

Dr. Reid Louis Nelles

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OBJECTIVE

Instructor for RockTape who is passionate and energetic about sharing education with other providers on strategies of how to incorporate RockTape's methodologies into their practice. Will bring a positive, hard-working, and optimistic mind-set as well as previous knowledge and experience of utilizing RockTape's product as well as their education.

EDUCATION

Northwestern Health Sciences University September 2012 – December 2015
Bloomington, Minnesota

University of Minnesota – Duluth – September 2008 – May 2012
Duluth, Minnesota
Bachelor of Science in Biology
Minor in Psychology

CLINICAL EXPERIENCE

Owner and Chiropractor of Minnesota Movement - January 2018 - Present
Excelsior, Minnesota

- Started business from the ground up in a new environment to a growing practice that markets to athletes of all ranges.
- As a company and provider, incorporates the latest research and prior knowledge/experience to provide the most efficient and effective strategy of care to patients by utilizing chiropractic adjustments with manual muscle therapy, kinesiology taping, and functional rehabilitation.
- Successfully implemented employees such as Massage Therapists and Trainers to aid in patient care.
- Hosted multiple marketing events ranging from; Lunch and Learns on Movement Assessment, Golfer's Pain Prevention and Performance Enhancement, Cycling Races, 5K/10K's, and Kinesiology Taping for Gym Members at local gyms.
- Worked closely with the 2017 State Championship runner up High School Golf Team – Minnetonka High School.

Owner and Chiropractor of Nelles Chiropractic – December 2015 – March 2018
Golden, Colorado

- Provided chiropractic care within a multi-disciplinary clinic including other chiropractors, massage therapists, an acupuncturist, and an exercise therapist.
- Learned how to effectively communicate and work synergistically with other practitioners to achieve a common goal of helping patients achieve their goals.
- Honed skill set as a medical provider who catered to athletes with assessment, care rendered, as well as follow up and training programs.
- Started practice with zero patient base and grew to a 30-40 patient visit per week average within 2 years.

Team Chiropractor for Winter Park Competition Ski Team – March 2015 – January 2018

Winter Park, Colorado

- Trained high level skiers and snowboarders on proper biomechanics for limiting injury and increasing performance.
- Treated athletes with many modalities as warranted both on hill and post-activity.

Preceptor within Various Clinics - 2013 - 2015

1. Neubauer Chiropractic Center

Waconia, Minnesota

2. 2015 World Sport Games

Lignano, Italy

3. Chiropractic Health and Wellness

Edina, Minnesota

4. The Minnesota Swarm – Professional Lacrosse Team

St. Paul, Minnesota

5. Orthology

Maple Grove, Minnesota

- Coordinated exercise therapy protocol for patients as well as continued to provide manual adjustments for patients.
- Staffed multiple marketing events while learning how to successfully bring patients into the office.
- Provided manual muscle therapy and aided in documentation for practicing doctors treating some of the world's best athletes.

RELATED EXPERIENCE and CERTIFICATIONS

- RockTape Blades and Advanced – February 2018
- RockTape FMT Basic and Performance – January 2016
- Kineticore Functional Dry Needling Certification – January 2017
- BLS for Providers – February 2018
- Graston Certified – March 2015
- Northwestern SACA Sports Council – Vice President (2 years) 2014 and 2015
- Event Medical Staff for:
 - Contender Fit 2016
 - Girls Gone Rx Crossfit Competition 2016
 - Earth Treks Rendezvous 2016 – 2018
 - Revolution Tour – ProAm Snowboard Tour 2017

ACTIVITIES

Photography, Hiking, Camping, Snowboarding, Wakeboarding, Hunting, and Fishing