

Delilah A. Renegar, DC, DACBN, DABCI, APCM

Chiropractic Physician

Diplomate Clinical Nutrition

Diplomate Internal Disorders

Advanced Practice Chiropractic Medicine

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Sandwich, Illinois 60548

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Education

National University of Health Sciences (National College of Chiropractic), Lombard, IL

2009-2011 Master of Science (MS) degree program - Advanced Clinical Practice

1985-1988 Doctor of Chiropractic (DC)

1985-1987 Bachelor of Science (BS) - Human Biology

University of Central Florida, FL

1981-1985 Bachelor of Arts (BA) - Psychology

Board Certification

2003 Board Certified Chiropractic Internist
American Board of Chiropractic Internists (ABCI)
Recertified 2009

2003 Board Certification in Clinical Nutrition
American Clinical Board of Nutrition
Recertified 2010

Work Experience

2009 – Present **Fox Valley Cardiovascular Consultants, LLC**
Practicing in conjunction with the Cardiologists and staff.

2005-present **Private practice, Sandwich, IL**
Specializing in internal medicine and clinical nutrition. Emphasis on education and prevention of Metabolic Syndrome, Diabetes and Cardiovascular Disease.

- 2004 -2005 **Director of Medicare Demonstration Project** for a multi-doctor office in a Chicago suburban clinic.
- Responsible for patient care, Medicare compliance and coordination of care between physicians.
 - Consultant to physicians and patients on a private basis.
 - Providing diagnostic second opinions and treatment options on a wide range of clinical presentations. Emphasis on chronic illnesses, IBS, IgG Delayed Sensitivities, Arthritides, Fatigue and Pain utilizing complementary and alternative therapies.
 - Consultant regarding best practice protocols in the area of insurance billing/coding including Medicare.

2000 – 2004 **Doctors' Center for Integrative Wellness, Lisle, IL**
(Formerly DuPage Chiropractic Associates)

Clinic Director/Owner

- Established clinic offering chiropractic, medical, acupuncture, massage, nutrition, herbal and homeopathy.
- Coordinated care between the various disciplines as well as developed an atmosphere of unity among the team.
- Responsibilities: regulatory compliance with federal, state and local entities; oversight of NCQA credentialing of staff and physicians; insurance coding/billing including medicare and Medicaid; risk management; supervised 5th year medical students as a preceptor in clinic from 1998-2001.
- NCQA Credentialed Primary Care Chiropractic Provider with Alternative Medicine Inc. since February 2000 for Blue Cross/Blue Shield HMO of Illinois. One of only 28 physicians in the State of Illinois and the US to be so credentialed.
- Alternative Medicine Integration, Inc.: Designed and conducted physician interviews of the process of credentialing.

1990 – 2000 **DuPage Chiropractic Associates, Lisle, IL**

Sole proprietor with hired associates

- Established clinic offering wide range of chiropractic and medical services.
- Responsibilities included: regulatory compliance with all affiliated agencies; medicare coding/billing; risk management.
- In 2000, expanded the clinic and changed its name.

1993 – 2002 **National University of Health Sciences, Lombard, IL**

Instructor in the following disciplines:

- Manipulation of Extremities
- General Manipulative Techniques
- Palpation Skills
- Professional Boundaries/Ethics
- Pediatrics

Facilitator, Guided Discovery Curriculum

- Coordinating the clinical aspect of the “patient case” for first, second and third year students.
- Reviewing history taking skills, observation, examination skills and differential diagnosis development.
- Evaluating clinical decision-making skills.

1991-1994 **AIDS Alternative Health Project, Chicago, IL**

- Volunteer Clinician treating HIV, ARC and AIDS patients.
- Educating patients and family members on the prevention of virus spread.

1989 – 1990 **Wymore Chiropractic Office, Winter Park, FL**

- Senior Associate in a multi-office group practicing with Dr. Joel Grossman.
- Responsible for oversight of a group of 5 physicians and staff of 10, along with caring for my own patients.

1988 **Chicago General Health Services, Chicago, IL**

- Chiropractic Internship under Dr. Gloria Janse
- Working in an underserved area on Chicago’s west side.
- Responsible for the diagnostic evaluation and implementation of patients’ treatment and care.

1988 **National College of Chiropractic, Lombard, IL**

- Chiropractic Internship under Dr. John Triano

Jan. – May 1988 **Sandman Chiropractic Clinic, Wheaton, IL**

- Chiropractic Assistant under Dr. Patrick Lallama.
- Assisted physician in various clinical procedures.
- Responsible for scheduling and fee collection.

Post-Doctoral Lectures Presented

- June 2010 • Post Doctoral Lecturer for Diplomate Program Diagnosis & Internal Disorders - Blood Chemistry in Hartford, CT
- May 2010 • Post Doctoral Lecturer for Diplomate Program Diagnosis & Internal Disorders - ECG & Phonocardiography in Los Angeles, CA
- May 2010 • Post Doctoral Lecturer for Diplomate Program Diagnosis & Internal Disorders - Geriatrics in Portland, Oregon
- February 2010 • Post Doctoral Lecturer for Diplomate Program Diagnosis & Internal Disorders - Blood Chemistry in Los Angeles, CA

- March 2009 • Presented at Rush-Copley Medical Center's 6th Annual Women's Heart Symposium Naperville, IL
- October 2008 • Post Doctoral Lecturer for Diplomate Program Diagnosis & Internal Disorders - Pediatrics in Chicago, IL.
- July 2005 • *Presented* "Practice Ethics" at Council on Diagnosis and Internal Disorders "Symposium 2005 Primary Care for the Chiropractic Physician" Minneapolis, MN
- 2001 • *Presented* "Hormonal Influences on Joint Pain" to Chicago Institute for Neurology and Neuroresearch (CINN) Chiropractic Neurosurgical Grand Rounds, Silver Cross Hospital, Joliet, IL.
- 2001 • *Presented* "Preventing Work-Related Musculoskeletal Injuries" Teacher Institute Day, Kinder Castle, Elmhurst, IL.
- 2001 • *Presented* ""Drug Induced Nutritional Deficiencies" Fruitful Yield, Aurora, IL.

