



SHERMAN COLLEGE
of CHIROPRACTIC
CONTINUING EDUCATION

March 6, 2024

Office of Continuing Education
P. O. Box 1452
Spartanburg, SC 29304

Subject: Continuing Education Approval
MLS TWO
Palestine, IL
August 3-4, 2024

Enclosed is essential information regarding the program to be presented for **a total of 14 maximum CE hours** for licensure requirements.

Contained within this information are the instructor's credentials and course outline.

- Wade Port, D.C.
- Nathan Gerowitz, D.C.
- Zach Thomas, D.C.

Based upon their credentials, education and experience the above-mentioned presenters have been approved by Sherman College of Chiropractic as post graduate extension faculty and qualified to present the information contained in the attached listed courses.

Attendance will be monitored at the door. Doctors are instructed to sign in at each time interval. At the conclusion of the program, Sherman College will send out attendance letters to the attending DCs. Each certificate includes the name of the program, the date, approval number and the number of hours of attendance.

Thank you for your consideration. Please let us know of any questions or additional information you may need.

Thank you,

Rozelle Foster
Rozelle Foster
Director of Continuing Education

Enclosures

SYLLABUS OF MLS SPINAL MOTION PALPATION AND ADJUSTING SEMINAR LEVEL | TWO PROGRAM

Given by **Your Name D.C.**

Length of the course: 9:00am to 6:00pm Day 1, 8:00am to 4:00pm Day 2.

Both days equal 14 Hours CEU's

Attendance to MLS LEVEL | ONE program is a prerequisite

Seminar is conducted with adequate staff, so that all training is delivered under supervision with feedback from the staff.

Seminar is conducted in complete centered silence from participants except for questions, feedback and for the staff instructions.

All seminars are conducted with lead staff being actively licensed DC's.

This seminar is 100% hands on. The MLS training method brings an approach to adjusting that can be used with any existing technique from Upper Cervical, Full Spine, Diversified, Gonstead, CBP and others to enhance their effectiveness. This approach takes the meningeal-cord tension in consideration, bringing the entire neuro-spinal system and body physiology into ease and peace during the adjustment.

This approach renders adjusting safer than the current adjusting approach used by most DCs and schools because it does not bring the spine, joints or system to tension/lock.

PURPOSE OF THE SEMINAR:

- To provide a full understanding of the biodynamics and biomechanics of the neuro-spinal system.
- To understand the human body, its neuro-spinal system from a vitalistic perspective as an open, complex, biological system.
- To bring a complete visualization of the motion of the spine and individual vertebrae in all planes of motion.
- To teach adjusting with ease, finesse, lightning speed, precision, specificity and sensitivity of each and every vertebrae in each and every plane of motion.
- To take meningeal-cord tension in consideration while structurally adjusting the spine.
- To learn to address and adjust a human being rather than a spine or subluxation.
- To provide exercises and drills to train, as a true professional, before each day in active practice.
- To inspire participants to serve humanity at the highest level through Chiropractic.

1. INTRODUCTION/REVIEW: (1.5 hours)

Overview of MLS approach to adjusting and review of LEVEL | ONE

Life is motion and motion is life. One of the components of the vertebral subluxation complex is patho-kinesiology. The purpose of the spinal adjustment is to introduce an external invasive force that will interact with the internal resistive force forming a concussion of forces that the Innate Intelligence can use to correct the subluxation. Understanding the motion of the spine provides a framework to deliver accurate, specific, precise adjustments along the biodynamic arc of motion of the vertebrae.

- a. Roadmap for the day and demonstrating all the steps in adjusting with this approach.
- b. Presentation of the various listings as a means to have common language to communicate between participants and staff as to the intention of the adjustment.
- c. Warm-up exercises and adjusting drills. Many drills have been designed to train the body for each specific adjustment and listing. There are 14 drills for the cervicals, 8 for the dorsals and 5 for the lumbar-Pelvis. All drills are practiced repetitively during the seminar so as to leave the participants with ample tools to train and refine their skills. It builds muscle memory so that down the line, the adjusting thrust or impulse is 'instinctive'.

