

SYLLABUS

Title: Chiropractic Treatments for Arthritis & IBS

**Dates &
Locations:**

Instructor: Dr. Brad Hayes, DC

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of arthritis and how to better manage it along with treatments and new research. The doctor will also learn in depth information and research on irritable bowel syndrome and its relation to gut biomes and inflammation. This seminar will increase his ability to properly assess and evaluate the patient's functionality and give him the protocols and treatments to increase function and health in the patient.

II. COURSE OUTLINE

8:00 - 9:00 am	Overview of Arthritis Impact & Function dysfunctions Probability Diagnosis
9:00 - 10:00 am	Research and Pitfalls Serious Disorders and what to look for Spondylopathies
10:00 - 11:00 am	Patient History A Complete history What is required What is needed for an accurate treatment What to look for and in depth measures
11:00 - 12:00 pm	Patient Exam and Assessment Arthritis Examination Demonstrations on performing the exams
12:00 - 1:00 pm	Diagnosis How to determine the correct diagnosis What to look for Function tests and reliability When it's not arthritis Triage approach
1:00 - 2:00 pm	Working Lunch

	Evidence based treatments for osteoarthritis and outcomes Demonstrations
2:00 - 3:00 pm	Overview of Irritable Bowel Syndrome Impact & Understanding Anatomy Diagnosis Other gut disorders
3:00 - 4:00 pm	Patient History A Complete history What is required What is needed for an accurate treatment What to look for and indepth measures
4:00 - 5:00 pm	Patient Exam and Assessment Examination Demonstrations on performing the exams Research and studies on gut biome and effects Leaky Gut
5:00 - 6:00 pm	Developing a diagnosis Other issues relating to the gut Leaky gut Nutrient & Mineral
6:00 - 7:00 pm	Diagnosis of IBS and other Gut disorders Serious conditions not to be missed Adrenal Fatigue Hormone Imbalance Fatigue of the System
7:00 - 8:00 pm	Evidence based treatments for Irritable Bowel Syndrome Demonstrations Stable vs. Unstable Measuring & Managing Stressors Impact