



SHERMAN COLLEGE  
*of CHIROPRACTIC*  
CONTINUING EDUCATION

January 18, 2024

Office of Continuing Education  
P. O. Box 1452  
Spartanburg, SC 29304

**Subject: Continuing Education Approval**  
**Dr. Mo Knows Series 14**  
**Virtually Live**  
**April 20, May 18, June 15, 2024**

Enclosed is essential information regarding the program to be presented for **a total of 6 maximum CE hours** for licensure requirements.

Contained within this information are the instructor's credentials and course outline.

- Monique Andrews, D.C.

Based upon their credentials, education and experience the above-mentioned presenters have been approved by Sherman College of Chiropractic as post graduate extension faculty and qualified to present the information contained in the attached listed courses.

Attendance will be monitored at the door. Doctors are instructed to sign in at each time interval. At the conclusion of the program, Sherman College will send out attendance letters to the attending DCs. Each certificate includes the name of the program, the date, approval number and the number of hours of attendance.

Thank you for your consideration. Please let us know of any questions or additional information you may need.

Thank you,

*Rozelle Foster*  
Rozelle Foster  
Director of Continuing Education

Enclosures

Apr 20, 2024

2 hours

Monique Andrews MS DC DNM

**Neurological Models of Subluxation: A Review**

Outline

**I. Introduction to neurology relevant to chiropractic and neuro-spinal systems**

Review of relevant anatomy and physiology of nervous system and spinal column

**II. In depth discussion of 4 most common Neurological Models of Subluxation**

1. IVF Encroachment
2. Dentate Ligament Cord Distortion
3. Dysafferentation
4. Neuroplasticity

**III. Current research and future directions**

The content and focus will be a presentation of peer reviewed scientific data across multiple clinical and basic science research disciplines.

**IV. Structured workshop**

Communication exercises and Q & A

May 18, 2024

2 hours

Monique Andrews MS DC DNM

***A Chiropractic Role in Addiction***

Outline

**I. Introduction to Addiction**

1. Understand the science behind Addiction

**II. In depth discussion**

1. Explore relationship between addiction and neurological systems
2. Examine how chiropractic's impact on neural system's related to addiction
3. Discuss the potential impact chiropractor may import

**III. Current research and future directions**

The content and focus will be a presentation of peer reviewed data across multiple research disciplines.

**IV. Structured workshop**

Communication exercises and Q & A

**Dr Monique Andrews**

**DR MO KNOWS Series 14**

**Sherman College CE Application**

June 15, 2024

2 hours

Monique Andrews MS DC DNM

**Pain is in the Brain**

Outline

**I. Introduction to chronic pain**

Review of anatomy and physiology of chronic pain

**II. In depth discussion on the chiropractor's role in treating chronic pain**

1. Chronic pain and the opioid epidemic
2. Discuss the impact of subluxation in relation to chronic pain
3. Role of the chiropractor

**IV. Current research and future directions**

The content and focus will be a presentation of peer reviewed scientific data across multiple clinical and basic science research disciplines.

**IV. Structured workshop**

Communication exercises and Q & A

Dr. Monique Andrews is a chiropractor, neuroscientist and educator. As an international, award winning speaker and sought after presenter, Dr. Mo is a master at making difficult concepts accessible, weaving together neuroscience and philosophy into a deeper understanding of our chiropractic purpose. Few people possess the expertise, presence and wisdom to make a meaningful impact on humanity. Dr. Mo is a rare gift to our profession.

### **Highlights**

Doctor of Chiropractic  
 Master of Science (Neuroscience)  
 Professional Business Consultant and Coach  
 Teaching experience (University level) - 10 years  
 Chiropractic Practice - 12 years  
 Management experience - 14 years  
 Published Author  
 International Speaker

### **Education**

Doctor of Chiropractic, <i>Summa Cum Laude</i> Palmer College of Chiropractic, Davenport IA, USA	Jun 2001
Master of Science, Neuroscience Carleton University, Ottawa Ontario, CANADA	May 1994
Bachelor of Psychology, <i>High Honours</i> Carleton University, Ottawa Ontario, CANADA	Aug 1992

