

CURRICULUM VITAE

Brett Ashley Winchester
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EDUCATION

Bachelor Degree
1995-1999 *University of Missouri*
Doctor of Chiropractic, April 2003
1999-2003 *Logan College of Chiropractic*
100 hr Acupuncture
2010-2011 *Logan College of Chiropractic*

APPOINTMENTS

2002-2004 Lab Instructor: *Rehabilitation of the Spine*, Logan College of Chiropractic
2004-current Instructor: *Advanced Orthopedics and Biomechanics*, Logan College of Chiropractic
2004-current Motion Palpation Institute (faculty and board member)
2005-current Southern California University (faculty)
2006-current National University of Health Sciences (post-grad faculty)
2008-current Dynamic Neuromuscular Stability according to Pavel Kolar
2007-current Rehabilitation of the Spine Diplomate (Craig Liebenson) three modules per session taught by Dr. Winchester

LICENSURE

State of Missouri, Chiropractic
State of Missouri, Acupuncture

COMMITTEES

President, Troy Rotary Club 2006-2007
President, Moscow Mills Chamber of Commerce 2004-2005

PROFESSIONAL INVITATIONS

Lectures given:

1. "Cervical and Thoracic Spine," Motion Palpation Institute, St. Louis, MO, June 17-18, 2004.
2. "Lumbo-Pelvis & Lower Extremity," Motion Palpation Institute, St. Louis, MO, May 12-13, 2005.
3. "Orofascial Rehab," SCU postgrad, Chicago, IL, Oct 15-16, 2005.
4. "Full Spine Palpation and Manipulation," Motion Palpation Institute, St. Louis, MO, Oct 28-29, 2005.
5. "Lumbar Pelvis," Motion Palpation Institute, St. Louis, MO, June 17-18, 2006.
6. "Chiropractic Rehab, Cervical Spine," SCU postgrad, Nashville, TN, March 18-19, 2006.
7. "Full Spine," Motion Palpation Institute, Davenport, IA, April 1-2, 2006.
8. "Gait way to Functional Exam and Treatment," Motion Palpation Institute, St. Louis, MO, November 4-5, 2006.
9. "Whiplash Functional Considerations," Motion Palpation Institute, Breckenridge, CO, Feb 23-25, 2007
10. "Linking the Upper Quarter to the Spine," Motion Palpation Institute, Davenport, IA, March 24-25, 2007
11. "Full Spine," Motion Palpation Institute, Stockholm, SWEDEN, May 11th, 2007.
12. "Extremities," Motion Palpation Institute, Stockholm, SWEDEN, May 12-13, 2007.
13. "Full Spine," Motion Palpation Institute, St. Louis, MO, February 10-11, 2007.
14. "Extremity Treatment and Functional Consid." Motion Palpation Institute, St. Louis, MO, June 23-24, 2007.
15. "Full Spine," Motion Palpation Institute, Davenport, IA, Aug 3-4, 2007.
16. "The Summit, DNF, T4 Extension, Anterior Abdominal Wall," NUHS, Chicago, IL, Sept 16-17, 2007.
17. "Lumbar Pelvis and Lower Extremity," Motion Palpation Institute, Seneca Falls, NY, Oct 27-28, 2007.
18. "Golf Rehabilitation," Motion Palpation Institute, Palm Springs, CA, Nov 9-11, 2007.
19. "Functional Screening in Practice," Motion Palpation Institute, St. Louis, MO, Nov 17-18, 2007.
20. "Ultimate Back Performance," Palmer Post-grad, Davenport, IA, Dec 9-10, 2007.
21. "Cervical Thoracic Assessment & Tx," Motion Palpation Institute, St. Louis, MO, Feb 23-24, 2008.
22. "Orofascial Rehabilitation," National University of Health Sciences, Chicago, IL, Mar, 2008.
23. "Linking the Upper Extremity to the Spine," Motion Palpation Institute, Portland, OR, April 26-27, 2008.
24. "Functional Perspectives in a Dynamic Model," Motion Palpation Institute, St. Louis, MO, July 19-20, 2008.
25. "Lumbar Pelvis & Lower Extremity," Motion Palpation Institute, Dallas, TX, July 26-27, 2008.
26. "Linking the Upper Extremity to the Spine," Motion Palpation Institute, Cincinnati, OH, Oct 4, 2008.
27. "Gaitway to the Lower Extremity," Central Institute for Human Performance, St. Louis, MO, Oct 25, 2008
28. "Cervical-Thoracic Assessment and Treatment," Motion Palpation Institute, Toronto, Canada, Jan 30-Feb 1, 2009
29. "Clinically Relevant Anatomy of the Temporomandibular Joint" Rehab Inst of Chicago, IL, Feb 12, 2009
30. "Dynamic Neuromuscular Stability and the Orofacial System," Rehab Inst of Chicago, IL, Feb 12, 2009
31. "Biopsychosocial Model and Parafunctional Activities," Rehab Inst of Chicago, IL, Feb 12, 2009
32. "Rehabilitation of the Lumbar Spine," National University Health Sciences, Chicago, IL, Feb 28-Mar 1, 2009
33. "Gaitway to the Lower Extremity," Motion Palpation Institute, Chicago, IL, March 28-29, 2009
34. "Functional Assessment of the Lower Quarter," Motion Palpation Institute, Dallas, TX, April 4-5, 2009
35. "Gaitway to the Lower Extremity," Bournemouth University, Bournemouth England, April 25-26, 2009
36. "Lumbar-Pelvis Assessment and Treatment," Motion Palpation Institute, Davenport, IA, May 30-31, 2009
37. "Lumbar-Pelvis Assessment and Treatment," Motion Palpation Institute, Kansas City, MO, June 13-14, 2009
38. "Functional Shoulder Mechanics," Motion Palpation Institute, St. Louis, MO, June 20-21, 2009
39. "Golf Rehabilitation," Motion Palpation Institute, Daytona, FL, Aug 7-9, 2009
40. "Cervical-Thoracic Assessment and Treatment," National University Health Sciences, Chicago, IL, Sept 12-13, 2009
41. "Orofascial Rehabilitation," National University Health Sciences, Chicago, IL, Oct 17-18, 2009

