

Curriculum Vitae

Kerry Martin BONE

Name:	Adjunct Professor Kerry Martin Bone
Position	Director, Research and Development, MediHerb (1999 to present)
	Chairman MediHerb Board (2004 to 2008)
	Co-founded MediHerb in 1986
	Previous roles include Technical Director
Date of Birth:	17 October 1951
Academic Qualifications:	Bachelor of Science (Hons-First Class) in Chemistry from Melbourne University (1970 to 1973)
	Diploma in Phytotherapy from The School of Herbal Medicine, England (distinguished student) (1980 to 1984)
Scholarships and awards:	Masson Memorial Scholarship Prize 1973, awarded to the top honours year chemistry student in Australia In 2015 Kerry's lifelong contribution to the field of herbal therapy was recognized with his receiving the prestigious Lady Cilento award from the complementary medicine industry in Australia.
	State Electricity Commission of Victoria cadetship awarded to the top science applicant in Victoria
	Ormond College, Melbourne University, major scholarship
	Various small scholarships and prizes at Melbourne University.
Professional Associations:	National Institute of Medical Herbalists (England), Fellow (1997) (1984 to 2013)
	National Herbalists Association of Australia, Fellow (1996) (1985 to present)
	Royal Australian Chemical Institute, Associate Member (1976 to 2011)
	College of Practitioners of Phytotherapy, Member (1995 to present)
	Fellow, Australian Natural Therapists Association ANTA (2005 to present)
Committees:	Traditional Medicines Evaluation Committee, Member (1990 to 1997), advising the Australian government (TGA) on issues related to herbal medicine
	Committee for the Accreditation of Natural Medicine Colleges, Queensland, Member (1991 to 1992)

	Technical adviser to the National Herbalists Association of Australia (1995 to 2000 and 2003)
	American Herbal Pharmacopeia project (1998 to present)
	Technical expert at the Alternative Medicines Summit conducted by the Australian Government (1996)
	Chairman of CHC – TGA Herbal Taskforce (1998 to 2000)
	American Botanical Council Advisory Board (2011 to present)
Lecturing and Education:	Adjunct Associate Professor, University of New England (UNE) (2004 to 2007) (2010 – 2012)
	Associate Professor, University of New England (UNE) (2007 - 2009)
	Adjunct Professor New York Chiropractic College in Clinical Nutrition (2014 to present)
	Australian College of Natural Medicine, Brisbane, curriculum development and lecturing in herbal medicine to final year students (1990 to 1992)
	Guest lecturer at various conferences, including Oceania Symposium of Complementary Medicines (1989 to present)
	National Herbalists Association of Australia conferences, 1989,1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2003, 2007, 2010
	Guest lecturer in herbal medicine at the School of Phytotherapy, UK (1994 to 1998)
	Seminars and conferences in the UK, USA, Australia, South Africa, Canada, Denmark and New Zealand (1989 to present)
	External Examiner at the School of Phytotherapy, UK, appointed for the University of Wales (1997 to 1998)
Publications – Books:	Bone, K. 1997. <i>Clinical Applications of Ayurvedic and Chinese Herbs: Monographs for the Western Herbal Practitioner</i> . Phytotherapy Press, Warwick. More than 7000 copies sold to date.
	Mills, S. & Bone, K. 2000. <i>Principles and Practice of Phytotherapy: Modern Herbal Medicine</i> . Churchill Livingstone, Edinburgh. Used as a textbook for herbal and naturopathy courses in the UK, New Zealand, Australia, United States (e.g. Bastyr University) and Canada (College of Naturopathic Medicine in Toronto). More than 50,000 copies sold to date. Second edition published in 2013 (now Bone & Mills) and awarded the James Duke Award by the American Botanical Council as

