

## Management of Special Populations

CE Hours: 8.0

- A. Female Athlete PACE: differential/physical Dx 3.0 hours
  - 1. Physiological differences from males
  - 2. Injury incidence
  - 3. Exercise and the menstrual cycle
  - 4. Exercise and pregnancy
- B. Pediatric PACE: Pediatrics 1.0
  - 1. Growth and injury
  - 2. Psychological motivation
- C. Geriatric PACE: Geriatrics 1.5
  - 1. Psychology and motivation
  - 2. Exercise and Aging
  - 3. Underlying systemic disease
  - 4. Exercise prescriptions
- D. Cultural/Ethnic Considerations PACE: Cultural competency 1
  - 1. Black and Hispanic populations - -special considerations – anthropometry
- E. Differentially Abled Athletes PACE: Sports Medicine 1.5
  - 1. Special Olympics: pre-exam
  - 2. Overview of types of athletes