

## SYLLABUS

**Title:** Taping Techniques and Sports Chiropractic

**Dates &  
Locations:**

**Instructor:** Dr. Dale Morgan, DC, CCSP

**CE Hours Requested:** 12

### **I. COURSE OBJECTIVES**

This program will enhance the doctor's knowledge of taping and bracing for the upper and lower extremities. It will increase his ability to properly assess and evaluate the patient's functionality to better treat problems that affect the shoulders, knees, hamstrings, ankles and feet as well as rehabilitation protocols.

### **II. COURSE OUTLINE**

First Hour	<b>Taping Overview</b> Types of Tape Review of Taping methods How to apply tape
Second Hour	<b>Indications for taping</b> Reasons for taping Reasons to not tape Examples of injuries for taping Deciding to tape
Third Hour	<b>Pain &amp; Symptom Management</b> 1. Symptoms Presented 2. Evaluation & Assessment 3. Protocols for Treatment
Fourth Hour	<b>Physical Measures</b> Assessing the Patient A. Tests B. Evaluation C. Treatment Procedures
Fifth Hour	<b>Pain &amp; Symptom Management</b> Chiropractic Taping of Upper Extremities 1. Injury and Diagnosis 2. Proper Treatment Protocols 3. Rehabilitation

Sixth Hour	<b>Physical Measures</b> Chiropractic Taping for Lower Extremities 1. Injury & Diagnosis 2. Proper Treatment Protocols 3. Rehabilitation
Seventh Hour	Chiropractic Taping of the Knee A. Assessment B. Evaluation C. Treatment Protocol
Eighth Hour	<b>Performing and Ordering Tests</b> 1. Cause & Effect 2. Assessment & Protocols
Ninth Hour	<b>Performing and Ordering Tests</b> Working lunch 1. Ordering the correct tests 2. Indications
Tenth Hour	<b>Adjusting Technique</b> Taping Demonstrations 1. Specific Injury Taping Procedures
Eleventh Hour	<b>Adjusting Technique</b> Taping Demonstrations 1. Stretch 2. Placement 3. What are you working on
Twelfth Hour	Taping & Bracing Kinesiotaping Sport Taping Orthotics

### **III. DESCRIPTION**

This program will involve a data projector, lecture and notes. The purpose is to provide the chiropractor with a better understanding of the use of kinesiotape and how to properly tape and brace for better results with patients.