### **Teaching Experience**

Life Chiropractic College West Chair, Department of Basic Sciences	Jun 2015 – Jun 2019
Chair (Interim) Chiropractic Philosophy and Principles	Sep 2016 – Jul 2017
Professor – Neurology, Physiology, Philosophy, Business	Sep 2013 – Jun 2019
Palmer College of Chiropractic Extension Faculty – Intern Preceptorship Program	Spring 2006
Instructor - Spinal and Gross Anatomy, Laboratory	Oct 1998- Jun 2001
Teaching Assistant - Spinal Anatomy, Neurophysiology, Technique	Jun 1999- Jun 2001
Dissector - Gross Anatomy	Sep 1998-Oct 1999
Doula Certification College Program Ottawa, ON Instructor – Anatomy and Physiology	Sep 2003- Apr 2004
Carleton University Instructor – Intro to Neuroscience Research	Jun 1994- Jun 1996
Teaching Assistant – Neuroanatomy and Neurophysiology	Jun 1992-May 1994

### **Professional Experience**

The Prana Foundation, Co-Founder	Nov 2019 - present
Private Practice - <i>The Prana Group Inc</i> Co-founder, Chiropractor and Director	Dec 2001- Dec 2013
Professional Coaching Consultant	Jan 2011 – Aug 2013

### **Research Experience**

Palmer College of Chiropractic Graduate Research Project and Paper	Jan – Jun 2001
Carleton University Research Associate – Neuropsychopharmacology	Jun 1994- Jun 1996
Graduate Student Research – Psychoneuroimmunology	Jun 1992-May 1994

### **Post Graduate Certifications**

Applied Functional Medicine Clinical Practitioner (AFMCP) Institute of Functional Medicine, Gig Harbour, WA USA	Dec 2006
Doctor of Natural Medicine (DNM) The Examining Board of Natural Medicine Practitioners, Toronto, ON	Nov 2005

## Distinctions and Awards

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Axiom Seminar, Amsterdam – Best Speaker	2019
Life Chiropractic College West	
Administrator of the Year	2016, 2017
Faculty of the Year	2015
Palmer College of Chiropractic	
Presidential Citation for Distinguished Service	Jun 2001
Presidential Scholar	
Vogt Leadership Society Scholarship	Jun 1999
Palmer International Student Scholarship	Mar 1998
Carleton University	
National Institute on Drug Abuse (US) Research Award	Sep 1992-94
Medical Research Council (MRC) of Canada Scholarship	Sep 1992-93
Natural Sciences Energy Research Council (NSERC) Award	May 1991-92

## Speaking Engagements & Conference Presentations

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Alliance of New Mexico Chiropractors	Mar 2020
Cal Jam	Feb 2020
Colorado Chiropractic Association	Oct 2019
NZCC Lyceum	Sep 2019
The Kids Summit – Sydney, Australia	Sep 2019
Axiom – Amsterdam, Netherlands	Aug 2019
AutismONE – Chicago, USA	May 2019
The Berkshire Philosophy Event – Boston, USA	Mar 2019
Seminaria Neurologia Actualizada – Toluca, Mexico	Dec 2018
ChiroFEST – Vancouver, USA	Sep 2018
Mile High – Denver, USA	Aug 2018
The Berkshire Philosophy Event – Boston, USA	Apr 2018
The WAVE – San Francisco, USA	Aug 2017
Life Chiropractic College West - Commencement Speaker	Dec 2016
ACC RACC - Attendee	2015, 2016, 2017
Heel International Homotoxicology Symposium - Speaker	Apr 2008
Palmer College of Chiropractic Lyceum - Speaker	Aug 2003
World Congress of Chiropractic Students Conference – Chairperson	Sep 2000
Society for Neuroscience, 25 & 26th Annual Scientific Meeting - Presenter	Nov 1995, 1996

## Professional Affiliations

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California Chiropractic Examining Board (Active)
College of Chiropractors of Ontario (Inactive)
Examining Board of Natural Medicine Practitioners, Canada, <i>Registration Number 330805</i>
Institute of Functional Medicine, <i>Member</i>
Chiropractic Awareness Council, <i>Member</i>

