

SYLLABUS

Title: Chiropractic Treatments for Arthritis & IBS

**Dates &
Locations:**

Instructor: Dr. Brad Hayes, DC

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of arthritis and how to better manage it along with treatments and new research. The doctor will also learn in depth information and research on irritable bowel syndrome and its relation to gut biomes and inflammation. This seminar will increase his ability to properly assess and evaluate the patient's functionality and give him the protocols and treatments to increase function and health in the patient.

II. COURSE OUTLINE

Hour 1	Overview of Arthritis Impact & Function dysfunctions Probability Diagnosis
Hour 2	Research and Pitfalls Serious Disorders and what to look for Spondylopathies
Hour 4	Patient History A Complete history What is required What is needed for an accurate treatment What to look for and in depth measures
Hour 5	Patient Exam and Assessment Arthritis Examination Demonstrations on performing the exams
Hour 6	Diagnosis How to determine the correct diagnosis What to look for Function tests and reliability When it's not arthritis Triage approach
Hour 7	Working Lunch

Evidence based treatments for osteoarthritis and outcomes
Demonstrations

- Hour 8 Overview of Irritable Bowel Syndrome
 Impact & Understanding
 Anatomy
 Diagnosis
 Other gut disorders
- Hour 9 Patient History
 A Complete history
 What is required
 What is needed for an accurate treatment
 What to look for and indepth measures
- Hour 10 Patient Exam and Assessment
 Examination
 Demonstrations on performing the exams
 Research and studies on gut biome and effects
 Leaky Gut
- Hour 11 Diagnosis of IBS and other Gut disorders
 Serious conditions not to be missed
 Adrenal Fatigue
 Hormone Imbalance
 Fatigue of the System
- Hour 12 Evidence based treatments for Irritable Bowel Syndrome
 Demonstrations
 Stable vs. Unstable
 Measuring & Managing Stressors
 Impact