	the best book on medicinal plants published worldwide in 2013.
	<p>Bone, K. 2003. <i>A Clinical Guide to Blending Liquid Herbs: Herbal Formulations for the Individual Patient</i>. Churchill Livingstone, St. Louis.</p> <p>Adopted as a first- and second-year text by the Australian College of Natural Medicine and other such colleges</p>
	<p>Bone K, Mills S. (eds). 2005. <i>The Essential Guide to Herbal Safety</i>, Churchill-Livingstone, St Louis. Awarded the inaugural 2006 James Duke Award by the American Botanical Council as the best book on medicinal plants published worldwide in 2005.</p> <p>Approximately 15,000 copies sold to date</p>
	<p>Bone, K. 2004, Chapter 14 “Echinacea: Quality, Uses, and Immunomodulating Activity from a Phytotherapist’s Perspective” In <i>Echinacea: The genus Echinacea</i>. Ed. Miller SC. CRC Press, Boca Raton, pp.203-215</p>
	<p>Bone, K. 2007, Chapter 7 “Evaluating, Designing, and Accessing Herbal Medicine Research” In <i>Veterinary Herbal Medicine</i>. Ed. Wynn, S. & Fougère, B. Elsevier, St. Louis, pp. 87-97</p>
	<p>Bone, K. 2007, <i>The Ultimate Herbal Compendium: A Desktop Guide for Herbal Prescribers</i>. Phytotherapy Press, Warwick.</p>
	<p>Santich R, Bone KM. 2008, <i>Phytotherapy Essentials: Healthy Children: Optimising Children’s Health with Herbs</i>. Phytotherapy Press, Warwick.</p>
	<p>Matthias A, Lehmann R, Bone K. 2008 Echinacea in Health – Risks and Benefits. Chapter 74 in <i>Botanical Medicine in Clinical Practice</i>, RR Watson, VR Preedy.</p>
Publications - Research Articles - Peer Reviewed	<p>Papers published in the international journal ‘Analytica Chemica Acta’ and the national journal of the Royal Australian Chemical Institute (1970s)</p> <p>RBH Wills, K Bone, M Morgan. 2000, Herbal products: active constituents, modes of action and quality control. <i>Nut Res Rev</i> 13: 47-77</p> <p>AMatthias, EMJ Gillam, KG Penman, NJ Matovic, KM Bone, JJ De Voss, RP Lehmann. 2005 Cytochrome P450 enzyme-mediated degradation of Echinacea alkylamides in human liver microsomes. <i>Chemico-Biological Interactions</i> 155, 62-79</p> <p>LL Agnew, SP Guffogg, AMatthias, RPLehmann, KMBone, KWatson. 2005 Echinacea intake induces an immune response through altered expression of leukocyte hsp70, increased white cell counts and improved erythrocyte antioxidant defences. <i>Journal of Clinical Pharmacy and</i></p>

Therapeutics **30**, 363-369

A Matthias, KG Penman, NJ Matovic, KM Bone, JJ De Voss, RP Lehmann. 2005 Bioavailability of Echinacea constituents: Caco-2 monolayers and pharmacokinetics of the alkylamides and caffeic acid conjugates. *Molecules* **10**: 1242-1251

LM Stevenson, A Matthias, L Banbury, KG Penman, KM Bone, D Leach, RP Lehmann. 2005 Modulation of macrophage immune responses by Echinacea. *Molecules* **10**: 1279-1285

A Matthias, RS Addison, KG Penman, RG Dickinson, KM Bone, RP Lehmann. 2005 Echinacea alkamide disposition and pharmacokinetics in humans after tablet ingestion. *Life Sciences* **77**: 2018-2029

PY Hayes, R Lehmann, K Penman, KM Bone, W Kitching, JJ De Voss. 2006 RP-HPLC Detection of a Processing Induced Artefact from Paeoniflorin In Dried Roots of *Paeonia lactiflora*. *Phytochemical Analysis*, **17**; 251-254

KB Penman, CW Halstead, A Matthias, JJ DeVoss, JMU Stuthe, KM Bone, RP Lehmann. 2006 Bilberry adulteration using the food dye amaranth. *Journal of Agricultural Chemistry and Food Science*, **54**; 7378-7382.

A Matthias, L Banbury, L Stevenson, KM Bone, DN Leach, RP Lehmann, 2007 'Alkylamides from Echinacea modulate induced immune responses in macrophages' *Immunological Investigations*, **36**, 117-130.

