

SYLLABUS

Title: Taping Techniques and Sports Medicine

**Dates &
Locations:**

Instructor: Dr. Dale Morgan, DC, CCSP

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of taping and bracing for the upper and lower extremities. It will increase his ability to properly assess and evaluate the patient's functionality to better treat problems that affect the shoulders, knees, hamstrings, ankles and feet as well as rehabilitation protocols.

II. COURSE OUTLINE

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| First Hour | Taping Overview Types of Tape Review of Taping methods How to apply tape |
| Second Hour | Indications for taping Reasons for taping Reasons to not tape Examples of injuries for taping Deciding to tape |
| Third Hour | Pain & Symptom Management 1. Symptoms Presented 2. Evaluation & Assessment 3. Protocols for Treatment |
| Fourth Hour | Physical Measures Assessing the Patient A. Tests B. Evaluation C. Treatment Procedures |
| Fifth Hour | Pain & Symptom Management Chiropractic Taping of Upper Extremities 1. Injury and Diagnosis 2. Proper Treatment Protocols 3. Rehabilitation |

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| Sixth Hour | Physical Measures Chiropractic Taping for Lower Extremities <ol style="list-style-type: none"> 1. Injury & Diagnosis 2. Proper Treatment Protocols 3. Rehabilitation |
| Seventh Hour | Chiropractic Taping of the Knee <ol style="list-style-type: none"> A. Assessment B. Evaluation C. Treatment Protocol |
| Eighth Hour | Performing and Ordering Tests <ol style="list-style-type: none"> 1. Cause & Effect 2. Assessment & Protocols |
| Ninth Hour | Performing and Ordering Tests Working lunch <ol style="list-style-type: none"> 1. Ordering the correct tests 2. Indications |
| Tenth Hour | Adjusting Technique Taping Demonstrations <ol style="list-style-type: none"> 1. Specific Injury Taping Procedures |
| Eleventh Hour | Adjusting Technique Taping Demonstrations <ol style="list-style-type: none"> 1. Stretch 2. Placement 3. What are you working on |
| Twelfth Hour | Taping & Bracing Kinesiotaping Sport Taping Orthotics |

III. DESCRIPTION

This program will involve a data projector, lecture and notes. The purpose is to provide the chiropractor with a better understanding of the use of kinesiotape and how to properly tape and brace for better results with patients.