

# ERIKA K. MENNERICK, DC, CERT. MDT

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## EXPERIENCE

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**President, Trillium Health & Wellness, S.C.** Elburn, IL, June 2005-present.

- Clinical practice addressing both musculoskeletal and integrative health care needs.
- Illinois Chiropractic Physician- license #038-010405.
- Wisconsin Chiropractor- license #4780-12.

**Motion Palpation Institute Instructor,** April 2010-present.

- Teach hands-on adjusting skills to students and doctors at post-graduate seminars.
- Developed and implemented a weekend course on treating pregnant and pediatric patients with hands on adjusting skills and rehab techniques. February 2016-present.

**Clinical Liaison, PERQUE Integrative Health (PIH),** Ashburn, VA. January 2017-February 2019.

- Assist doctors in the Chicagoland and Milwaukee area with implementation of ELISA/ACT Biotechnologies delayed-sensitivity allergy testing and PERQUE line of supplements.
- Present educational dinners to current and potential clients.
- Additional teaching at conferences as requested by PIH.

**Lecturer/Part-time Faculty, National University of Health Sciences (NUHS),** Lombard, IL, Department of Clinical Sciences, July 2007-December 2014.

- Teach both lecture and hands-on components of a broad range of courses and topics.
- Classes taught include:
  - EM6207 “Pediatrics, Geriatrics, and Female Health Issues.” Pediatric & Male/Female health portions of course. May 2010-December 2014.
  - MM6311 “Comparative Technique & Listings” May 2011-December 2013.
  - EC6181 “Ambulatory Trauma.” October 2009-2011.
  - CP6012 “Extremity Biomechanics & Technique.” July 2007-April 2009.
  - CP6013 “Thoracolumbar Biomechanics & Technique.” May-August 2009.
  - Various lectures on treating pregnant patients including pregnancy adjusting.
  - Participant in death and dying faculty panel for “Doctor-Patient Relationship” course. 2010-2014.
  - Guest lecture on Grief for “Doctor-Patient Relationship” course. 2013-2014.

**Lincoln College of Postprofessional, Graduate, and Continuing Education, NUHS,** Lombard, IL, June 2008-2009.

- Assist Dr. Terry Elder with adjusting seminars.

**Motion Palpation Institute Student Representative,** Lombard, IL, April 2003-June 2004.

- Organize and publicize seminars held at NUHS.
- Teach and lead the Motion Palpation Club at NUHS.

**Teaching Assistant & Tutor, Departments of Anatomy & Chiropractic Practice,** National University of Health Sciences, Lombard, Illinois, September 2002 – March 2004.

- Assist students with gross anatomy dissections and chiropractic technique.

**Chiropractic Assistant, Chiropractic Medicine and Associates (Dr. William Shelton and Dr. Frank Foreman),** Wheaton, Illinois, April 2003-January 2004.

## **EDUCATION**

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**Doctor of Chiropractic, National University of Health Sciences,** Lombard, IL. April 16, 2005.

**Bachelor of Science, National University of Health Sciences,** Lombard, IL. April 18, 2003.

- Major: Human Biology

**Bachelor of Arts, Gustavus Adolphus College,** St. Peter, MN. May 27, 2001.

- Major: Chemistry
- Minors: Scandinavian Studies (Swedish) and Music (Vocal Performance)

## **SKILLS AND CERTIFICATIONS**

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### **PERQUE Integrative Health**

- Certified Advanced Well Guard Provider, October 2016.
- Certified Well Guard Provider, 2007.

### **McKenzie Institute International**

- **Certified in Mechanical Diagnosis & Therapy (Cert. MDT),** December 7, 2013-present.

### **Motion Palpation Institute**

- Certified for Motion Palpation Technique since 2005; a chiropractic manipulative therapy.

### **Graston Technique**

- Certified in 2005 for instrument assisted deep soft tissue mobilization.

### **Webster Technique**

- Certified- March 2009; designed to optimize fetal positioning in the pregnant patient.

### **American Heart Association Basic Life Support for Healthcare Providers**

- Certified through January 2023.

### **Computer Skills**

- Proficient with Windows, Microsoft Word, Power Point, Excel, QuickBooks and more.
- Familiar medical billing coding and procedures.

