

## SYLLABUS

**Title:** Chiropractic Care for Pregnancy & Newborns Through Teens

**Dates &  
Locations:**

**Instructor:** Dr. Barry Kotheimer

**CE Hours Requested:** 12

### **I. COURSE OBJECTIVES**

This program will enhance the doctor's knowledge of the issues and concerns of treating pregnant women, newborns, and teens. The doctor will learn techniques to help with delivery, adjusting newborns and kids as well as therapies specific to these patients.

### **II. COURSE OUTLINE**

Hour 1	Overview & Review of Anatomy in Pregnancy <ol style="list-style-type: none"><li>1. Overview</li><li>2. Female Reproductive Systems</li><li>3. Changes in the body during pregnancy</li></ol>
Hour 2	Treating the Pregnant patient <ol style="list-style-type: none"><li>1. Situation</li><li>2. Specific problems and concerns in treating the pregnant patient</li><li>2. Outreach to other areas of the body</li><li>3. Affects</li></ol>
Hour 3	Adjusting the Pregnant patient Where to adjust & the concerns for each area The adjustments Indications of chronic issues
Hour 4	Treating the Whole Body How Systems Link and the Chiropractic Approach to treating them
Hour 5	Specific Issues in Pregnancy & How to treat them <ol style="list-style-type: none"><li>A. Signs to look for Normal vs. Abnormal Breech Presentation</li><li>B. Proper Evaluation</li><li>C. Treatments</li></ol>

Hour 6	<ul style="list-style-type: none"> <li>A. Signs of stress</li> <li>B. What to look for before treating</li> </ul>
Hour 7	<p>Treating the Newborn</p> <ul style="list-style-type: none"> <li>A. Specific issues</li> <li>B. Common Concerns</li> <li>C. Protocols</li> </ul>
Hour 8	<p>Treating the young child</p> <p>Assessment tools</p> <p>Evaluations</p> <p>Why and what to look for</p>
Hour 9	<p>Treating the older child</p> <p>Assessment tools</p> <p>Evaluations</p> <p>Why and what to look for</p>
Hour 10	<p>Treating the teen</p> <p>Assessment tool</p> <p>Evaluations</p> <p>Why and what to look for</p> <p>Special concerns related to physical growth &amp; bones</p>
Hour 11	<p>Evaluation &amp; Assessments in children and teens</p> <ol style="list-style-type: none"> <li>1. Symptoms Presented</li> <li>2. Evaluation &amp; Assessment</li> <li>3. Growth spurts &amp; issues related – how to treat</li> </ol>
Hour 12	<p>Review of Techniques</p> <ol style="list-style-type: none"> <li>1. During Pregnancy</li> <li>2. Newborns</li> <li>3. Children to Teens</li> </ol>