

Hour 1: Introduction to the Gonstead System of Analysis

Hour 2,3: Pelvis: Demonstration & correction of Pelvic listings on the pelvic bench utilizing the side-posture push and pull setups. Discussions and correlations of signs and symptoms.

Hour 4 : Sacrum: Pelvic Bench side posture and Hylo (Base Posterior, spondylo, rotated ala)

Hour 5,6: Lumbar: Demonstration & correction of Lumbar listings on the pelvic bench both push and pull, Knee Chest table. Introduction to and use of the Hylo. Discussion and correlation of signs and symptoms/patient presentations

Hour 7,8: Thoracic: Demonstration & corrections of thoracic listings both on the Knee Chest & Hylo tables. Discussion and correlation of sign & symptoms

Hour 9,10: Cervical: Demonstration & corrections of cervical listings on the Knee Chest table, Hylo, and cervical chair. Discussions and correlations of sign and symptoms.

Hour 11,12: Atlas/Occiput: Demonstration and correction of atlas and occiput listings both on the Hylo table and Cervical. Discussion and correlation of presenting signs and symptoms.