2. UPPER CERVICAL: (4.5 hours)

Covered moves: Toggle Recoil, Sustained Toggle, Atlas/Occiput Supine, Occiput Lift, Seated Occiput/Atlas/Axis

- Visualization with spine models in all planes
- Static and motion palpation exercises and analysis
- Demonstrations and breakdowns of clinical applications
- Rounds of practicing the moves
- Specific drills to train these listings

3. OTHER CERVICAL: (3 hours)

New Cervical adjusting moves: Spinous Flick, Posterior/Inferior Segment - Supine, Posterior/Inferior Segment - Prone, Anterior Cervical, Disc Plane - Cervicals

- Visualization with spine models in all planes
- Static and motion palpation exercises and analysis
- Demonstrations and breakdowns of clinical applications

- Rounds of practicing the moves
- Specific drills to train these listings

3. DORSAL SPINE: (2.5 hours)

New Cervical moves: Thumb Spinous - Upper Dorsal/Cervical, Single Hand - Prone, Seated
'Anterior' Dorsal, Lower Dorsal - Elbow contact, Disc Plane

- Visualization with spine models in all planes
- Static and motion palpation exercises and analysis
- Demonstrations and breakdowns of clinical applications
- Rounds of practicing the moves
- Specific drills to train these listings

4. PELVIS: (2.5 hours)

Covered moves: (Mostly in side posture) PI/AS Ilium, Apex Left/Right, Base Posterior, Right/Left
Posterior Sacral Base, Upper/Middle/Lower SI Boot

- Visualization with spine models in all planes
- Static and motion palpation exercises and analysis
- Demonstrations and breakdowns of clinical applications
- Rounds of practicing the moves
- Specific drills to train these listings



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Sherman College of Chiropractic
Continuing Education Postgraduate Department
PO Box 1452
Spartanburg, SC 29304
(800) 849-8771, extension 229

Attendance Verification

Issued Date: Put the current date here

Course Title: **MLS TWO**
Course Code:
Dates of the Seminar: **August 3-4, 2024**
Location: **Palestine, IL**
This is to certify that:

License No:

attended the above seminar and has received ? hours of Continuing Education.

The Continuing Education Department does not forward hours to the State Board(s) unless requested by the State Board. PACE Approved courses will be reported directly to PACE. Please make a copy for your records and mail original to the appropriate State Board(s) when applicable.

Thank you,

Rozelle Foster

Rozelle Foster
Director of Continuing Education





**CONTINUING EDUCATION PROGRAM EVALUATION
MLS TWO**

Palestine, IL | August 3-4, 2024

Your opinion is valued! Thank you for helping us to improve the quality of our events. Please take a moment to comment on the continuing education program you recently attended and return to the monitor, mail to Sherman College CE Dept. or fax to 864-599-7145. All responses are confidential.

PLEASE CIRCLE YOUR RESPONSE.

Rating Scale: 4 - Excellent 3 - Good 2 - Satisfactory 1 - Poor

SEMINAR CONTENT

Organization of materials	4	3	2	1	N/A
Usefulness of ideas, skills and techniques	4	3	2	1	N/A
Newness of the seminar information	4	3	2	1	N/A
The amount of hands-on demonstration was appropriate	4	3	2	1	N/A
Overall content rating	4	3	2	1	N/A

PRESENTER RATING

The speaker held my interest	4	3	2	1	N/A
The speaker demonstrated superior knowledge of topic	4	3	2	1	N/A
The speaker interacted with participants and gave effective responses to questions	4	3	2	1	N/A
The speaker was well-prepared, organized and adhered to time allotted	4	3	2	1	N/A
The speaker's audio-visual media enhanced my learning experience	4	3	2	1	N/A
Overall presenter rating	4	3	2	1	N/A

RESOURCE ASSESSMENT

Please rate the audiovisuals	4	3	2	1	N/A
Please rate the facility	4	3	2	1	N/A
Please rate the ease of registration	4	3	2	1	N/A
Did the program fulfill advertised promises?	Yes	No	Somewhat		
Are you a graduate of Sherman College?	Yes	No	Student		

What attracted you to this seminar? Content / Speaker / CE / Other_____

How did you hear about this seminar? Brochure / Website / Colleague / Advertisement
Facebook / Email / Sherman Website / Sherman Shares

ADDITIONAL COMMENTS
