

## SYLLABUS

**Title:** Extremity Adjusting Workshop

**Dates &  
Locations:**

**Instructor:** Dr. Robert Fenell, DC,

**CE Hours Requested:** 12

### **I. COURSE OBJECTIVES**

This program will enhance the doctor's knowledge of treating and adjusting extremities. It will increase his ability to properly assess and evaluate the patient's functionality to better treat problems that affect these areas. The Chiropractor will learn techniques and protocols for each technique.

### **II. COURSE OUTLINE**

Hour One	Definitions & Overview 1. Anatomy 2. Physiology
Hour Two	Initiating Treatment Assessment of issue History Taking
Hour Three	Pain & Symptom Management 1. Symptoms Presented 2. Evaluation & Assessment 3. Protocols for Treatment Risk Management in gender treatments
Hour Four	Assessing the Patient A. Tests B. Evaluation C. Treatment Procedures
Hour Five	The Shoulders, Hands & Elbows 1. Exam and Diagnosis 2. Proper Treatment Protocols 3. Adjusting Techniques
Hour Six	Gait & Function 1. Awareness 2. Stance

	3. Distortions 4. Treatment & Corrections
Hour Seven	Lower Extremity - Leg A. Assessment & Evaluation B. Function Testing C. Muscle Testing
Hour Eight	Adjusting Techniques 1. Cause & Effect 2. Assessment & Protocols 3. Technique Demonstrations
Hour Nine	Adjusting Techniques 1. Technique Demonstrations 2. Indications and Contraindications
Hour Ten	Hip & Knee 1. Specific Injuries 2. Exercises 3. Adjusting Techniques
Hour Eleven	Upper Extremities 1. Indications 2. Placement & Treatments 3. Exercises and Rehabilitation
Hour Twelve	Spondylolysis & Spinal Stenosis Etiology Treatments Techniques  Adjusting Demonstrations Question & Answers

### **III. DESCRIPTION**

This program will involve a data projector, lecture and notes. The purpose is to provide the chiropractor with a better understanding of the use of kinesiotape and how to properly tape and brace for better results with patients.

### **PROGRAM DIRECTOR**

Robert Fenell, DC, DICBN is the instructor. See attached Curriculum Vitaes.

### **PHYSICAL FACILITY FOR SEMINAR**

The facility for this seminar has adequate lighting and ventilation, is handicap accessible, with bathrooms and temperature control to assure proper learning conditions.