N Matovic, A Matthias, J Gertsch, S Raduner, KM Bone, RP Lehmann, JJ De Voss, 2007 'Stereoselective Synthesis, Natural Occurrence and CB2 receptor binding affinities of alkylamides from Herbal Medicines such as Echinacea sp.' *Organic and Biomolecular Chemistry*, **5**, 1, 169-174.

A Matthias, RS Addison, L Agnew, KM Bone, K Watson, RP Lehmann, 2007 'Comparison of Echinacea alkylamide pharmacokinetics between liquid and tablet preparations' *Phytomedicine*, **14**, 9, 587-590.

A Matthias, JT Blanchfield, KG Penman, KM Bone, I Toth, RP Lehmann, 2007 'Permeability studies of Kavalactones using a Caco-2 cell monolayer model' *Journal of Clinical Pharmacy and Therapeutics*, **32**, 233-239.

CA Andrews, A Matthias, L Agnew, N Reinke, K Watson, KM Bone, RP Lehmann. 2007, Antioxidant effects of ascorbic acid and resveratrol - alone and in combination with *Polygonum cuspidatum* extract and other phytochemicals. *Journal of Medical Herbalism*, **19**(4): 157-161

A Matthias, L Banbury, KM Bone, D Leach, RP Lehmann, 2008 Echinacea alkylamides modulate induced immune responses in T-cells *Fitoterapia* **79**(1): 53-58

B Barrett, D Rakel, B Chewing, L Marchand, D Rabago, R Brown, J Scheder, R Schmidt, JE Gern, K Bone, G Thomas, S Barlow, J Bobula. 2007 Rationale and Methods for a trial assessing Placebo, Echinacea and Doctor-Patient Interaction in the Common Cold. *Explore (NY)*; **3**, 6: 561-572.

A Chicca, F Pellati, B Adinolfi, A Matthias, I Massarelli, S Benvenuti, E Martinotti, AM Bianucci, K Bone, R Lehmann, P Nieri. 2008, Cytotoxic activity of polyacetylenes and polyenes isolated from roots of *E. pallida*. *Brit J Pharmacol*. Jan: 1-7

D van Die, H Burger, K Bone, M Cohen, H Teede. 2008 *Hypericum perforatum* with *Vitex agnus-castus* in menopausal symptoms. [Poster presented at 3rd Inter Cong Comp Med Res 2008, Sydney]. *J Altern Comp Med* **14**(1): S-87.

K M Bone. 2008, Potential Interaction of Ginkgo biloba Leaf with Antiplatelet or Anticoagulant Drugs: What Does the Evidence Imply? *Mol Nutr Food Res*, **52**(7): 764-771

C Calabrese, WL Gregory, M Leo, D Kraemer, K Bone, B Oken. 2008, Effects of a Standardized *Pacopa monnieri* Extract on Cognitive Performance, Anxiety, and Depression in the Elderly: A Randomized, Double-Blind, Placebo-Controlled Trial. *J Alt Comp Med* **14**(6): 707-713

KG Penman, KM Bone, RP Lehmann. 2008 Fringe Tree (*Chionanthus virginicus* L.) stem bark offers a sustainable alternative to root bark. *Aust Journal Medical Herbalism* **20**(3): 107-111

MD van Die, HG Burger, KM Bone, MM Cohen, HJ Teede. 2009 *Hypericum perforatum* with *Vitex agnus-castus* in Menopausal Symptoms. *Menopause* **16**(1): 156-163

MD Van Die, H Teede, K Bone, J Reece, H Burger. 2009 Predictors of Placebo Response in a Randomised, Controlled Trial of Phytotherapy in Menopause. *Menopause* **16**(4): 792-796.

