

SYLLABUS

THE BEST OF DAN MURPHY, DC



Dan Murphy, DC, DABCO
September 6-8, 2024 • Salt Lake City, Utah • In-Person & Live-Stream

FRIDAY – SEPTEMBER 6, 2024

5:00PM – 7:00PM – Record-Keeping and Documentation - Suggested examinations to be performed on all patients, informed consent inclusion and documentation, documenting the clinical encounter and a non-office clinical encounter/advice.

SATURDAY – SEPTEMBER 7, 2024

8:00AM – 10:00AM - The evolutionary biology of inflammation, prominent causes of systemic inflammation and how to integrate inflammation and the pathoanatomy of the chiropractic subluxation.

10:00AM – 10:15AM – BREAK

10:15AM – 12:15PM - Inflammation: “Theory of Everything” related to innate health, what it is, what are its causes, how to measure it, and how to manage it. Glean understanding of the biochemical basis of pain, innate adjuncts to pain management, the Gate Theory of pain and its chiropractic application and suprasegmental pain inhibitory controls, its relationship to opiate drugs, and the science of chiropractic spinal adjusting as an effective, non-addicting alternative to the opiate crisis.

12:15PM – 1:15PM – LUNCH *Provided by Nutri-West 4 Life*

1:15PM – 3:15PM – Glycosylation defined and its influence on the aging process, including disc degeneration and key factors in preventing glycosylation.

Catecholamine profiles in the chiropractic adjustment and the foundation of neurochemistry of pleasure v. happiness and their influence on catecholamines.

3:15PM – 3:30PM – BREAK

3:30PM – 5:30PM - Essential Fatty Acids 101. Understanding the importance of both diet and supplements in fatty acid balancing. Insight about excitotoxins and neurodegenerative diseases and about the physiology of magnesium as protective against neurodegenerative diseases. Quantify the opioid crisis and the effectiveness of chiropractic as an alternative.

SUNDAY – SEPTEMBER 8, 2024

8:00AM – 10:00AM - Learn about the physiology of vitamin D and vitamin K and their relationship to immunity. Understanding about the mitochondria and the nutrients that promote mitochondrial rejuvenation. Low Level Laser Applications in a clinical setting. The role of lectins, leaky gut and systemic inflammation. Review the connection between the microbiome, the chiropractic adjustment and integrating chiropractic adjustment, blood flow, cellular fermentation, cellular respiration, melatonin, and the cytokine storm. Introduce the concept of survival v. longevity as related to micronutrient competition.

10:00AM – 10:15AM – BREAK

10:15AM – 12:15PM – Melatonin and nutrients that can be supportive through the ageing process.

The End