

SYLLABUS

Title: Treating & Managing Cervical and Lumbar Radiculopathies

**Dates &
Locations:**

Instructor: Dr. James Darrach

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of cervical and lumbar radiculopathies and the various methods to treat them. The doctor will learn which assessment is best for specific issues and how to properly treat his patients with this concern for the best outcome for the patient. He will learn specific issues to watch for when treating, treatment options for problem issues and how to better manage this concern to enable more functionality in his patient.

II. COURSE OUTLINE

Hour One	Anatomy Review
Hour Two	Specific assessments for specific conditions 1. Evaluation of patient – History 2. Specific problems and concerns
Hour Three	Diagnosis Is it a radiculopathy? Electro Diagnostic Testing
Hour Four	Special concerns Indications for further assessments When to refer
Hour Five	Acute vs. Chronic issues Muscle Components
Hour Six	First Rib Involvement Scalenes Adjustments
Hour Seven	Neurodynamics Outcome Assessments

Hour Eight	Treatments General issues Special concerns - contraindications
Hour Nine	Measuring Outcomes Evaluations & Assessments When to refer Considerations
Hour Ten	Acute vs. Chronic Care Transitioning Compliance
Hour Eleven	Re-Evaluations What are you looking for? Function of Movement
Hour Twelve	Review of Treatments Review of Diagnosis Questions & Answers