MD van Die, KM Bone, HG Burger, JE Reece, HJ Teede. 2009 Effects of a combination of *Hypericum perforatum* and *Vitex agnus-castus* on PMS-like symptoms in late-perimenopausal women: Preliminary findings from a sub-population analysis. *Journal of Alternative and Complementary Medicine* **15**(9): 1045-1048

MD Van Die, HG Burger, KB Bone, HJ Teede. 2009 Response to 'Phytotherapy effective in menopausal dysphoric disorder (MDD)?'" *Menopause* **16**(3): 616-617

MD Van Die, HG Burger, KM Bone, MM Cohen, HJ Teede. 2009 Author's Reply to Commentary on '*Hypericum perforatum* with *Vitex agnus-castus* in menopausal symptoms: a randomized, controlled trial.' *FACT* **14**(1): 25-26

	<p>J Sarris, DJ Kavanagh, J Adams, K Bone, G Byrne. 2009 Kava Anxiety Depression Spectrum Study (KADSS): A Mixed Methods RCT using an Aqueous Extract of <i>Piper methysticum</i> [Short Study]. <i>Comp Ther Med</i> 17: 176-178.</p> <p>J Sarris, DJ Kavanagh, G Byrne, KM Bone, J Adams, G Deed. 2009 The Kava Anxiety Depression Spectrum Study (KADSS): A randomized, placebo-controlled, cross-over trial using an aqueous extract of <i>Piper methysticum</i>. <i>Psychopharmacology</i> 205(3):399-407.</p> <p>J Sarris, DJ Kavanagh, G Deed, KM Bone. 2009 St. John's wort and Kava in Treating Major Depressive Disorder with Comorbid Anxiety: A Randomised Double-Blind Placebo-Controlled Pilot Trial. <i>Human Psychopharmacology: Clin Exp</i> 24(1): 41-48.</p> <p>MD van Die, KM Bone, HG Burger, HJ Teede. 2009 Are we drawing the right conclusions from randomised placebo-controlled trials? <i>BioMed Central</i> 9: 41.</p> <p>MD van Die, HG Burger, HJ Teede, KM Bone . 2009 <i>Vitex agnus-castus</i> (Chaste-tree/berry) in the Treatment of Menopause-related Complaints. <i>Journal of Alternative and Complementary Medicine</i> 15(8): 853-862.</p> <p>J Wheat, G Currie, H Kiat, K Bone. 2009 Improving lymphatic drainage with herbal preparations: a potentially novel approach to management of lymphedema. <i>Aust J Medical Herbalism</i> 21(3): 66-70</p> <p>C Cwikla, K Schmidt, A Matthias, KM Bone, R Lehmann, E Tiralongo. 2010 Investigations into the antibacterial activities of phytotherapeutics against <i>Helicobacter pylori</i> and <i>Campylobacter jejuni</i>. <i>Phyto Res</i> 24(5): 649-656</p> <p>F Toselli, A Matthias, KM Bone, EM Gillam, RP Lehmann. 2010 Metabolism of the major Echinacea alkylamide N-isobutyldodeca-2E,4E,8Z,10Z-tetraenamide by human recombinant cytochrome P450 enzymes and human liver microsomes. <i>Phytother Res</i> 24(8): 1195-1201</p> <p>Barrett B, Brown R, Rakel D, Mundt M, Bone K, Barlow S, Ewers T. 2010 Echinacea for treating the common cold: a randomized trial. <i>Ann Intern Med</i> 153(12): 769-777.</p> <p>Bensch K, Tiralongo J, Schmidt K, , Matthias A, Bone KM, Lehmann R, Tiralongo E. 2011 Investigations into the Antiadhesive Activity of Herbal Extracts Against <i>Campylobacter jejuni</i>. <i>Phytother Res</i> 25(8):1125-1132</p> <p>Schmidt M, Thomsen M, Bone K. 2011 Letter and Reply: Tribulus terrestris-induced nephrotoxicity? <i>Nephrol Dial Transplant</i> 26(9):3065-3066</p> <p>van Die MD, Williams SG, Emery J, Bone KM, Taylor JM,</p>
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	<p>Lusk E, Pirotta MV. A Placebo-Controlled Double-Blinded Randomized Pilot Study of Combination Phytotherapy in Biochemically Recurrent Prostate Cancer. <i>Prostate</i>. 2017 May;77(7):765-775. doi: 10.1002/pros.23317. Epub 2017 Feb 9. PubMed PMID: 28181675; PubMed Central PMCID: PMC5444299.</p> <p>van Die MD, Bone KM, Emery J, Williams SG, Pirotta MV, Paller CJ. Phytotherapeutic interventions in the management of biochemically recurrent prostate cancer: a systematic review of randomised trials. <i>BJU Int</i>. 2016 Apr;117 Suppl 4:17-34. doi: 10.1111/bju.13361. Epub 2016 Feb 22. Review. PubMed PMID: 26898239.</p> <p>van Die MD, Bone KM, Williams SG, Pirotta MV. Soy and soy isoflavones in prostate cancer: a systematic review and meta-analysis of randomized controlled trials. <i>BJU Int</i>. 2014 May;113(5b):E119-30. doi: 10.1111/bju.12435. Review. PubMed PMID: 24053483.</p> <p>van Die MD, Burger HG, Teede HJ, Bone KM. Vitex agnus-castus extracts for female reproductive disorders: a systematic review of clinical trials. <i>Planta Med</i>. 2013 May;79(7):562-75. doi: 10.1055/s-0032-1327831. Epub 2012 Nov 7. Review. PubMed PMID: 23136064.</p>
Research Activity	Collaborative project with University of Newcastle (Prof Ron Wills) on Echinacea quality criteria and pharmacognosy (1999).
	Collaborative clinical study of herbal practice and liver toxicity (1997–1999).
:	Collaborative clinical trial on Echinacea and infection prevention (1995)
	As Director of Research and Development at MediHerb has involvement in the following research areas: clinical trials on herbal products (including projects funded by the US NIH); fundamental phytochemical research on medicinal plants; research into the pharmacokinetics of phytochemicals. A particular focus has been on the herb Echinacea.
Patents:	<p>Co-developed patents in several areas (assigned to commercial entities) including a herbal formulation for treating headlice (activity verified in clinical trials) and a herbal formulation for Echinacea. See examples below.</p> <p>1. Title: International (PCT) Patent Application No PCT/AU2005/000993 In the name of Mediherb Pty Ltd</p>

