUR RESPONSE.**

Rating Scale:            4 - Excellent      3 - Good            2 - Satisfactory      1 - Poor

**SEMINAR CONTENT**

Organization of materials	4	3	2	1	N/A
Usefulness of ideas, skills and techniques	4	3	2	1	N/A
Newness of the seminar information	4	3	2	1	N/A
The amount of hands-on demonstration was appropriate	4	3	2	1	N/A
Overall content rating	4	3	2	1	N/A

**PRESENTER RATING**

The speaker held my interest	4	3	2	1	N/A
The speaker demonstrated superior knowledge of topic	4	3	2	1	N/A
The speaker interacted with participants and gave effective responses to questions	4	3	2	1	N/A
The speaker was well-prepared, organized and adhered to time allotted	4	3	2	1	N/A
The speaker's audio-visual media enhanced my learning experience	4	3	2	1	N/A
Overall presenter rating	4	3	2	1	N/A

**RESOURCE ASSESSMENT**

Please rate the audiovisuals	4	3	2	1	N/A
Please rate the facility	4	3	2	1	N/A
Please rate the ease of registration	4	3	2	1	N/A
Did the program fulfill advertised promises?	Yes	No	Somewhat		
Are you a graduate of Sherman College?	Yes	No	Student		

What attracted you to this seminar?                      Content / Speaker / CE / Other\_\_\_\_\_

How did you hear about this seminar?                      Brochure / Website / Colleague / Advertisement  
Facebook / Email / Sherman Website / Sherman Shares

**ADDITIONAL COMMENTS**

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