

Chiropractic Family Practice/Functional Medicine
Council on Diagnosis Internal Disorders
1001 – Foundations of Chiropractic Family Practice

Title of Program: 1001 – Introduction to Chiropractic Family Practice
Times: Saturday 9:00 am to 6:00 pm, Sunday 9:00 am to 1:00 pm
Total CE hours: 12

Program Description:

This session provides discussion on how a chiropractic family practice functions. An overview of the program and how to begin working as a family practitioner.

Program Goals / Objectives: The student will have a detailed understanding of:

- Chiropractic as a primary gatekeeper
- The five components of primary care
- the significance of performing a comprehensive history and physical exam.
- the knowledge, skills, to interpret basic blood chemistries.
- the physical examination.

Program Topics:

- Evolution of Chiropractic
- History and Physical Exam
- Laboratory Values and Reference Ranges
- Managing patient protocols

Hour 1	<p><u>The Evolution of Chiropractic</u> evidence</p> <p>A. Challenges and Opportunities</p> <p>B. Staying Well is More Than the Absence of Disease</p> <p>C. Chiropractic Can Become the Number One Health Care Provider</p> <p>D. The Chiropractic Profession Must Accept its Responsibilities</p> <p><u>Primary Portal of Entry Provider or Gatekeeper</u></p> <p>A. The Five Components to Primary Care</p> <ul style="list-style-type: none">1. Accessibility2. Comprehensiveness of Service3. Coordination of Services4. Continuity of Services5. Accountability <p>B. Chiropractic Should Aggressively Fight for Gatekeeper Status</p> <p><u>The Current Health Care System</u></p> <p>A. 80% of All Money Spent on Health Care is Actually for Sick Care</p> <p>B. Chiropractic Caring for Life Threatening Conditions</p> <p>C. Chiropractic and Industry</p> <ul style="list-style-type: none">1. Neurotoxicity (A Growing Concern) <p>C. Chiropractic and Senior Citizens</p>
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Current Problems Facing Chiropractic

- A. Solutions: Provide Full Body Diagnosis and Care for Internal Disorders
- B. Purpose
- C. History

The Structure of a Good Health History

- A. Why Full Body Diagnosis?
- B. Interviewing and the Case History

Hour 2

Physical Examination

- A. Necessary Equipment
- B. Examination and Re-Examination
- C. General Examination
- D. Vital Signs
- E. Abdominal Examination
- F. Chest and Respiratory System
- G. Documentation

history and exam

Dangerous Back Pain

- 1. Five Significant Components to Always Consider in Patients with Back Pain
- 2. Aortic Aneurysm (Slow Leaking)

Hour 3

The Cardiovascular System

- A. Allopathy has Failed to Reduce Cardiovascular Disease
- B. Cardiovascular Arteriosclerotic Peripheral Disease
- C. The Cardiovascular Workup
- D. Consultation, History and Nutritional Intake
- E. Subjects Displaying Low HDL Cholesterol Values

history and exam

Cardiovascular Examination

- A. Ophthalmoscopic Examination
- B. Bilateral Seated Brachial Blood Pressure
- C. Spirometric Studies
- D. Computerized Electrocardiology
- E. Doppler Ultrasound and Plethysmography
 - 1. Doppler Advantages
- F. Peripheral Gradient Blood Pressures
 - 1. Aerobic Exercise
 - 2. Hair Analysis

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Hour 4	<u>Laboratory Testing</u> A. Laboratory Test for Back Pain B. Urinalysis	diagnosis
Hour 5	C. Lipids D. Glucose	diagnosis
Hour 6	E. Creatininine F. BUN G. Bun/Creatinine Ratio H. Sodium I. Potassium J. Chloride K. Co2	diagnosis
Hour 7	L. Calcium M. Total Protein N. Albumin O. Globulin P. A/G Ratio Q. C/A Ratio	diagnosis
Hour 8	R. Bilirubin S. Alkaline Phosphatase T. AST U. ALT	
Hour 9	V. GGT W. LDH X. Magesium Y. Phosphorus Z. Uric Acid	
Hour 10	AA. Thyroid Testing	
Hour 11	BB. WBC CC. RBC DD. Hemoglobin EE. Hematocrit FF. Platelets GG. Neutrophils HH. Lymphocytes	

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- II. Monocytes
- JJ. Eosinophils
- KK. Basophils
- LL. Serum Iron
- MM. Ferritin
- NN. CRP

Hour 12

Case Management
Protocol Management

evidence based outcome