Post-Doctoral Education

- March 2010 • 7th Annual Women's Heart Symposium, Santosh Gill, MD, MBA, FACC at NIU Campus Naperville, IL 6.50 Hours
- January 2010 • Jeffrey Bland, PhD "Bridging Lifestyle Medicine and Systems Biology in Clinical Practice" University of Bridgeport Chicago, IL 6 Hours
- Dec. 2009 • Diabetes and Cardiovascular Disease Symposium Illinois Association of Family Physicians Oakbrook, IL 6.75 Hours
- July 2009 • CDID Symposium Northwestern Health Sciences University Dallas, TX Hours 23
- Feb. 2009 • Jeffrey Bland, PhD "The Future Of The Clinic: New Frontiers in Nutritional Medicine" University of Bridgeport Chicago, IL 6 Hours
- July 2008 • CDID Symposium Northwestern Health Sciences University Cincinnati, OH 20.5 Hours
- April 2008 • Robert Rountree, MD "Functional Laboratory Assessment for the Nutritional Patient" Texas Chiropractic College San Francisco, CA 20 Hours
- Feb. 2008 • Deanna Minich, PhD, CN "Food, Phytochemicals, and Cell Signaling" University of Bridgeport Tinley Park, IL 3 Hours
- Dec. 2007 • Van Merkle, DC "Science Based Nutrition #3" Texas Chiropractic College Columbus, OH 12 Hours
- July 2007 • CDID Symposium Northwestern Health Sciences University Las Vegas, NV 22.5 Hours
- 1999-2001 • Chiropractic Diagnosis & Management of Internal Disorders National College of Chiropractic, Lombard IL

Awards and Achievements

- 2009 Frank Hoffman Award for Outstanding Contribution to the Chiropractic Profession
- 2003 Influential Women in Business Award, National Association of Women Business Owners and The Business Ledger, Chicago
- 2002 Partner in Education Award, Scheisher Elementary School, Lisle District 202

- 1996
 - The President's Quality Service Award, National College of Chiropractic
 - Article Published, "Managing Managed Care" Chiropractic Economics, Spring 1996
- 1994
 - Appointed to the Ethical Practice Development, National College of Chiropractic, James F. Winterstein, President
 - National College of Chiropractic Faculty Development Award
- 1992 Appointed to the Alumni Development and Awareness Program, National College of Chiropractic, James F. Winterstein, President
- 1988
 - The College Council Joseph Janse Outstanding Graduate Award, National College of Chiropractic
 - Service Award, Chi Rho Sigma Professional Fraternity, National College of Chiropractic
 - Recognition Award for Service as President, Chi Rho Sigma Professional Fraternity, National College of Chiropractic
- 1987-88 Outstanding Student Award, Student American Chiropractic Association
- 1984 Delta Tau Kappa Honor Society, University of Central Florida

Professional Memberships

- American Academy of Chiropractic Physicians
- American Chiropractic Association
- American Board of Clinical Nutritionists
- Florida Chiropractic Association
- Illinois Chiropractic Society
- President's Cabinet Internationale at N.U.H.S.

Professional Service

- 2010 • Council on Nutrition - Executive Council, Executive Director
- 2005-2009 • President, American Board of Chiropractic Internists
- 2003-2005 • Vice President, American Board of Chiropractic Internists
- 2000-2001 • N.U.H.S. Alumni Association Board of Directors

Community Service

- University of Central Florida – Health Service Administration Internship Preceptor Participant – May – July 2010
- Board Member, United Community Bank, Lisle, IL – November 2000-2006
- Camerata Chicago Association, Hawthorn Woods, IL – Board member/Director of Development, January 2004 to present
- Lisle Women’s Club: President, 1999-2001; Member, 1992 to present
- Hugh O’Brien Youth Leadership: International Speaker on Healthcare issues and business, June 2003 and 2004, Chicago, IL
- Community Literacy Volunteer, Lisle, IL: working with elementary age students to improve their reading skills, 2000-2002
- American Red Cross: Instructor. “Protect Your Back” Program, 2001

Professional Licensure

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| 1990 to Present | • Illinois; License # 038-006687 |
| 1989-1990 | • Florida 1989-1990 |

References

- Dr. James Winterstein, President of National University of Health Sciences
200 E. Roosevelt Road Lombard, Illinois 60148 630-629-2000
- Dr. Santosh Gill, Director of Medicine - Rush Copley Hospital
Chief Cardiologist at Fox Valley Cardiovascular Consultants, LLC
2088 Ogden Avenue, Suite 140 Aurora, Illinois 60504 630-896-0659
- Dr. Elaine Ferguson, Regional Medical Director, United States Postal Service
422-1 Wessex Road Valparaiso, Indiana 46385 219-405-0920