



SHERMAN COLLEGE  
*of CHIROPRACTIC*  
CONTINUING EDUCATION

July 28, 2024

Office of Continuing Education  
P. O. Box 1452  
Spartanburg, SC 29304

**Subject: Continuing Education Approval**  
**NetworkSpinal Transform Care Experience**  
**Gatineau, QB, CN**  
**April 26-28, 2024**

Enclosed is essential information regarding the program to be presented for **a total of 20 maximum CE hours** for licensure requirements.

Contained within this information are the instructor's credentials and course outline.

- Pierre Bernier, D.C.
- Christine Bourque, D.C.

Based upon their credentials, education and experience the above-mentioned presenters have been approved by Sherman College of Chiropractic as post graduate extension faculty and qualified to present the information contained in the attached listed courses.

Attendance will be monitored at the door. Doctors are instructed to sign in at each time interval. At the conclusion of the program, Sherman College will send out attendance letters to the attending DCs. Each certificate includes the name of the program, the date, approval number and the number of hours of attendance.

Thank you for your consideration. Please let us know of any questions or additional information you may need.

Thank you,

*Rozelle Foster*  
Rozelle Foster  
Director of Continuing Education

Enclosures

## NETWORKSPINAL TRANSFORM CARE EXPERIENCE COURSE OUTLINE

**Course Title:** NetworkSpinal Transform Care Experience

**Course Hours:** 20 hours

**Course objective:** To instruct practitioners in NetworkSpinal Transform Care

**Course summary:** This seminar explores the theory, analysis and protocol of NetworkSpinal (NS) Transform Care. During this program participants will review general clinical applications of NetworkSpinal and proper force applications, positioning, outcome assessments and clinical objections of NetworkSpinal Intermediate Care. The program includes lecture, demonstration and hands-on experiential practice.

**Program Format:** Lecture, classroom style including appropriate audio-visual support to enhance learning of attendees; demonstration.

**Friday 5:00 PM – 7:00 PM**

### Overview of Spinal Strategies of Network Care

- The Network Wave and vertebral oscillation
- Developmental research of the Network Wave
- The respiratory wave
- Unique Seasons of Care indicators of spinal and neural integrity

### Concepts of Spinal Reorganization and the Network Wave

#### Physiologic Emerging Properties, Outcomes and Transform Care

- The principle of entrainment
- Nervous system coherence
- The fundamental properties of the Network Wave
- Establishing clinical outcomes for Transform Care.
- Understanding the emerging properties of the nervous system and the spine in Transform Care.
- Defining the Spinal Gateway.

### NetworkSpinal Transform Care Demonstration

- Demonstration of Early to Late Transform Care
- Review of concepts

## NETWORKSPINAL TRANSFORM CARE EXPERIENCE COURSE OUTLINE

### Friday 7:00 PM – 8:00 PM

#### NetworkSpinal Transform Care – Review, Lecture and Demonstration

- Clinical Objectives of NetworkSpinal Care in relation to Transform Care  
NetworkSpinal is composed of the following elements applied in a non-linear, open systems model. Each model is discussed and integrated through the seminar.
  1. Epstein model of Spinal and Neural Integrity
  2. Phasing System for identification and classification of Spinal Cord Tension patterns
  3. Seasons of Care involving emerging properties within the spine, nervous system, cognitive self awareness, and of enhanced wellness and quality of life.
  4. A system of spinal low force applications consistent with the above.
  5. Outcome assessments by the practitioner as to the above, along with practice member self reported assessments.
- Discover Care
  - Clinical objectives
  - Clinical Outcome assessment relative to spinal and neural integrity
  - Clinical Outcome assessment relative to patients self-reported health profile
  - Evaluating indications for Discover Care
- Physiology of Adverse Mechanical Cord Tension (physiology and anatomy)
- Indicators (parameters) of adverse mechanical cord tension:
- Other parameters for specific spinal cord tension patterns

### Friday 8:00 PM – 10:00 PM

#### The Clinical Phasing System: hands on workshop

- Phase One: Occiput and Sacral notch Cord Tension Patterns
- Phase Two: First and Fifth cervical spinal Cord Tension Patterns
- Phase Three: Lateral Pelvic and sacral Cord Tension Patterns
- Phase Four: Second and third cervical Cord Tension Pattern
- Phase Five: Flexion/Extension Cord Tension Pattern of C5 with Coccyx  
Lateral Bending cord Tension Pattern with C2 and Sacrum

## NETWORKSPINAL TRANSFORM CARE EXPERIENCE COURSE OUTLINE

### **Saturday 8:00 AM – 10:00 AM**

#### NetworkSpinal Late Discover Care review, lecture

- Detecting and Addressing the Spinal Gateway
- Longer duration contacts
- Observing and evaluation of changes in the passive, active, and neural control subsystems as a consequence of Late Discover Care
- Achieving significant separation at the vertebral articulations as a consequence of the appropriate force application
- Transition into late Late Discover Care

