

Diagnosis and Management Internal Disorders
1026 – Review Of Systems, History and Physical Exam
Weekend Twenty Six

Title of Program: 1026 – Review Of Systems, History and Physical Exam
Times: Saturday 9:00 am to 6:00 pm, Sunday 9:00 am to 1:00 pm
Total CE hours: 12

Program Description:

This session provides a review on proper history taking techniques, information gathering, and physical examination. A discussion on DABCI standards of care, and a review of key points for the DABCI program.

Program Goals / Objectives: The student will have a detailed understanding of:

- DABCI Standard of Care
- History and Physical Exam
- Systematic Approach to Examining the Human Body
- Report of Findings

Program Topics:

- Chart Notes and Proper Documentation
- Review of History and Physical Exam
- Evaluating the cough
- Evaluating murmurs
- Nutritional Therapies
- Diagnostic Testing
- Nutritional Supplementation

Program Outline:

Saturday

- 9:00 – 10:00 DABCI Standards of Care documentation
- Chart Notes - Best Marketing Tool for Chiropractic
 - Good Chart Notes Begin With a Good History, Followed by a Thorough Physical Examination
 - Daily Chart Notes
 - Examples of Dictation
 - Proper Documentation
 - Equipment Necessary for any Physical Examination
- 10:00 – 12:00 Review of Physical Examination history and exam
- Approach and Overview
 - The Overall Condition of the Patient
 - Proper Exposure is Essential for Good Examination
 - Delegate Responsibility

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- Tailor the Examination to Each Individual Patient's Needs
 - Talking Examinations Have Merit
 - General Survey
 - Posture
 - Vital Signs
 - Temperature
 - Blood pressure
 - Respiration
 - Height
 - Weight
 - Waist measurement
 - Studies for all cases of hypertension
 - Family History
 - Personal and past history
 - Physical examination
 - Ophthalmoscopic examination
 - Computerized electrocardiogram
 - Spirometer
 - X-ray examination
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| 1:00 – 2:00 | <u>Cough</u> <ul style="list-style-type: none"> • Chronic cough • Differentiating pneumonia from bronchitis • Hemoptysis | diagnosis |
| 2:00 – 3:00 | <u>Murmurs</u> <ul style="list-style-type: none"> • Characteristics of Endocardial Murmurs • Intensity • A loud murmur • Chest pain | diagnosis |
| 3:00 – 4:00 | <u>Report of Findings and Therapeutic Strategies</u> <ul style="list-style-type: none"> • Setting the Stage for the Report of Findings • Examination Date Provides the Fuel for the “Power Packed” Report • Patient Confidence • Communicate the Facts | patient communication |
| 4:00 – 5:00 | <u>Preventative Health Care</u> <ul style="list-style-type: none"> • Optimum Homeostatic Values in the Interpretation of Blood Tests • Explanation of “Nutrition as Therapy” • Your Therapeutic Nutritional Program | nutrition |

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- Follow-up Comparative Blood Evaluation Report Number

5:00 – 6:00 Set the Stage - Comprehensive Nutritional Evaluation Report Essential in a Wellness Practice

- Four Affirmative Actions nutrition
- Three Causes for Interruption of Life Force Energy

Sunday

9:00 – 12:00 Review of Diagnostic Testing

- Food Allergies and Food Intolerance diagnosis
- Toxic Heavy Metals
- Stool Testing
- Saliva Testing
- Blood Testing

• 12:00 – 1:00 Supplementation as a Support Product nutrition

- How to Choose a Reliable Nutritional Supplement Company.
- Discussing Supplementation with your Patients.
- Patient Compliance