## **HONORS**

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**Teacher of the Tri/Phase Award, National University of Health Sciences (NUHS),**  
Fall 2007, Fall 2009, Summer 2010, Fall 2010.

**Dean's List of Students, NUHS,** April 2002, August 2003, December 2003.

**Honor Roll of Students for Exemplary Academic Achievement, NUHS,**  
August 2002, April 2003, April 2004.

**Scholarship Recipient, NUHS,** November 2003, June 2004.

## **PROFESSIONAL AFFILIATIONS**

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**American Chiropractic Association.** Member, 2005-present.

**Illinois Chiropractic Society.** Member, 2003-present.

- Serving on the Board of Directors as a Member at Large, January 2021-present.
- Vice President of the Northern Illinois District, October 2015-September 2019.
  - Host quarterly dinners to inform area doctors about the benefits and activities of the ICS in our state legislature.
- Vision and Planning Team member- 2018, 2019, 2020.

**McKenzie Institute International.** Member, 2013-present.

## **CONTINUING EDUCATION**

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McKenzie Method of Mechanical Diagnosis & Therapy “Advanced MDT: Clinical Decision Making.” Scott Herbowy, PT, OCS, Dip. MDT and Yvonne Body, PT, MHSc, Dip. MDT. June 22-23, 2019. Chicago, IL.

Motion Palpation Institute. “Sports Symposium,” Multiple instructors. March 23-24, 2019. Lombard, IL.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS) According to Kolár: A Developmental Kinesiology Approach: Course C.” Petra Valouchova, MPPT, PhD. March 15-17, 2019. Oakbrook, IL.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS): Women’s Health.” Martina Jezkova, DPT and David Jeurhing, DC. April 16-17, 2018. Lisle, IL.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS): Yoga I.” Martina Jezkova, DPT. April 14-15, 2018. Carol Stream, IL.

Illinois Chiropractic Society: Heartland Symposium: “The Power of Interprofessional Relations: Case Studies and Clinical Outcomes,” David Flatt, DC, DABCO. “The Chiropractic Guide to Optimal Coding and Compliance,” Mario Fucinari, DC. April 7, 2018. Springfield, IL.

“Global Gait Analysis and Orthotic Posting.” Ben Fergus, DC and Shawn Eno, C. Ped. Evanston, IL. December 9-10, 2017.

“A World Of Hurt: An Overview of the Pain Mechanism Classification System, Diagnosis and Therapy.” Annie O’Connor, PT, OCS, Cert. MDT; Tom Lotus, DC, FACO, Cert. MDT; Gina Sirchio-Lotus, DC, CCN. Chicago School of Psychology. Chicago, IL. May 5, 2017.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS): Movement Prep and Flow for the Athlete.” Michal Truc, MPPT and Michael Rintala, DC. April 1-2, 2017. Carlsbad, CA.

McKenzie Method of Mechanical Diagnosis & Therapy “Part E: Advanced Extremities.” Scott Herbowy, PT, Dip. MDT. September 10-11, 2016. Elmhurst, IL.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS): Exercise Course Part I.” Zuzana Suzan, MPT and Robert Lardner, PT. March 5-6, 2016. Skokie, IL.

National University of Health Sciences. “Infant (birth-three) Assessment & Alternative Treatment Techniques.” Kristine Tohtz, DC. February 6-7, 2016. Lombard, IL.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS): Visceral Dysfunction and Viscero-Somatic Patterns.” Petr Bitnar, MPT. October 23-25, 2015. Skokie, IL.

Illinois Chiropractic Society. “Conquering ICD-10,” August 22, 2015. Oakbrook, IL.

Motion Palpation Institute. “Sports Symposium,” Multiple instructors. March 28-29, 2015. Lisle, IL.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS) According to Kolár: A Developmental Kinesiology Approach: Course B.” Magdalena Lepsikova, MPT. October 9-12, 2014. Skokie, IL.

Rehabilitation Prague School. “Dynamic Neuromuscular Stabilization (DNS) According to Kolár: A Developmental Kinesiology Approach: Course A.” Magdalena Lepsikova, MPT and Robert Lardner, PT. October 4-6, 2014. Skokie, IL.