	<p>For the invention entitled AN ECHINACEA FORMULATION International Application no: PCT/AU2005/000993 Priority Date: 07 July 2004 (07.07.2004) Applicant: Mediherb Pty Ltd List of Inventors: Lehmann, Reg; Bone, Kerry; Penman, Kerry; Matthias, Anita</p> <p>2. Title: A Therapeutic Composition and Method of Treatment Australian Provisional Patent Application No: 2004905367 Filing Date: 17 September 2004 Applicant: Mediherb Pty Ltd</p> <p>3. Title: Herbal Composition and Method of Treatment of Tension Type Headaches Australian Provisional Patent Application No: 2003900625 Filing Date: 12 February 2003 Applicant: Mediherb Pty Ltd</p>
Professional Practice:	Practitioner of herbal medicine, in Toowoomba (1985–present) and previously Brisbane (1985–1995)

MICHAEL CHARLES GAETA, DAC, MS, CDN

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OBJECTIVE

To improve the patient care and practice success of natural health professionals, to create a world of vital, resilient people who make a difference through positive contribution, and minimize interactions with the medical system. To work with individuals and organizations also devoted to serving humanity in a way that reveals integrity.

PROFESSIONAL EXPERIENCE

Hands-On Health Wholistic Centers

1990 - 2011

Founder, Practitioner. Created a successful outpatient integrative wellness and healthcare facility with three locations in New York. Treated patients with a wide range of health concerns using acupuncture, clinical nutrition, herbal medicine and Asian bodywork therapy. Staff also includes two acupuncturists, two massage therapists, a chiropractor (renter), and physician (renter). Sold practice to the physician in 2009. Created business systems, operations manual, promotional materials, website content, created a healthy, positive clinic culture.

