

SYLLABUS

Title: Dry Needling Application & Protocols

**Date &
Location:**

Instructor: Dr. Brad Hayes, DC
(C.V. at end of syllabus)

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will introduce the doctor to dry needling to enhance his ability to treat his patients. The doctor will learn safety protocols and requirements along with application techniques for dry needling. He will leave the program with the ability to competently perform dry needling and the knowledge of when to use this procedure.

II. COURSE OUTLINE

Hour 1	Overview & Introduction to Dry Needling <ol style="list-style-type: none">1. Overview2. History3. Difference between dry needling & acupuncture
Hour 2	Pain Theory & Protocols for Dry Needling
Hour 3	Review Protocols for Dry Needling Safety - OSHA - State Regulations
Hour 4	Dry Needling Performance <ol style="list-style-type: none">1. Locations & Procedure2. Safety and Disposal Protocols
Hour 5	Dry Needling as a Complementary Treatment Introduction to Dry Needling applications
Hour 6	Anatomy & Neuranatomy for Dry Needling Neurological Effects on Soft Tissue <ol style="list-style-type: none">3. Pathways & Neuropathies
Hour 7	Upper Extremity Work <ol style="list-style-type: none">1. Evaluation Review Patient History Presentation of Issue

2. Dry Needling Applications
Specific areas of concern or pain
- Hour 8 Treatment Procedures & Protocol for upper extremities
- a. Technique & demonstration
 - b. Indications and contraindications
- Hour 9 Lower Extremity Work
1. Evaluation
 2. Review Patient History
 3. Presentation of Issue
 4. Dry Needling Applications
Specific areas of concern or pain
- Hour 10 Lower Extremity Work demonstrations
Dry Needling - Knees, Hip areas
Dry Needling - Ankles and Feet areas
- Hour 11 Dry Needling Completion & Review
1. Review Protocols for using Dry Needling
 2. Review applications & techniques of dry needling
 - a. Site of applications
 - b. Preparation of area
 - c. Technique & expected results
 3. Treatment Review
 - a. Did treatment solve issue
 - b. Are more treatments needed
 - c. Should a different approach be considered
- Hour 12 Case Studies & Management
Applying Dry Needling Therapy
Safety & Disposal Review
Questions & Answers with demonstrations