

Diagnosis and Management Internal Disorders
1026 – Review Of Systems, History and Physical Exam
Weekend Twenty Six

Title of Program: 1026 – Review Of Systems, History and Physical Exam
Times: Saturday 9:00 am to 6:00 pm, Sunday 9:00 am to 1:00 pm
Total CE hours: 12

Program Description:

This session provides a review on proper history taking techniques, information gathering, and physical examination. A discussion on DABCI standards of care, and a review of key points for the DABCI program.

Program Goals / Objectives: The student will have a detailed understanding of:

- DABCI Standard of Care
- History and Physical Exam
- Systematic Approach to Examining the Human Body
- Report of Findings

Program Topics:

- Chart Notes and Proper Documentation
- Review of History and Physical Exam
- Evaluating the cough
- Evaluating murmurs
- Nutritional Therapies
- Diagnostic Testing
- Nutritional Supplementation

Program Outline:

Saturday

9:00 – 10:00 DABCI Standards of Care

- Chart Notes - Best Marketing Tool for Chiropractic
- Good Chart Notes Begin With a Good History, Followed by a Thorough Physical Examination
- Daily Chart Notes
- Examples of Dictation
- Proper Documentation
- Equipment Necessary for any Physical Examination

10:00 – 12:00 Review of Physical Examination

- Approach and Overview
- The Overall Condition of the Patient
- Proper Exposure is Essential for Good Examination
- Delegate Responsibility

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- Tailor the Examination to Each Individual Patient's Needs
 - Talking Examinations Have Merit
 - General Survey
 - Posture
 - Vital Signs
 - Temperature
 - Blood pressure
 - Respiration
 - Height
 - Weight
 - Waist measurement
 - Studies for all cases of hypertension
 - Family History
 - Personal and past history
 - Physical examination
 - Ophthalmoscopic examination
 - Computerized electrocardiogram
 - Spirometer
 - X-ray examination
- 1:00 – 2:00 Cough
- Chronic cough
 - Differentiating pneumonia from bronchitis
 - Hemoptysis
- 2:00 – 3:00 Murmurs
- Characteristics of Endocardial Murmurs
 - Intensity
 - A loud murmur
 - Chest pain
- 3:00 – 4:00 Report of Findings and Therapeutic Strategies
- Setting the Stage for the Report of Findings
 - Examination Date Provides the Fuel for the “Power Packed” Report
 - Patient Confidence
 - Communicate the Facts
- 4:00 – 5:00 Preventative Health Care
- Optimum Homeostatic Values in the Interpretation of Blood Tests
 - Explanation of “Nutrition as Therapy”
 - Your Therapeutic Nutritional Program

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- Follow-up Comparative Blood Evaluation Report Number
- 5:00 – 6:00 Set the Stage - Comprehensive Nutritional Evaluation Report Essential in a Wellness Practice
- Four Affirmative Actions
 - Three Causes for Interruption of Life Force Energy

Sunday

9:00 – 12:00 Review of Diagnostic Testing

- Food Allergies and Food Intolerance
 - Toxic Heavy Metals
 - Stool Testing
 - Saliva Testing
 - Blood Testing
- 12:00 – 1:00 Supplementation as a Support Product
- How to Choose a Reliable Nutritional Supplement Company.
 - Discussing Supplementation with your Patients.
 - Patient Compliance