

## SYLLABUS

**Sponsor:** **Fetterman Chiropractic Events**  
416 Prairie St.  
Charlotte, MI 48813  
Fetterman Chiropractic Events is a national chiropractic education organization specializing in chiropractic continuing education programs. Fetterman Events has a current membership of Chiropractors across the country of approximately 3000 doctors.

**Title:** Myofascial Disruption Technique & Soft Tissue Treatments

**Date & Location:**

**Instructor:** Dr. Brad Hayes, DC  
(C.V. at end of syllabus)

**CE Hours Requested:** 12

### **I. COURSE OBJECTIVES**

This program will enhance the chiropractors knowledge of his/her role in health and treating soft tissue issues in patients. It will teach the chiropractor an effective technique that will help the patient get back to functioning at an optimal level without pain. Research and studies will be presented to give evidence to the efficacy of myofascial treatments so that the doctor can perform and explain the process to the patient.

### **II. COURSE OUTLINE**

Hour 1	Overview & Introduction to Soft Tissue Treatments 1. Overview 2. Principles
Hour 2	Specific Health conditions and Chiropractic Diagnosis & Treatment Available Tests to determine correct diagnosis
Hour 3	<b>Performing &amp; Ordering Tests</b> Tests & Assessments Determining the correct tests and labs Gait Analysis

## Orthopedic Muscles

Hour 4	Chiropractic Evaluation and Assessment for treatment  1. Recognizing conditions 2. When to treat chiropractically
Hour 5	<b>Physical Measures</b> Force Absorption Applications Modalities: Ice, Heat
Hour 6	<b>Performing &amp; Ordering Tests</b> Neurological Tests Neurological Effects on Soft Tissue Pathways & Neuropathies Tests and Assessment to Diagnose
Hour 7	<b>Adjusting Technique</b> Upper Extremity Soft Tissue Work 1. Evaluation
Hour 8	<b>Adjusting Technique</b> Upper Extremity Soft Tissue Work 1. Diagnosis 2. Treatment Procedures & Protocol
Hour 9	<b>Adjusting Technique</b> Lower Extremity Soft Tissue Work 1. Evaluation
Hour 10	<b>Adjusting Technique</b> Lower Extremity Soft Tissue Work 2. Diagnosis 3. Treatment Procedures & Protocol
Hour 11	<b>Pain &amp; Symptom Management</b> Pain Scales Protocol for treatments Rehabilitation
Hour 12	<b>Physical Measures</b> Mobilization Methods Manipulation Treatments Case Studies

### **III. DESCRIPTION**

This program will involve a data projector, lecture and notes. The purpose is to provide the chiropractor with a better understanding of the neurological process and rehabilitation and it's relation to the spine.

### **PROGRAM DIRECTOR**

Brad Hayes, D.C., is the instructor. See attached Curriculum Vitaes.

### **NOTIFICATION OF C.E. CREDIT**

Fetterman Events sends out letters to the individual seminar attendees which certify the doctor's attendance. The letter includes information on location, dates, and approval numbers. Lists of attending doctors are available to the state licensing boards upon request. (A sample certification letter is attached)

### **PHYSICAL FACILITY FOR SEMINAR**

The facility for this seminar has adequate lighting and ventilation, is handicap accessible, with bathrooms and temperature control to assure proper learning conditions.

### **ATTENDANCE MONITOR**

During each Fetterman Events seminar, the attendees are required to sign in and out at the beginning and ending of each session. A copy of the attendance sheet is available to the state licensing board upon request. (A sample sign in/out sheet is attached)

For the online class: Adobe Connect online system is used. Attendees must log in with their name, email and password. The Adobe system records their attendance and Fetterman Events receives a report of their activity. At the end of the program, the attendees must fill out an evaluation indicating levels of knowledge gained. A sample report is attached.

Fetterman Events staff, is assigned to serve as proctor for the seminar to ensure that the attendance policy is maintained.