McKenzie Method of Mechanical Diagnosis & Therapy “Part D: Advanced Cervical Spine and Upper Extremity.” Steve Heffner, DC, Dip. MDT. March 9-10 & April 13-14, 2013. Lombard, IL.

McKenzie Method of Mechanical Diagnosis & Therapy “Part C: Advanced Lumbar Spine & Lower Extremity.” Steve Heffner, DC, Dip. MDT. January 12-13 & February 9-10, 2013. Lombard, IL.

McKenzie Method of Mechanical Diagnosis & Therapy “Part B: Cervical Spine.” Steve Heffner, DC, Dip. MDT. June 16-17 & July 14-15, 2012. Lombard, IL.

McKenzie Method of Mechanical Diagnosis & Therapy “Part A: Lumbar Spine.” Steve Heffner, DC, Dip. MDT. March 24-25 & April 21-22, 2012. Lombard, IL.

National University of Health Sciences. “TMJ Rehabilitation.” Brett Winchester, DC. April 16-17, 2011.

Motion Palpation Institute. “Mastering Gait.” Drs. Campbell, King, Lotus, Winchester. March 26-27, 2011. Oak Brook, IL.

Motion Palpation Institute. “Lower Quadrant Functional Assessment.” Drs. Winchester, King, and Lotus. November 20-21, 2010.

American Nutrition Association. “Using Nutrition to Optimized Performance and Health in Athletes.” Julie Burns, MS, RD, CCN. November 4, 2010. Lombard, IL.

Motion Palpation Institute. “The Disc.” Stephen Heffner, DC; Thomas Lotus, DC; Brett Winchester, DC. September 16-17, 2010. St. Louis, MO.

Motion Palpation Institute. "Upper Quadrant Functional Assessment & Treatment," Corey Campbell, DC and Thomas Lotus, DC. July 24-25, 2010. Lombard, IL.

Motion Palpation Institute. "Full Spine Analysis & Adjustive Technique," Drs. Campbell, Elder, Faye, King, Macchi, Winchester. March 27-28, 2010. Lombard, IL.

NUHS. "Mastery of Common & Problematic Clinical Disorders," Alex Vasquez, DC, ND. September 26-27, 2009. Lombard, IL.

NUHS Homecoming. "Leading in Difficult Economic Times," Bob Prosen; "Thriving in 2009," Frank Strehl, DC, DABCI; "A Foundational Health Protocol of Health Optimization & Patient Retention" and "Growing a Successful Practice by Successfully Treating Common & Complex Problems," Alex Vasquez, DC, ND. June 18-20, 2009. Lombard, IL.

Perque. "Saturday Wellness Series." Four Sessions. Antonio Bifero, DC; Brian McGuckin, DC, DABCI; Frank Strehl, DC, DABCI. April-May, 2009. Lombard, IL.

International Chiropractic Pediatric Association. "Perinatal Care: Webster Certification," Jeanne Ohm, DC. March 28-29, 2009. Chicago, IL.

"Injury Diagnosis & Treatment: Low Back," Craig Buhler, DC. September 27-28, 2008. Westmont, IL.

"Unlocking the Secrets of Gluten Sensitivity," Thomas O'Bryan, DC. September 7, 2008. Chicago, IL.

NUHS Homecoming. "Unlocking the Mystery of Gluten Sensitivity," Thomas O'Bryan, D.C.; "Chronic Stress: Antagonist to Whole Health," Christopher Mote, DC; "Oxidative Stress: Identifying & Mitigating a Powerful Disease Promoter," Fraser Smith, ND; "Integrative Chiropractic Care in Sports & Rehabilitation," Donald Aspergren, DC; "Models of Integrative Care in Chiropractic," Matthew Kowalski, DC. June 20-21, 2008. Lombard, IL.

NUHS. "Pediatrics: Infant Assessment & Treatment Techniques," Kristine Tohtz, D.C. May 31-June 1, 2008. Lombard, IL.

NUHS. "Pediatrics: Prenatal Care & Webster Technique," Kristine Tohtz, D.C. March 8-9, 2008. Lombard, IL.