Gaeta Communications, LLC. Founder, President

michaelgaeta.com

Presented at schools & conferences throughout the US

2003 - present

- Success with Natural Medicine™: Clinical Application of Nutritional & Herbal Formulas, Diet and Lifestyle
- Love, Serve and Succeed®: Practice Success for Health Professionals
- Clinician's Mastermind Circle: one-year certification program in natural functional medicine
- Distance learning programs: autoimmunemasteryprogram.com, cancercourse.com, cardiocourse.com

Expert Nutrition Advisor, LLC. Co-Founder, Education Director

expertonutritionadvisor.com

Co-created the first online video education program for Standard Process clinicians & patients. Recorded 430 videos.

Gaeta Acupuncture & Nutrition, PLLC

2009 – present

Clinics in Forest Hills and Huntington, NY (until 2016), and Boulder, CO, and consultations by phone & video.

Adjunct Professor/Lecturer *Taught well-reviewed courses in ethical, effective business and practice management*

Tri-State College of Acupuncture, New York, New York

2001-2005

New York College of Traditional Chinese Medicine, Mineola, New York

2001-2007

New York Chiropractic College, Seneca Falls, New York

2005

Eastern School of Acupuncture and Traditional Medicine

2004-2008

Southwest Acupuncture College, Boulder, CO

2016

The New York College of Health Professions, Syosset, New York

Faculty Member

1993 - 2002

Co-created and taught courses in Chinese medicine theory, Amma Therapy (Asian bodywork therapy) technique, practice management and professional ethics to students in the massage therapy and acupuncture programs.

Amma Therapist

1994 - 1995

Wholistic healthcare practitioner and Asian bodywork therapist. Participated in weekly staff meetings.

Student Clinic and Hospital Program Supervisor

1993 - 1995, 1997

Supervised senior massage therapy students in the student clinic, and at two Long Island hospitals.

EDUCATION

The New York College of Health Professions, Syosset, New York

Master of Science in Acupuncture (MS)

April 2006

Bachelor of Professional Studies in Health Sciences (BPS)

April 2006

Bachelor of Professional Studies in Amma Therapy (Asian Bodywork Therapy – BPS)

December 1999

Associate of Occupational Studies in Massage Therapy (AOS)

May 1998

Diploma in Acupuncture

April 1996

Diploma & Certification in Advanced Amma Therapy (CAT)

April 1992

EDUCATION CONT'D

Diploma in Massage Therapy September 1990
Certificate of Completion Two-year postgraduate course in advanced
 Chinese medicine with Lonny Jarrett, MS, MAc, LAc May 2003

PROFESSIONAL CERTIFICATIONS

Colorado License in Acupuncture (LAc) April 2009
 Colorado Department of Regulatory Agencies, Division of Professions and Occupations, #1590
Doctor of Acupuncture (DAc) May 2008
 Rhode Island Department of Health, #DA00318
Diplomate in Asian Bodywork Therapy (Dipl. ABT) December 2000
 National Certification Commission for Acupuncture & Oriental Medicine, #007372
New York State License in Acupuncture (LAc) November 1996
 New York State Education Department, #000785
Diplomate in Acupuncture (Dipl. Ac) October 1996
 National Certification Commission for Acupuncture & Oriental Medicine, #007372
New York State License in Dietetics-Nutrition (CDN) March 1996
 New York State Education Department, #003782
Certified Instructor of Asian Bodywork Therapy (CI ABT) June 1995
 American Association for the Bodywork Therapies of Asia
Certified Practitioner of Asian Bodywork Therapy (CP ABT) June 1992
 American Association for the Bodywork Therapies of Asia
New York State License in Massage Therapy (LMT) November 1991
 New York State Education Department, #005652

Hofstra University, Uniondale, New York Sept. 1986 – Dec. 1987
Music major, Psychology minor

Continuing Education: Numerous seminars in clinical nutrition and Chinese medicine. 1993 – Present