#### NetworkSpinal Late Discover Care Review, demonstration

- The use of Late Discover Care as a means of enhancing spinal and neural integrity and promoting the development of the Somatopsychic wave
- Late Discover Care clinical outcome assessment and patient self-assessment of wellness and quality of life
- Hands on application of Late Discover Care

### **Saturday 10:00 AM – 12:00 PM**

#### NetworkSpinal Late Discover Care: hands on workshop

- Hands on application of Early and Middle Discover Care
- Hands on application of Late Discover Care
- Facilitated sponsorship of clinical skills

### **Saturday 1:30 – 4:30 PM**

#### NetworkSpinal early Transform: lecture, demonstration

- Understanding the concept of differentiated segmental motion
- Evaluating and enhancing differentiated segmental motion
- Observation of Gateways of free oscillation, and motion as contrasted to limited motion and restricted energy availability.
- Evaluating for temporal coordination of entrained segmental motion  
Understanding the Somatopsychic wave as a medium for self organization and for sharing information and energy between subsystems, and a tool for further advancement of Transform Care
- Transition between late Discover Care and Early Transform Care.
- The use of a rapid oscillatory force on the Gateway articulation
- Side posture and seated positioning- rational
- Side posture and seated positioning- application
- Early Transform clinical outcome assessment and patient self-assessment of adaptation to stress and quality of life.

## NETWORKSPINAL TRANSFORM CARE EXPERIENCE COURSE OUTLINE

### **Saturday 4:30 – 7:30 PM**

#### **NetworkSpinal Early Transform: hands on workshop**

- Hands on application of Early Transform Care
- Facilitated sponsorship of clinical skills
- Understanding the concept of figure 8 differentiated segmental motion
- Evaluating and enhancing differentiated segmental motion from early Transform
- Evaluating for spatial coordination of entrained segmental motion.

### **Sunday 9:00 AM – 11:30 AM**

#### **NetworkSpinal Late Transform: lecture, demonstration**

- Understanding the Somatopsychic wave as a medium for self organization and for further advancement into Awaken Care.
- Transition between Early and Late Transform Care.
- Supine positioning- rational and application
- The extension positive contacts on the thoracic and lumbar spine
- Late Transform clinical outcome assessment and patient self-assessment of adaptation to stress and quality of life.
- Utilizing force applications seen in Awaken Care to assist in completion of Transform Care objectives.
- Introducing the Iliac Crest contact

### **Sunday 11:30 AM – 2:00 PM**

#### **NetworkSpinal Late Transform: hands on workshop**

- Hands on application of Late Transform Care
- Facilitated sponsorship of clinical skills
- Transitioning between Late Transform and Awaken Care
- Modulation of force application between Seasons of Care
- Integration of Transform Care
- Introduction to the concepts of Awaken Care sufficient to refine Late Transform Care results.



UPGRADE YOUR SKILLS & PROFICIENCY IN TRANSFORM CARE  
**TRANSFORM CARE EXPERIENCE**  
April 26-28, 2024 – Gatineau, Quebec Canada



with Dr. Pierre Bernier & Dr. Christine Bourque

Transform Care advances the self-organizing capacity of the Central Nervous System. Through the self-regulation of spinal sensory motor distortions, specific vertebral oscillation and development of the unique Network “reorganizational” healing wave, a stress busting response and greater personal healing empowerment evolves.

The transformation of one’s spine and the meaning one gives to situations, as well as the ability to spontaneously make healthier choices classically occurs in the Season of Transform. Continuing from where the Discover Care Experiences left off, the elements of Early, Middle and Late Transform Care of NetworkSpinal will be addressed with the integration of material from the Discover Care Experience advancing spinal and neural strategies. You will also have access to related audiovisual online support material featuring extensive content presented by Network’s developer and founder Donny Epstein.



More NetworkSpinal Events: <https://epienergetics.com/find-networkspinal-events/>





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**CONTINUING EDUCATION**

Sherman College of Chiropractic  
Continuing Education Postgraduate Department  
PO Box 1452  
Spartanburg, SC 29304  
(800) 849-8771, extension 229

**Attendance Verification**

*Issued Date: Put the current date here*

Course Title: **NetworkSpinal Transform Care Experience**

Course Code:

Dates of the Seminar: **April 26-28, 2024**

Location: **Gatineau, QB, CN**

This is to certify that:

License No:

attended the above seminar and has received ? hours of Continuing Education.

The Continuing Education Department does not forward hours to the State Board(s) unless requested by the State Board. PACE Approved courses will be reported directly to PACE. Please make a copy for your records and mail original to the appropriate State Board(s) when applicable.

Thank you,

*Rozelle Foster*

Rozelle Foster

Director of Continuing Education



