

Courtney Marie Conley, DC
1030 Johnson Rd. Suite 260
Golden, CO 80401
303-278-2623
www.totalhealthsolutionsltd.com

PROFILE

Evidenced-based Medical Professional with years of expertise in fitness programming, movement screening and assessment, injury prevention, rehabilitation, biomechanical evaluation, gait analysis and foot assessment

Areas of excellence include:

Leadership
Education
Manual Therapy
Biomechanics
Gait Analysis
Integrated Care
Team Building

EDUCATION

Doctor of Chiropractic Magna Cum Laude	National University of Health Sciences Lombard, Illinois April 2003
Bachelor of Science, Human Biology Magna Cum Laude	National University of Health Sciences Lombard, Illinois June 2001
Bachelor of Science, Kinesiology Magna Cum Laude	University of Maryland College Park, Maryland May 1998
Semester Abroad Program	University of Newcastle Newcastle, Australia

MEDICAL EXPERIENCE

Owner and Medical Director

Total Health Solutions (Golden, CO) September 2011- present

- Located office space, designed buildout, negotiated lease, hired administrative staff
- Manages all business operations
- Leads a team of chiropractors, massage therapists, personal trainers implementing treatment and rehabilitation protocols
- Provides one on one care for up to 20 patients per day developing a strong rapport with each patient

Owner and Medical Director

Total Health Solutions (Chicago, IL) October 2008 - August 2011

- Focus on Spinal Stabilization training, Rehabilitation, foot biomechanics, musculoskeletal injuries and lower extremities.
- Developed movement screening and assessment protocols for injury prevention protocols

Doctor of Chiropractic

Hofmaier Chiropractic (Villa Park, IL) April 2003- October 2008

- Chiropractic Associate providing spinal stabilization protocols, rehabilitation, and treatment of musculoskeletal conditions
- Provided monthly educational seminars

RELATED EXPERIENCE

Pathology Teaching Assistant

National University of Health Sciences (Lombard, IL) 2002-2003

AWARDS

Best of the Best Chiropractor, Golden, CO 2015

Patient Choice Award, Golden, CO 2015

National Dean's List, University of Maryland 1994-1998

Dean's List, National University of Health Sciences, 2002-2003

LICENSES AND CERTIFICATIONS

- Colorado Chiropractic License, 2008 - present
- Illinois Chiropractic License, 2003-2008
- American Red Cross, CPR 2012

INSTRUCTION AND LECTURES

- 2015, November, Smart Tool Summit, Dallas, Texas
- 2015, October - Fascial Movement Taping Level 1 - Portland, Oregon
- 2015, October - Fascial Movement Taping Level 2 - Portland, Oregon
- 2105, October - Fascial Movement Taping Level 1 - Denver, Colorado
- 2015, October - Fascial Movement Taping Level 2 - Denver, Colorado
- 2015, October - Performance Movement Techniques, Denver, Colorado
- 2015, September - Myokinematic Restoration - Postural Restoration Institute, Lincoln, Nebraska
- 2015, June - Foot and Gait Assessment and Running Gait Analysis, F.I.T Muscle and Joint Clinic, Kansas City, Missouri
- 2014, September - Fascial Movement Taping Level 1 - Denver, Colorado
- 2014, September - Fascial Movement Taping Level 2- Denver, Colorado
- 2014, April - Advanced Biomechanics, Dr. Brett Winchester, Functional Biomechanics, Phoenix, Arizona
- 2014, March - 4 Common Biomechanical Lower Limb Pathologies, St. Louis, Missouri
- 2014, February - Gait Analysis and Foot Orthotics, St. Louis, Missouri
- 2013, November - Functional Therapeutics Level 1 - Kinetacore, Brighton, Colorado
- 2013, September - Functional Dry Needling Level 1 - Kinetacore, Brighton, Colorado
- 2013, June - Alleviating Chronic Pain and Inflammation, - Golden, Colorado
- 2013, May - Gait Analysis and Assessing Footwear, - Golden, Colorado
- 2005-2012 Lectures available upon request