42. "Cervical Thoracic Assessment and Treatment," Motion Palpation Institute, St.Louis, MO, Oct 22, 2009
43. "Dynamic Stability," Motion Palpation Institute, Cincinnati, OH, Nov 7-8, 2009
44. "Lower Quarter Functional Exam and Treatment," Motion Palpation Institute, Portland, OR, Jan 23-24, 2010
45. "Considerations and Treatment of the Extremities," Motion Palpation Institute, Kansas City, MO, Feb 6-7, 2010
46. "Lumbar-Pelvis Assessment and Treatment," Motion Palpation Institute, Seneca Falls, NY, Feb 27-28, 2010
47. "Upper Quarter Functional Assessment," Motion Palpation Institute, Park City, UT, Mar 13, 2010
48. "Gaitway to the Lower Extremity," Angelo-European College of Chiropractic, Bournemouth, England, Mar 20-21, 2010
49. "MPI's Role in Manual Medicine," Motion Palpation Institute, Chicago, IL, Mar 27-28, 2010
50. "First Rib Considerations," Motion Palpation Institute, Chicago, IL Mar 27-28, 2010
51. "Extremity Considerations and Treatment," Motion Palpation Institute, Apr 10-11, 2010
52. "Sports Injuries and Functional Screening," National University Health Sciences, Apr 17-18, 2010
53. "TMD/Orofacial Treatment," Seattle, WA July 24, 2010
54. "The 'Why' of Inter-vertebral Disc Problems," Motion Palpation Institute, St.Louis, MO October 16-17, 2010
55. "The Lower Extremity Considerations and Treatment," Motion Palpation Institute, Chicago, IL November 20-21, 2010
56. "Dynamic Stability (treatment and exercise), Cincinnati, OH December 11-12, 2010
57. "Cervical-Thoracic Assessment and Treatment," Motion Palpation Institute, Seneca Falls, NY Jan 29-30, 2011
58. "Cervical and Thoracic Spine Dynamic Palpation and Treatment," Motion Palpation Institute, Feb 5-6, 2011
59. "Kinetic Chain Assessment and Treatment," Oklahoma St Chiropractic Independent Physicians Assoc, Oklahoma City, OH Feb 26-27, 2011
60. "The Lower Extremity, Functional Considerations," British Chiropractic Association, Leicester, England, Mar 5, 2011
61. "Gaitway to the Lower Extremity," Motion Palpation Institute, Chicago, IL, Mar 26-27, 2011
62. "Extremities: Functional Considerations and Treatment," Motion Palpation Institute, Toronto, CAN, Apr 2-3, 2011
63. "TMD, Oral Facial Treatment," National University Health Sciences, Apr 16-17, 2011
64. "Cervical Thoracic Assessment and Treatment," Motion Palpation Institute, Davenport, IA May 7-8, 2011
65. "Throwing and the Kinetic Chain," Motion Palpation Institute, St.Louis, MO June 4-5, 2011
66. "Gaitway to the Lower Extremity, Angelo-European College of Chiropractic, Bournemouth, England, Jul 9-10, 2011
67. "Adjustation: Chiropractic, The Need For Plasticity," Motion Palpation Institute, Sep 24-25, 2011
68. "Gaitway to the Lower Extremity," Motion Palpation Institute, Oct 22-25, 2011
69. "Introduction to DNS," Prague School, Vancouver, CAN ,Nov 4-6, 2011
70. "DNS, Reflex Locomotion, Stability," Cincinnati, OH Jan 7-8, 2012
71. "Lumbar Pelvis Assessment and Treatment," Motion Palpation Institute, Portland, OR Jan 28-29, 2012
72. "The Masters Series, Functional Treatment of the Shoulder," Motion Palpation Institute, Cincinnati, OH Feb 16, 2012
73. "Rehabilitation of the Lumbar Spine," National University Health Sciences, Feb 18-19, 2012
74. "Full Spine," Motion Palpation Institute, Santiago, Chile, Mar 8-11, 2012

PUBLICATIONS

A Manual Therapy Approach to Meralgia Paresthetica: A Case Report (Skaggs DC, Prather DO, George DC, Winchester DC)

Chiropractor Monthly: Vol 19, Issue 42, "Carrying The Weight of the World On Your Shoulders"

Dynamic Chiropractic: June 17, 2011, Vol. 29, Issue 13 "A Key Link in the Locomotor System: The Upper Thoracic Spine" Craig Liebenson DC and Brett Winchester DC

MENTORING

2000-2004 Clayton Skaggs DC, Clayton Physical Medicine

2003 Mark King, Mt Lookout Chiropractic
