



SHERMAN COLLEGE
of CHIROPRACTIC
CONTINUING EDUCATION

November 28, 2023

Office of Continuing Education
P. O. Box 1452
Spartanburg, SC 29304

Subject: Continuing Education Approval
NetworkSpinal Discover Care Experience
Trois-Rivieres, Quebec, CAN
January 20-21, 2024

Enclosed is essential information regarding the program to be presented for **a total of 16 maximum CE hours** for licensure requirements.

Contained within this information are the instructor's credentials and course outline.

- Pierre Bernier, D.C.
- Christine Bourque, D.C.

Based upon their credentials, education and experience the above-mentioned presenters have been approved by Sherman College of Chiropractic as post graduate extension faculty and qualified to present the information contained in the attached listed courses.

Attendance will be monitored at the door. Doctors are instructed to sign in at each time interval. At the conclusion of the program, Sherman College will send out attendance letters to the attending DCs. Each certificate includes the name of the program, the date, approval number and the number of hours of attendance.

Thank you for your consideration. Please let us know of any questions or additional information you may need.

Thank you,

Rozelle Foster
Rozelle Foster
Director of Continuing Education

Enclosures

NETWORKSPINAL DISCOVER CARE EXPERIENCE
2024 COURSE OUTLINE

- Course Title:** NetworkSpinal Discover Care Experience
- Course Hours:** 16 hours face-to-face instruction
- Course objective:** To instruct practitioners in NetworkSpinal Discover Care

Course summary:

This seminar explores the theory, analysis and protocol of NetworkSpinal (NS) Discover Care. During the Discover Care Seminar participants will learn: the clinical objectives of NS; models of spinal and neural integrity; introduction to Somato Respiratory Integration exercises; adverse mechanical cord tension; and the NS phasing system. The program includes lecture, demonstration and hands-on experiential practice, and online distance learning support.

Saturday 9:00 AM – 9:30 AM

Seminar Overview and Objectives

- NS as an outcomes assessment approach
- Reorganizational Healing and Restorative Therapeutics
- Epstein model of spinal and neural integrity, including spinal subsystems
- Spinal Gateways
- Adverse Mechanical Cord Tension and 5 phases
- Network Wave and spinal reorganization

Saturday 9:30 AM – 10:30 AM

Clinical Objectives of NS Care

NetworkSpinal is composed of the following elements applied in a non-linear, open systems model. Each model is discussed and integrated through the seminar.

1. Epstein model of Spinal and Neural Integrity
2. Phasing System for identification and classification of Spinal Cord Tension patterns
3. Seasons of Care involving emerging properties within the spine, nervous system, cognitive self awareness, and of enhanced wellness and quality of life
4. A system of spinal low force applications consistent with the above
5. Outcome assessments by the practitioner as to the above, along with practice member self reported assessments.

Saturday 10:30 AM – 10:45 AM - BREAK

Saturday 10:45 AM – 11:45 AM

Epstein Model of Spinal and Neural Integrity

- The function of spinal integrity subsystems
- Discussion of the components of the passive system
- Discussion of the active system

NETWORKSPINAL DISCOVER CARE EXPERIENCE
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- Discussion of the neural control system
- Discussion of the emotional system
- Discussion of oscillation, and coordinated function
- Discussion of factors which will impair spinal stability and integrity
- Discussion of indications of subsystem interference
- Discussion of lack of recovery of the subsystems from tension
- Discussion of dissipation of tension from the subsystems
- Evaluation tools for spinal and neural integrity
- The Somatopsychic and Respiratory waves as energy dissipating mechanisms
- How does one evaluate that a spine and nervous system is healthier?
- Outcome assessments for spinal and neural integrity.

Saturday 11:45 AM – 1:15 PM

Indicators (parameters) of adverse mechanical cord tension:

- Flexion-extension distortion of spine
- Lateral flexion distortion of spine
- Paraspinal muscle facilitation

Parameters for specific spinal cord tension patterns

- cervical syndrome
- Z-flick
- Positive Ilium
- Leg adduction stress
- Leg abduction stress
- Postural indicators and adaptive patterns

Spinal cord tension parameters: demonstration and hands on workshop

Saturday 2:45 PM – 4:45 PM

The Clinical Phasing System: lecture, demonstration and hands on workshop

- Phase One: Occiput and Sacral notch Cord Tension Patterns
- Phase Two: First and Fifth cervical spinal Cord Tension Patterns

Saturday 4:45 PM – 5:00 PM - BREAK

Saturday 5:00 PM – 7:00 PM

The Clinical Phasing System: lecture, demonstration and hands on workshop

- Phase Three: Lateral Pelvic and sacral Cord Tension Patterns

Saturday 7:00 PM – 7:30 PM

Introduction to Somato Respiratory Integration

- Demonstration Somato Respiratory Integration Stage 1 Exercise.
- Hands-on practice Somato Respiratory Integration Stage 1 Exercise

NETWORKSPINAL DISCOVER CARE EXPERIENCE
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Sunday 8:00 AM –10:00 AM

The Clinical Phasing System: lecture, demonstration and hands on workshop

- Phase Four: Second and third cervical Cord Tension Pattern

Sunday 10:00 AM – 10:15 AM - BREAK

Sunday 10:15 AM – 12:15 PM

The Clinical Phasing System: lecture, demonstration and hands on workshop

- Phase Five: Flexion/Extension Cord Tension Pattern of C5 with Coccyx
Lateral Bending cord Tension Pattern with C2 and Sacrum

