

Diagnosis and Management Internal Disorders
#1004-5 - Pelvic Classroom & Workshop

Title of Program: #1004 - Pelvic Classroom
Times: Saturday 9:00 am to 6:00 pm,
Sunday 9:00 am to 1:00 pm
Total CE hours: 12

Program Description:

This session provides an overview on the principles, practices, nomenclature, patient work-up and management of conditions and diseases related to the male and female systems.

Program Goals / Objectives:

At the end of the session, the student will have a detailed understanding:

- Understanding diseases and conditions affecting the male and female system
- Appropriate treatment for these conditions
- Developing appropriate communication skills

Program Topics:

- Examination of the male pelvis
- Disease and disorders of the male genitalia
- Examination of the female pelvis
- Examination of the breast
- Diseases and disorders of the female genitalia
- Diseases and disorders of the breast
- Treatments
- Diet
- Exercise
- Supplementation
- Referral for surgical consult
- Infertility male and female
- Menopause
- Hands on experience

Program Outline:

Saturday
9:00 am – 10:00 am
The Male Pelvis

- Examination

- Performing the examination
- Slides on techniques

10:00 am – 11:00 am

Findings during examination

- Bumps
- Rashes
- Infestations

11:00 pm – 12:00 pm

Disorders

- Disease
- Disorders or erectile dysfunction

1:00 pm – 2:00 pm

The Female Pelvis

Gynecological history

- Facts
- Past gynecological health, diseases and disorders
- Current symptoms

2:00 pm - 3:00 pm

- The Female Pelvis
- Examination
- Proper procedures
- External exam
- Speculum exam
- Bi-manual exam
- Communication

3:00 pm - 4:00 pm

The breast exam

- Seated exam, inspection and palpation
- Supine exam, inspection and palpation

4:00 pm – 5:00 pm

Disorders of the female breast

- Disorders

- Acute mastitis
- Cystic hyperplasia, etc
- Lactation
- Augmentation

5:00 pm - 6:00 pm

- Disorders of the vulva and vagina
- Disease of the female genitals
- Infections related to poor hygiene
- Relaxation of the pelvic outlet

Sunday

9:00 am - 10:00 am

Treating diseases of the female pelvis

- Diet
- Exercise
- Supplementation
- Surgical referral, PT referral

10:00 am - 11:00 am

Disorders of the cervix

- Cervicitis
- Cervical dysplasia
- Dysmenorrhea
- Endometriosis

11:00 am - 12:00 pm

Ovarian health

- Ovarian cysts
- Ovarian cancer
- Treatments
- Menopause

12:00 pm - 1:00 pm

Infertility

- Male infertility
- Causes
- Treatments

- Female infertility
- Causes
- Treatments
- Contraception
- Types of contraception