

COURSE SYLLABUS

**“An Integrative Approach to Balancing Female Hormones” – 5 Hrs
Presented by Robert Scott, ND**

&

**“Ethics, Risk Management, Record Keeping & Board Rules” – 4 Hours
Presented by Amy Wood, DC**

DATE/LOCATION:

October 14-15, 2022
Live, Online Seminar

TIME:

Friday: 4:00pm-8:00pm and Saturday: 3:00pm – 8:00pm CST

TUITION:

\$65.00 with CEUs

9 Hour Course (including 4 Mandatory hours)

Seminar Overview: The goal of this course is to provide the chiropractic practitioner with a host of support options and adjunct tools for integrating nutrition into the practice to optimize the health and wellbeing of the patient, with a particular focus on understanding, identifying, and evaluating normal and healthy female hormone levels and correlating nutritional deficiencies with nutritional and herbal needs. Specific topics will include identifying and evaluating the five most common female endocrine hormone dysfunctions and developing appropriate nutritional, diet, lifestyle and herbal recommendations to support the overall wellbeing of the chiropractic patient.

Upon completion of this course, attendees will understand how to support their female patients and assess any nutritional deficiencies and recommendations as an adjunct tool to musculoskeletal support. Attendees will also be able to draw connections between musculoskeletal conditions, structure, and nutritional deficiencies to determine a patient’s nutritional baseline, determine appropriate support solutions and provide clear nutritional and lifestyle instructions to the patient as adjunct tools.

Learning objectives/learning outcomes:

The chiropractic treatment of the subluxation associated with biochemical imbalances along with the appropriate nutritional support will benefit the Doctor of Chiropractic in achieving and maintaining total optimal health and healing for patients. *“Research at the A.T. Still Institute showed that spinal lesions resulted in pathological changes in the blood, urine, and tissue fluids. Spinal lesions of the atlas and axis (C1 & C2) were associated with abnormal function of the pituitary which resulted in abnormal hormone secretions.”* ***The understanding of the complexity involved and the nutritional support for these imbalances are essential for the Doctor of Chiropractic.***

Holistic nutrition is the adjunctive use of diet and food supplements and is a supportive tool for addressing the biochemical aspect of the physiotherapy. Relying on the perfect testimony of the recurring problem to determine nutritional needs provides chiropractic doctors with reliable

information as to what the body needs to achieve a higher level of health and wellness and to optimize movement.

These dynamic systems influence and regulate every cellular and physiological process of the human body. ***The balance of these system is directly associated with the subluxation complex. Toxins and nutritional deficiencies will affect the overall health and balance as well as the structural balance of the individual.*** The chiropractic physician is already well versed in addressing the structural issues for their patients. ***This seminar will give tools for evaluating the nutritional component of the subluxation complex*** as a ***supportive*** tool and as a ***subjective means of analyzing and evaluating the biomechanical condition*** of the subluxation to maximize the healing outcome as each component of the subluxation must be eliminated for proper healing to occur and for the rehabilitation process to be successful.

Vertebral subluxations change the entire health of the body by causing structural dysfunction of the spine and nerve interference. *“...The weight of a dime on a spinal nerve will reduce nerve transmission by as much as sixty percent” – Chang Ha Suh, PhD, Spinal Biomechanics Expert at University of Colorado.*

Friday, Oct 14, 2022

Title: Ethics, Risk Management, Record Keeping & Board Rules
Presented by Amy Wood, DC, MCS-P, BA, BS.

4:00pm – 4:15pm

- a) Documentation
 - a. 1997 E&M guidelines
 - b. Medicare
 - c. TBCE Rules

4:15pm – 4:30pm

- d. Medical Necessity
- e. ABN
- f. Macra/MIPS

4:30pm – 4:45pm

- g. Diagnosis
- h. Treatment Plans rule 77.12
- i. Objective measures

4:45pm – 5:00pm

- j. Daily Visits
- k. Re-exams
- l. Therapy
 - a) Rules of 8's
- m. Modifiers

5:00pm – 5:15pm

- b) Board Rules/Ethics
 - a. Consent to release
 - b. Charging for records

5:15pm – 5:30pm

- c. Unprofessional conduct 78.1
- d. Advertising/ Publicity rule 77.2
- e. Disclosure of charges 77.3