PROFESSIONAL MEMBERSHIPS & AWARDS

Acupuncture Society of New York asny.org
President, 2000-2004; Vice-President, 1999-2000; Board of Directors, 1998-1999; Professional Member 1996-present
 Led Board of Directors, worked closely with Executive Director, helped craft and implement effective legislative efforts, created legislative and membership materials, improved membership and vendor programs. Sent out frequent legislative e-mail updates to inform and mobilize professional community. Met & spoke regularly with legislators. Key player in helping defeat harmful legislation six years in a row.
 American Association for the Bodywork Therapies of Asia aobta.org
Professional Member, Certified Instructor, New York State Representative, Award for Outstanding Service as Editor of national member newsletter
 Acupuncture and Oriental Medicine Alliance
Award for State Association of the Year, 2003
 American Association of Oriental Medicine aaom.org
Professional Member, Award for State Acupuncture Organization President of the Year, 2002

PERSONAL

Musician (first career, from 1986-1995, now a hobby): pianist, composer, performer, entertainer, recording artist, church organist.

Writer: Authored many articles on wholistic health, Chinese medicine, nutrition and business, for local and national publications. Available by request.

Martial Arts Study: Isshinryu Karate, T'ai Chi Chuan, Tae Kwon Do.

Past volunteerism: Manhattan Center for Living, St. Peter's Breakfast Program, Ridgewood Senior Center, more.

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STATEMENT OF INTENTION

To serve my community as a wellness educator: embracing the wisdom of nature and of each person, I teach the art of self-care, utilizing whole foods, medicinal herbs, and conscious living.

EDUCATION

- 2019-present **The Building Biology Institute**
- 2009 **Applied Clinical Nutrition Program**
The Austin Centre, Austin, TX
- 2008 **M.S., Herbal Medicine**
Tai Sophia Institute for the Healing Arts, Laurel, MD
- 2004 **Nutrition Consultant**
Bauman College, Santa Cruz, CA
- 2002 **Massage Therapist**
Monterey Institute of Touch, Carmel Valley, CA
- 1999 **The Forum & Advanced Forum**
Landmark Education, Houston, TX
- 1998 **B.A., Double Major in Business Administration & Comparative Religion**
Trinity University, San Antonio, TX

COMMITMENT TO CONTINUED EDUCATION

- 2020 **Kerry Bone**, online program
Functional Herbal Therapy and Cancer
- 2019 **Reed Davis**, online program
Functional Diagnostic Nutrition
- 2017 **Nora Gedgaudas**, online program
Primal Restoration
- 2017 **Rachel Cole**, online program
Feast – Intuitive Eating

PROFESSIONAL EXPERIENCE

2018	Published Book Eat in Peace to Live in Peace: Your Handbook for Vitality	Author
2004-Present	Eat in Peace Wellness Consulting , Lyons, CO	Founder
2019-Present	Clinical Nutrition Consultants of Texas , Austin, TX	Clinical Support
2008-2018	Standard Process of Central Texas , Austin, TX	Clinical Support
2016-2018	Standard Process & MediHerb , Palmyra, WI	Clinical Support Nationally
2009-2011	The Austin Centre for Wellness , Austin, TX	Co-Founder/Practitioner
2008-2009	People's Pharmacy , Austin, TX	Wellness Consultant
2005-2008	Regency Sport & Health Club , McLean, VA	Nutrition Consultant
2004-2005	Regency Sport & Health Club , McLean, VA	Membership Consultant
2002-2004	Eddison & Melrose Catering , Sand City, CA Monterey Sports Center , Monterey, CA	Caterer Swim Coach & Front Desk
Attendant		
2000-2002	Pappadeaux Seafood Kitchen , San Antonio, TX	Floor Manager

PROFESSIONAL AFFILIATIONS

- Board Certified in Holistic Nutrition with the National Association of Nutrition Professionals
- Professional Member of the College of Practitioners of Phytotherapy (MCPPT)
- Professional Member of the American Botanical Council
- Professional Member of the American Herbalist Guild
- Member of the United Plant Savers
- Member of HerbalHall
- Member of the Weston A. Price Foundation and Price-Pottenger Nutrition Foundation
- Member of the Lady Bird Johnson Wildflower Center
- Member of Cornucopia Institute