



SHERMAN COLLEGE  
*of CHIROPRACTIC*  
CONTINUING EDUCATION

February 14, 2024

Office of Continuing Education  
P. O. Box 1452  
Spartanburg, SC 29304

**Subject: Continuing Education Approval**  
**MLX RISE**  
**Orlando, FL**  
**May 2-4, 2024**

Enclosed is essential information regarding the program to be presented for **a total of 4 maximum CE hours** for licensure requirements.

Contained within this information are the instructor's credentials and course outline.

- John Edwards, D.C.

Based upon their credentials, education and experience the above-mentioned presenters have been approved by Sherman College of Chiropractic as post graduate extension faculty and qualified to present the information contained in the attached listed courses.

Attendance will be monitored at the door. Doctors are instructed to sign in at each time interval. At the conclusion of the program, Sherman College will send out attendance letters to the attending DCs. Each certificate includes the name of the program, the date, approval number and the number of hours of attendance.

Thank you for your consideration. Please let us know of any questions or additional information you may need.

Thank you,

*Rozelle Foster*  
Rozelle Foster  
Director of Continuing Education

Enclosures

# MLX RISE CE SYLLABUS

May 2nd - 4th, 2024  
Renaissance Orlando at Sea World  
6677 Sea Harbor Dr, Orlando, FL 32821

## One Belly, Two Brains: Practical Training for the Family Chiropractor ( 4 Hours)

**Instructor:** John Edwards, D.C., DACCP

**Format:** Lecture on Thursday May 2nd, 2pm -6pm

**Summary:** The attendee will be introduced to the functional neurology of particular importance to the pregnant and postpartum population, the neurological concepts of polyvagal theory (Stephen Porges), and the foundational concepts of how brain wave signaling changes during development.

**Learning Objectives:** Attendees will gain practical experience for addressing Perinatal Mood and Anxiety Disorders through the chiropractic lens and heart rate variability (HRV) monitoring. These will be applied to build a hypothesis on developing intuition during the pregnancy period and chiropractic's role in modulating that sense.

### **Hour 1**

Introduction to objectively measuring cortical function, autonomic nervous system indicators and balance for perinatal patients.

### **Hour 2**

Utilizing the information from the functional outcome assessment, targeting adjustments and activities to screen for PMADs, and manage this common condition of the perinatal phase.

### **Hour 3**

Latch, birth trauma, and chiropractic technique modification for newborns.

### **Hour 4**

Identifying hard wired cues to improve neurological flexibility and resilience during infancy.



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Sherman College of Chiropractic  
Continuing Education Postgraduate Department  
PO Box 1452  
Spartanburg, SC 29304  
(800) 849-8771, extension 229

**Attendance Verification**

*Issued Date: Put the current date here*

Course Title: **MLX RISE**  
Course Code:  
Dates of the Seminar: **May 2-4, 2024**  
Location: **Orlando, FL**  
This is to certify that:

License No:

attended the above seminar and has received ? hours of Continuing Education.

The Continuing Education Department does not forward hours to the State Board(s) unless requested by the State Board. PACE Approved courses will be reported directly to PACE. Please make a copy for your records and mail original to the appropriate State Board(s) when applicable.

Thank you,

*Rozelle Foster*

Rozelle Foster  
Director of Continuing Education





**CONTINUING EDUCATION PROGRAM EVALUATION**  
**MLX RISE**

**Orlando, FL | May 2-4, 2024**

**Your opinion is valued!** Thank you for helping us to improve the quality of our events. Please take a moment to comment on the continuing education program you recently attended and return to the monitor, mail to Sherman College CE Dept. or fax to 864-599-7145. All responses are confidential.

**PLEASE CIRCLE YOUR RESPONSE.**

Rating Scale:            4 - Excellent      3 - Good            2 - Satisfactory      1 - Poor

**SEMINAR CONTENT**

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Organization of materials	4	3	2	1	N/A
Usefulness of ideas, skills and techniques	4	3	2	1	N/A
Newness of the seminar information	4	3	2	1	N/A
The amount of hands-on demonstration was appropriate	4	3	2	1	N/A
Overall content rating	4	3	2	1	N/A

**PRESENTER RATING**

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The speaker held my interest	4	3	2	1	N/A
The speaker demonstrated superior knowledge of topic	4	3	2	1	N/A
The speaker interacted with participants and gave effective responses to questions	4	3	2	1	N/A
The speaker was well-prepared, organized and adhered to time allotted	4	3	2	1	N/A
The speaker's audio-visual media enhanced my learning experience	4	3	2	1	N/A
Overall presenter rating	4	3	2	1	N/A

**RESOURCE ASSESSMENT**

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Please rate the audiovisuals	4	3	2	1	N/A
Please rate the facility	4	3	2	1	N/A
Please rate the ease of registration	4	3	2	1	N/A
Did the program fulfill advertised promises?	Yes	No	Somewhat		
Are you a graduate of Sherman College?	Yes	No	Student		

What attracted you to this seminar?                      Content / Speaker / CE / Other\_\_\_\_\_

How did you hear about this seminar?                      Brochure / Website / Colleague / Advertisement  
Facebook / Email / Sherman Website / Sherman Shares

**ADDITIONAL COMMENTS**

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