NUHS Homecoming. "Understanding Key Mechanism of Inflammation: Part I: Neurogenerative Disease, Part II: Prostatic Disease," (Seaman); "Understanding Key Mechanisms: Part III: Neuromuscular Facilitation," (Waerlop); "Janda and Beyond: The Future of Rehabilitation," (Lardner); "Pathologic Movement Patterns in Gait: Using Functional Chains to Diagnose and Treat," (S. Allen); "New Interventions in Treatment of Chronic Pain: Clinical Integration, Patient Management, Case Reports," (Vasquez); "Integrative Approach to Clinical Problem Solving," (6 Speaker Panel). June 22-24, 2007. Lombard, IL.

"Pitfalls in Pain Management," Yuan Chen, MD. May 2, 2007. St. Charles, IL.

"Resolving Candida," Frank Strehl, DC, DABCI. August 30, 2006. Webinar.

NUHS Homecoming. “Vertigo- Current Examination and Treatment Guidelines for BPPV,” (Joy); “Lumbar Stenotic Syndromes- pathophysiology, Diagnosis & Current Management ,”(Kowalski); “Update to Spinal Stability: Upper and Lower Extremity Integration,” (Fonda). June 24, 2006. Lombard, IL.

“Emerging Risk Factors for Cardiovascular Health,” Thomas Guillans, PhD and Joel Pins, PhD, LN. May 18, 2006. Chicago, IL.

NUHS “Clinical Orthopedics: Shoulder Functional Rehabilitation,” Scott Fonda, DC, DABCO. February 11-12, 2006. Lombard, IL.

“Understanding Lipoproteins Dyslipidemias,” Thomas Guillans, PhD and Joel Pins, PhD, LN October 27, 2005. Chicago, IL.

Motion Palpation Institute, “Chiropractic Masters Series,” various instructors, April 30-May 1, 2005. Lombard, IL.

## **POST-GRADUATE TEACHING AND PRESENTATIONS**

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Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. June 19-20, 2021. Overland Park, KS.

Forward Thinking Chiropractic Alliance. SHIFT Summit 2021. “Life Throws You Curveballs: Learning Through Grief.” April 2021. Virtual/Online seminar.

Motion Palpation Institute. 2021 Virtual Sports Symposium. “Staying Healthy & Strong Throughout Pregnancy.” March, 2021. Virtual/Online seminar.

Parker University. Instructor at the “Skill-Up” event teaching full spine analysis & adjustive technique. December 5, 2020. Dallas, TX.

Forward Thinking Chiropractic Alliance. Student Success Summit 2020. “Overcoming Fears: Why Every Doc Should Treat Pregnant Patients.” November 2020. Virtual/Online seminar.

Motion Palpation Institute. 2020 MPI Virtual Summit. “Pregnancy and Pediatric Chiropractic Technique.” July, 2020. Virtual/Online seminar.

Motion Palpation Institute. “Full Spine Analysis and Adjustive Technique.” Instructor of record. March 7-8, 2020. Marietta, GA.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. November 23-24, 2019. Portland, OR.

Motion Palpation Institute. “Full Spine Analysis & Adjustive Technique,” Co-taught with Drs. Campbell, King, Macchi, Winchester. September 29-30, 2019. Kansas City, MO.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. August 24-25, 2019. Daytona Beach, FL.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. July 27-29, 2019. Lombard, IL.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. April 13-14, 2019. St. Louis, MO.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. April 6-7, 2019. Marietta, GA.

Motion Palpation Institute. “MPI Upper Integration.” Instructor of record. March 2-3, 2019. Auburn, NY.

Forward Thinking Chiropractic Alliance. “Postpartum Rehab.” 4 hour presentation as part of the FTCA P3- Pregnancy, Postpartum, and Pediatrics Seminar. November 3-4, 2018. Minneapolis, MN.

Motion Palpation Institute. “MPI Extremity Technique.” Instructor of record. October 20-21, 2018. Auburn, NY.

Motion Palpation Institute. “Full Spine Analysis & Adjustive Technique,” Co-taught with Drs. Campbell, King, Macchi, Winchester. September 29-30, 2018. St. Louis, MO.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. July 21-22, 2018. Kansas City, MO.