5:30pm – 5:45pm

- f. Misleading Claims 77.4
- g. Delegation of Authority 77.5

5:45pm – 6:00pm

- h. Practice of Chiropractic 78.2
- i. Spinal Screenings 78.17

6:00pm – 6:15pm

- j. Clinic ownership 73.1 - 73.4

6:15pm – 6:30pm

- k. Criminal backgrounds 78.3

6:30pm – 6:45pm

- l. Registration radiology technologist 74.2
- m. Student Loans 77.6

6:45pm – 7:00pm

- c) Legal
 - a) Anti – Kick Back
 - b) Stark Law

7:00pm – 7:15pm

- c) ADA

7:15pm – 7:30pm

- d) Business Associate agreements
- e) Billing companies

7:30pm – 7:45ppm

- f) HIPPA

7:45pm – 8:00pm

- g) Review and Q&A

Saturday, Oct 15, 2022

Topic – An Integrative Approach to Balancing Female Hormones

Presented by Robert Scott, ND

3:00 – 3:15:

- Understanding of HPA Axis and Hormones

3:15 – 3:30:

- Understanding the role and function of the HP Axis

3:30 – 3:45:

- Understanding the role of hormone physiology and terminology

3:45 – 4:00:

- Understanding the role that the adrenal glands play in maintaining proper hormone balance including the effects of prolonged stress on the chiropractic patient to support the overall health and well-being of the patient

4:00-4:15:

- Review of estrogen dominance and lifestyle factors and its impact on the chiropractic patient to better support the overall health and well-being of the patient

4:15-4:30:

- Understanding the medical understanding and impact of estrogen dominance on female and male hormone physiology of the chiropractic patient to better support the overall health and well-being of the patient

4:30-4:45:

- Continue discussion of the medical understanding and impact of estrogen dominance on female and male hormone physiology of the chiropractic patient in order to better support the overall health and well-being of the patient

4:45-5:00:

- Discuss the importance of liver function and detoxification in achieving and maintaining hormonal balance of the chiropractic patient to better support the overall health and well-being of the patient

5:00 - 5:15:

- Introduction to discussion of common female patient disorders and its impact on the chiropractic patient to better support the overall health and well-being of the patient

5:15-5:30:

- Understanding the medical understanding of amenorrhea and dysmenorrhea and heavy bleeding and its impact on the chiropractic patient to better support the overall health and well-being of the patient

5:30-5:45:

- Development of supportive protocols based on nutritional support, diet and lifestyle and key herbs as an adjunct tool to musculoskeletal treatment plans for the overall health and well-being of the chiropractic patient

5:45-6:00:

- Understanding the medical understanding of endometriosis and its impact on the chiropractic patient to better support the overall health and well-being of the patient

6:00-6:15:

- Development of supportive protocols based on nutritional support, diet and lifestyle and key herbs as an adjunct tool to musculoskeletal treatment plans for the overall health and well-being of the chiropractic patient

6:15-6:30:

- Understanding the medical understanding of uterine fibroids, PCOS and infertility and its impact on the chiropractic patient to better support the overall health and well-being of the patient

6:30-6:45:

- Development of supportive protocols based on nutritional support, diet and lifestyle and key herbs as an adjunct tool to musculoskeletal treatment plans for the overall health and well-being of the chiropractic patient

6:45 – 7:00:

- Understanding the medical understanding of menopause and its impact on the chiropractic patient to better support the overall health and well-being of the patient

7:00-7:15:

- Development of supportive protocols based on nutritional support, diet and lifestyle and key herbs as an adjunct tool to musculoskeletal treatment plans for the overall health and well-being of the chiropractic patient

7:15-7:30:

- Role of adrenals in menopause and its impact on the chiropractic patient in order to better support the overall health and well-being of the patient

7:30-7:45:

- Development of supportive protocols based on nutritional support, diet and lifestyle and key herbs as an adjunct tool to musculoskeletal treatment plans for the health and well-being of the chiropractic patient

7:45 – 8:00:

- Review and question and answer