

SYLLABUS

Title: Upper Extremity Adjusting Workshop

**Dates &
Locations:**

Instructor: Dr. Robert Fenell, DC, DICBN

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of the issues affecting the upper extremities along with techniques that can help get the patient functioning at an optimal level. It will increase his ability to properly assess and evaluate the patient's functionality to better treat problems that affect the upper extremities.

II. COURSE OUTLINE

Hour 1	Definitions & Overview 1. Anatomy 2. Physiology
Hour 2	Initiating Treatment Assessment of issue History Taking
Hour 3	Pain & Symptom Management 1. Symptoms Presented 2. Evaluation & Assessment 3. Protocols for Treatment
Hour 4	Assessing the Patient A. Tests B. Evaluation C. Treatment Procedures
Hour 5	The Shoulders & Elbows 1. Exam and Diagnosis 2. Proper Treatment Protocols 3. Adjusting Techniques
Hour 6	The Hands and Wrists 1. Exam and Diagnosis 2. Proper Treatment Protocols

3. Adjusting Techniques 3. Distortions
4. Treatment & Corrections

Hour 7	The Ribs and Cervical Areas <ol style="list-style-type: none">1. Exam and Diagnosis2. Proper Treatment Protocols3. Adjusting Techniques
Hour 8	Special Adjusting Techniques for specific concerns <ol style="list-style-type: none">1. Cause & Effect2. Assessment & Protocols3. Technique Demonstrations
Hour 9	Contraindications Evaluation Assessments
Hour 10	Placements Protocols Pressure & thrust
Hour 11	Upper Extremities <ol style="list-style-type: none">1. Indications2. History & Prevention3. Exercises and Rehabilitation
Hour 12	Etiologies for special concerns Adjusting Demonstrations Question & Answers