

## SYLLABUS

**Title:** Pain Management & Mobility

**Instructor:** Dr. Brad Hayes, DC

**CE Hours Requested:** 12

### **I. COURSE OBJECTIVES**

This program will enhance the chiropractors knowledge of his/her role in pain management issues. It will cover major health issues relevant in today's population including opioid problems and reporting, and give the doctor added education in the treatment of these common problems he/she sees in his office. This program will include information on alternatives to pharmaceutical solutions so that the doctor has the knowledge to better treat his/her patients using a naturopathic process.

### **II. COURSE OUTLINE**

Hour One Overview of Current research on Pain  
1. Overview & Definitions

Hour Two **Ethics**  
Protocols for treating patients  
a. Females vs. Males  
b. Children  
c. Elderly  
Special Circumstances with Elderly or Disabled Patients

Hour Three **Pain & Symptom Management**  
Specific Health conditions and Pain Impacts  
Current Pain Methods for specific conditions  
Chiropractic Treatment protocols in specific health conditions

Hour Four Chiropractic Evaluation and Assessment for treatment  
1. Recognizing conditions  
2. When to treat chiropractically

Hour Five Working Lunch  
**Pain & Symptom Management**  
Research on the impact of pain management  
Research on pain methods efficacy

Hour Six Pain Method Efficacy continued

Alternative Treatments  
Traditional Impacts

- Hour Seven     **Physical Measures**  
Chiropractic Treatments and Pain Results  
Research and current studies  
Acute vs. chronic
- Hour Eight     **Performing & Ordering Tests**  
Methods and Chiropractic Treatments  
1.     Diagnosis  
2.     Treatment Procedures & Protocol
- Hour Nine     Chiropractic Treatments  
1.     Evaluation
- Hour Ten       **Adjusting Techniques**  
Treatments and demonstrations  
Results of cases, studies and trends  
Optimal Treatments
- Hour Eleven    Examination & Re-Examination  
1.     Protocols  
2.     Procedures  
3.     Treatment Review
- Hour Twelve    Case Studies & Management  
Review with questions and answers