

SYLLABUS

Title: Pain Management & Mobility

Instructor: Dr. Brad Hayes, DC

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the chiropractors knowledge of his/her role in pain management issues. It will cover major health issues relevant in today's population including opioid problems and reporting, and give the doctor added education in the treatment of these common problems he/she sees in his office. This program will include information on alternatives to pharmaceutical solutions so that the doctor has the knowledge to better treat his/her patients using a naturopathic process.

II. COURSE OUTLINE

- 8:00 am – 9:00 am Overview of Current research on Pain
1. Overview & Definitions
- 9:00am – 10:00am **Ethics**
Protocols for treating patients
a. Females vs. Males
b. Children
c. Elderly
Special Circumstances with Elderly or Disabled Patients
- 10:00am – 11:00am **Pain & Symptom Management**

Specific Health conditions and Pain Impacts
Current Pain Methods for specific conditions
Chiropractic Treatment protocols in specific health conditions
- 11:00am – 12:00pm Chiropractic Evaluation and Assessment for treatment
1. Recognizing conditions
2. When to treat chiropractically
- 12:00pm – 1:00pm Working Lunch
Pain & Symptom Management
Research on the impact of pain management
Research on pain methods efficacy
- 1:00pm – 2:00pm Pain Method Efficacy continued

	Alternative Treatments Traditional Impacts
2:00pm – 3:00pm	Physical Measures Chiropractic Treatments and Pain Results Research and current studies Acute vs. chronic
3:00pm – 4:00pm	Performing & Ordering Tests Methods and Chiropractic Treatments 1. Diagnosis 2. Treatment Procedures & Protocol
4:00pm – 5:00pm	Chiropractic Treatments 1. Evaluation
5:00 - 6:00 pm	Adjusting Techniques Treatments and demonstrations Results of cases, studies and trends Optimal Treatments
6:00pm – 7:00pm	Examination & Re-Examination 1. Protocols 2. Procedures 3. Treatment Review
7:00 - 8:00 pm	Case Studies & Management Review with questions and answers