## Publications

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- Andrews, M. (2001) **Graduate Research Paper- Palmer College of Chiropractic**, *Effects of Upper Cervical Chiropractic Care on Systolic and Diastolic Blood Pressure in a Patient with Moderate Hypertension.*
- Brebner, K., Froestl, W., Andrews, M., Phalen, R., and Roberts, D.C.S. (vol. 38(11): 1797-804. 1999) **Neuropharmacology**, *The GABAB agonist CGP 44532 Decreases Cocaine Self-administration in rats: Demonstration using a Progressive Ratio and a discrete trials procedure.*
- Roberts, D.C.S. and Andrews, M. (vol. 131(3):271-7, 1997) **Psychopharmacology**, *Baclofen suppression of Cocaine Self-administration : Demonstration using a discrete trials paradigm.*
- Zacharko, R.M., Zalzman, S., MacNeil, G.M., Andrews, M., Mendella, P.D. and Anisman, H. (vol. 58(4): 881-6, 1997) **Pharmacology, Biochemistry and Behavior**. *Differential effects of immunological challenge on self-stimulation from the nucleus accumbens and the substantia nigra.*
- Roberts, D.C.S, Andrews, M., and Vickers, G.J. (vol. 15:417-423, 1996) **Neuropsychopharmacology**. *Baclofen attenuates the reinforcing effect of cocaine in rats.*



**SHERMAN COLLEGE**  
*of CHIROPRACTIC*

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**CONTINUING EDUCATION**

Sherman College of Chiropractic  
Continuing Education Postgraduate Department  
PO Box 1452  
Spartanburg, SC 29304  
(800) 849-8771, extension 229

**Attendance Verification**

*Issued Date: Put the current date here*

Course Title: **Dr. Mo Knows Series 14**  
Course Code / Approval Number:  
Dates of the Seminar: **April 20, May 18, June 15, 2024**  
Location: **Virtually Live**

This is to certify that:

License No:

attended the above seminar and has received    hours of Continuing Education.

The Continuing Education Department does not forward hours to the State Board(s) unless requested by the State Board. Please make a copy for your records and mail original to the appropriate State Board(s) when applicable.

Thank you,

*Rozelle Foster*

Rozelle Foster  
Director of Continuing Education



**CONTINUING EDUCATION PROGRAM EVALUATION**

**Dr. Mo Knows Series 14**

**Various Dates | Virtually Live**

**Your opinion is valued!** Thank you for helping us to improve the quality of our events. Please take a moment to comment on the continuing education program you recently attended and return to the monitor, mail to Sherman College CE Dept. or fax to 864-599-7145. All responses are confidential.

**PLEASE CIRCLE YOUR RESPONSE.**

Rating Scale:            4 - Excellent      3 - Good            2 - Satisfactory      1 - Poor

**SEMINAR CONTENT**

Organization of materials	4	3	2	1	N/A
Usefulness of ideas, skills and techniques	4	3	2	1	N/A
Newness of the seminar information	4	3	2	1	N/A
The amount of hands-on demonstration was appropriate	4	3	2	1	N/A
Overall content rating	4	3	2	1	N/A

**PRESENTER RATING**

The speaker held my interest	4	3	2	1	N/A
The speaker demonstrated superior knowledge of topic	4	3	2	1	N/A
The speaker interacted with participants and gave effective responses to questions	4	3	2	1	N/A
The speaker was well-prepared, organized and adhered to time allotted	4	3	2	1	N/A
The speaker's audio-visual media enhanced my learning experience	4	3	2	1	N/A
Overall presenter rating	4	3	2	1	N/A

**RESOURCE ASSESSMENT**

Please rate the audiovisuals	4	3	2	1	N/A
Please rate the facility	4	3	2	1	N/A
Please rate the ease of registration	4	3	2	1	N/A
Did the program fulfill advertised promises?	Yes	No	Somewhat		
Are you a graduate of Sherman College?	Yes	No	Student		

What attracted you to this seminar?                      Content / Speaker / CE / Other\_\_\_\_\_

How did you hear about this seminar?                      Brochure / Website / Colleague / Advertisement  
Facebook / Email / Sherman Website / Sherman Shares

**ADDITIONAL COMMENTS**

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