Sunday 1:45 PM – 3:15 PM

NetworkSpinal Late Discover Care: Introduction, lecture, demonstration

- Detecting and Addressing the Spinal Gateway
- Longer duration contacts
- Observing and evaluation of changes in the passive, active, and neural control subsystems
- Achieving significant separation at the vertebral articulations as a consequence of the appropriate force application
- Development of the Network Wave
- The use of Late Discover Care as a means of enhancing spinal and neural integrity and promoting the development of the Somatopsychic wave
- Late Discover clinical outcome assessment and patient self-assessment of wellness and quality of life

Sunday 3:15 PM – 3:30 PM - BREAK

Sunday 3:30 PM – 5:00 PM NetworkSpinal Late Discover Care: hands on workshop

- Continued hands on application of Early and Mid Discover Care
- Hands on application of Late Discover Care
- All spinal phases
- Facilitated sponsorship of clinical skills

Sunday 5:00 PM – 5:30 PM

The Clinical Phasing System: Review

- Phase One: Occiput and Sacral notch Cord Tension Patterns
- Phase Two: First and Fifth cervical spinal Cord Tension Patterns
- Phase Three: Lateral Pelvic and sacral Cord Tension Patterns
- Phase Four: Second and third cervical Cord Tension Pattern
- Phase Five: Flexion/Extension Cord Tension Pattern of C5 with Coccyx
Lateral Bending cord Tension Pattern with C2 and Sacrum

Bio Dr Pierre Bernier Chiropraticien

Graduated from CMCC 1982

From 1984 to 1986 vice president of X-Rays committee for l'ordre des chiropraticiens du Québec.

From 1985 to 1997 member of the board of l'ordre des chiropraticiens du Quebec.

1987 to 1997 president of the peer review committee.

Master practitioner of NLP 1989.

Coach university diplomate 2000.

Member of the coaching team of CLA 1998 to 2001.

1997 to 2010 member of the boards of directors of the Association for Network Care.

From 2005 to now main instruction for NSA in Canada.

2008 to 2015 cofounder of X-cels , an international company coaching NSA practitioners world wide.

Dr Pierre has been teaching dozens of seminars and programs to chiropractors in Canada, in the US and in many Europeans countries.

He has written over 900 articles in the last 18 years concerning health and healing.

He has created over 10 different workshops that he presents to his practice members on a regular basis.

Dr. Christine Bourque DC

Graduated from CMCC in Toronto, Canada in 1982.

Mother of 4 beautiful children.

Certified master practitioner in NLP with John Grinder.

Practitioner of Directional Non Force technique (DNFT) in 1987-1991.

Network Chiropractic practitioner since 1991 then became a Network Spinal Analysis practitioner.

Certified Level 3 NSA practitioner and since 2005, on teaching staff for Wise World Seminars.

Team teacher and coach for X-cels, a Chiropractic management company for the NSA DCs from 2008 to 2015.



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Sherman College of Chiropractic
Continuing Education Postgraduate Department
PO Box 1452
Spartanburg, SC 29304
(800) 849-8771, extension 229

Attendance Verification

Issued Date: Put the current date here

Course Title: **NetworkSpinal Discover Care Experience**

Course Code / Approval Number:

Dates of the Seminar: **January 20-21, 2024**

Location: **Trois-Rivieres, Quebec**

This is to certify that:

License No:

attended the above seminar and has received ? hours of Continuing Education.

The Continuing Education Department does not forward hours to the State Board(s) unless requested by the State Board. Please make a copy for your records and mail original to the appropriate State Board(s) when applicable.

Thank you,

Rozelle Foster

Rozelle Foster

Director of Continuing Education



CONTINUING EDUCATION PROGRAM EVALUATION
NetworkSpinal Discover Care Experience
January 20-21, 2024 | Trois-Rivieres, Quebec

Your opinion is valued! Thank you for helping us to improve the quality of our events. Please take a moment to comment on the continuing education program you recently attended and return to the monitor, mail to Sherman College CE Dept. or fax to 864-599-7145. All responses are confidential.

PLEASE CIRCLE YOUR RESPONSE.

Rating Scale: 4 - Excellent 3 - Good 2 - Satisfactory 1 - Poor

SEMINAR CONTENT

Organization of materials	4	3	2	1	N/A
Usefulness of ideas, skills and techniques	4	3	2	1	N/A
Newness of the seminar information	4	3	2	1	N/A
The amount of hands-on demonstration was appropriate	4	3	2	1	N/A
Overall content rating	4	3	2	1	N/A

PRESENTER RATING

The speaker held my interest	4	3	2	1	N/A
The speaker demonstrated superior knowledge of topic	4	3	2	1	N/A
The speaker interacted with participants and gave effective responses to questions	4	3	2	1	N/A
The speaker was well-prepared, organized and adhered to time allotted	4	3	2	1	N/A
The speaker's audio-visual media enhanced my learning experience	4	3	2	1	N/A
Overall presenter rating	4	3	2	1	N/A

RESOURCE ASSESSMENT

Please rate the audiovisuals	4	3	2	1	N/A
Please rate the facility	4	3	2	1	N/A
Please rate the ease of registration	4	3	2	1	N/A
Did the program fulfill advertised promises?	Yes	No	Somewhat		
Are you a graduate of Sherman College?	Yes	No	Student		

What attracted you to this seminar? Content / Speaker / CE / Other_____

How did you hear about this seminar? Brochure / Website / Colleague / Advertisement
Facebook / Email / Sherman Website / Sherman Shares

ADDITIONAL COMMENTS