Motion Palpation Institute. “MPI Upper Integration.” Instructor of record. May 28-29, 2018. Portland, OR.

PERQUE Integrative Health. “Functional Immunology in Clinical Practice: Principles and Techniques for Restoring Immune Tolerance.” May 8, 2018. Schaumburg, IL.

PERQUE Integrative Health. “Functional Immunology in Clinical Practice: Principles and Techniques for Restoring Immune Tolerance.” May 15, 2018. Atlanta, GA.

Illinois Chiropractic Society: Heartland Symposium: “Chiropractic Management of Pregnant and Post-partum patients.” April 6, 2018. Springfield, IL.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. February 10-11, 2018. Portland, OR.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. May 27-28, 2017. St. Louis, MO.

Motion Palpation Institute. “Full Spine Analysis and Adjustive Technique.” Instructor of record. June 17-18, 2017. Seneca Falls, NY.

Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. November 19-20, 2016. Lombard, IL.

Motion Palpation Institute. "Full Sine Analysis & Adjustive Technique," Co-taught with Sarah Macchi, DC. July 30-31, 2016. Lombard, IL.

Motion Palpation Institute. "Full Sine Analysis & Adjustive Technique," Co-taught with Mark King, DC, Corey Campbell, DC, Sarah Macchi, DC, and Brett Winchester, DC. September 25-26, 2016. St. Louis, MO.

Motion Palpation Institute. "Chiropractic Management of Pregnant and Pediatric Patients." Instructor of record. June 11-12, 2016. Kansas City, KS.

Motion Palpation Institute. "Chiropractic Management of Pregnant and Pediatric Patients." Instructor of record. May 21-22, 2016. San Jose, CA.

PERQUE Integrative Health. "Applications of PERQUE Product and ELISA/ACT LRA via Case Presentations." May 5, 2016. Chicago, IL.

Motion Palpation Institute. "Full Spine Analysis & Adjustive Technique: Focus on Female Patients Throughout the Lifecycle." Co-taught with Sarah Macchi, DC. April 22-24, 2016. Skandinaviska Kiropraktorhögskolans. Stockholm, Sweden.

Motion Palpation Institute. "Chiropractic Management of Pregnant and Pediatric Patients." Instructor of record. February 27, 2016. Cincinnati, OH. (Doctors' in-service for Mount Lookout Chiropractic).

PERQUE Integrative Health at the American College for the Advancement of Medicine. Provided case presentations within Dr. Russell Jaffe's day-long intensive seminar "Predictive Biomarkers: Implementing the New Standard in Evidence-based Personalized Medicine." November 12, 2015. Las Vegas, NV.

Motion Palpation Institute. "Full Spine Analysis & Adjustive Technique," Co-taught with Drs. Campbell, King, Macchi, Winchester (all DC's). September 26-27, 2015. Kansas City, KS.

Motion Palpation Institute. "Full Sine Analysis & Adjustive Technique," Co-taught with Dr. Sarah Macchi. April 18-19, 2015. San Jose, CA.

Long Term Wellness: Practical Applications of Functional Nutrition. "Delayed Hypersensitivity Testing: A Window to the Immune System." Conference lecture. November 1, 2014. Newark, DE. Sponsored by Perque Integrative Health.

Motion Palpation Institute. "Full Spine Analysis & Adjustive Technique," Co-taught with Drs. Campbell, Elder, King, Lotus, Macchi, Winchester. September 27-28, 2014. St. Louis, MO.

Motion Palpation Institute. "Full Sine Analysis & Adjustive Technique," Co-taught with Dr. Sarah Macchi. May 3-4, 2014. Daytona Beach, FL (Students primarily from Palmer Chiropractic College-Florida Campus)

Motion Palpation Institute. "Full Sine Analysis & Adjustive Technique," Co-taught with Dr. Sarah Macchi. March 29-30, 2014. Lombard, IL (Students primarily from the National University of Health Sciences).



PERQUE Integrative Health. “Applications of PERQUE Products, ELISA/ACT LRA, and the Concepts of Repair Deficit,” March 19, 2014. Chicago, IL.

