

SYLLABUS

Title: Extremity Adjusting Hands to Feet

Instructor: Dr. Robert Fenell, DC, DICBN

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of diverse adjustments for the upper and lower extremities. It will increase his ability to properly assess and evaluate the patient's functionality to better treat problems and use proper adjustment methods that affect the shoulders, knees, hamstrings, ankles and feet.

II. COURSE OUTLINE

8:00 – 9:00 am	Definitions & Overview 1. Anatomy 2. Physiology
9:00 – 10:00 am	Initiating Treatment Assessment of issue History Taking
10:00 – 11:00 am	Pain & Symptom Management 1. Symptoms Presented 2. Evaluation & Assessment 3. Protocols for Treatment Risk Management in gender treatments
11:00 – 12:00 pm	Assessing the Patient A. Tests B. Evaluation C. Treatment Procedures
12:00 – 1:00 pm	Physical Measures The Shoulders, Hands & Elbows 1. Exam and Diagnosis 2. Proper Treatment Protocols 3. Adjusting Techniques
1:00pm-2:00pm	Physical Measures Gait & Function 1. Awareness 2. Stance 3. Distortions 4. Treatment & Corrections

2:00pm-3:00pm	Physical Measures Lower Extremity - Leg A. Assessment & Evaluation B. Function Testing C. Muscle Testing
3:00pm-4:00pm	Adjusting Techniques 1. Cause & Effect 2. Assessment & Protocols 3. Technique Demonstrations
3:00 – 4:00 pm	Adjusting Techniques 1. Technique Demonstrations 2. Indications and Contraindications
4:00 – 5:00 pm	Adjusting Techniques Hip & Knee 1. Specific Injuries 2. Exercises 3. Adjusting Techniques
5:00 – 6:00 pm	Upper Extremities 1. Indications 2. Placement & Treatments 3. Exercises and Rehabilitation
6:00 – 7:00 pm	Spondylolysis & Spinal Stenosis Etiology Treatments Techniques
7:00 – 8:00 pm	Adjusting Demonstrations Question & Answers