Motion Palpation Institute. “Full Sine Analysis & Adjustive Technique,” Co-taught with full MPI faculty. September 28-29, 2013. Lombard, IL

University of Western States. “Nutritional Considerations for Musculoskeletal Conditions: Case Reviews and Clinical Insights.” Webinar. Guest lecture for the Masters of Clinical Nutrition class “Structural Integrity.” August 8, 2013.

Motion Palpation Institute. “Full Sine Analysis & Adjustive Technique,” Co-taught with Dr. Sarah Macchi. January 26-27, 2013. Oak Brook, IL

Motion Palpation Institute. “Full Sine Analysis & Adjustive Technique,” Co-taught with Dr. Sarah Macchi. November 12-13, 2011. Oak Brook, IL

Motion Palpation Institute. “Full Sine Functional Assessment and Treatment,” Co-taught with Dr. Corey Campbell. July 16-17, 2011. Lombard, IL

## **LAY TEACHING, ARTICLES, AND PRESENTATIONS**

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Dick Pond Athletics, Walk-to-Run Program. “Nutrition for Weight Loss.” July 15, 2019. St. Charles, IL.

Dick Pond Athletics, Doctor Nights. “Nutrition for Injury Prevention.” February 6, 2019. St. Charles, IL.

Dick Pond Athletics, Walk-to-Run Program. “What to Eat Before Your Race.” May 8, 2017. St. Charles, IL.

Dick Pond Athletics, Doctor Nights. “Nutrition for Athletes.” February 6, 2017. St. Charles, IL.

FitMama. “Foam Rolling.” One-hour course for personal training clients. November 12 and December 5, 2016. LaFox, IL.

Dick Pond Athletics, Walk-to-Run Program. “Nutrition for Weight Loss.” June 13, 2016. St. Charles, IL.

Dick Pond Athletics, Doctor Nights. “Everyday Nutrition for Athletes.” January 25, 2016. St. Charles, IL.

Dick Pond Athletics, Walk-to-Run Program. “Nutrition for Weight Loss.” July 20, 2015. St. Charles, IL.

Body Physics Endurance Coaching. “Nutrition for Athletes: Everyday nutrition through race day.” Four-hour course for endurance training clients. April 26, 2015. St. Charles, IL.

Dick Pond Athletics, Doctor Nights. “Nutrition for Athletes.” February 23, 2015. St. Charles, IL.

FitMama, “Finding Hidden Sugar” nutrition presentation. January 26, 2015. Elburn, IL.

Dick Pond Athletics, Walk-to-Run Program. “Race Nutrition.” May 19, 2014. St. Charles, IL.

Dick Pond Athletics, Doctor Nights. “Nutrition for Athletes.” March 10, 2014. St. Charles, IL.

Dick Pond Athletics, Next Step Running Club. “Targeted Injury Prevention.” January 14, 2014. St. Charles, IL.

Trillium Health & Wellness, SC. “Healthy Backs.” November 4, 2013. Elburn, IL.

Dick Pond Athletics, Walk-to-Run Program. “What to Eat When You Run.” May 20, 2013. St. Charles, IL.

Dick Pond Athletics, running group. “Nutrition for Athletes.” March 4, 2013. St. Charles, IL.

Mennerick, E. “Foot Stability in Cross Country Skiing.” *Cross Country Skier Magazine*, December 2012.

Dick Pond Athletics. “Shin Splints.” December 3, 2011. St. Charles, IL.

Dick Pond Athletics. “Low Back Pain and Sciatica.” March 7, 2011. St. Charles, IL.

## **ADDENDUM**

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[SCHEDULED TO TEACH] Motion Palpation Institute. “Full Spine Analysis & Adjustive Technique,” Co-taught with Drs. Campbell, King, Macchi, Winchester. September 25-26, 2021. Overland Park, KS.

[SCHEDULED TO TEACH] Motion Palpation Institute. “Chiropractic Management of Pregnant and Pediatric Patients.” Instructor of record. November 20-21, 2021. Portland, OR.

## **PROFESSIONAL REFERENCES**

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Available upon request.

## **PERSONAL INTERESTS**

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Mountain biking, cycling, kayaking, hiking, and coffee.