

SYLLABUS

Title: Extremity Adjusting Hands to Feet

**Dates &
Locations:**

Instructor: Dr. Robert Fenell, DC, DICBN

CE Hours Requested: 12

I. COURSE OBJECTIVES

This program will enhance the doctor's knowledge of taping and bracing for the upper and lower extremities. It will increase his ability to properly assess and evaluate the patient's functionality to better treat problems that affect the shoulders, knees, hamstrings, ankles and feet as well as rehabilitation protocols.

II. COURSE OUTLINE

8:00 – 9:00 am	Definitions & Overview 1. Anatomy 2. Physiology
9:00 – 10:00 am	Initiating Treatment Assessment of issue History Taking
10:00 – 11:00 am	Pain & Symptom Management 1. Symptoms Presented 2. Evaluation & Assessment 3. Protocols for Treatment Risk Management in gender treatments
11:00 – 12:00 pm	Assessing the Patient A. Tests B. Evaluation C. Treatment Procedures
12:00 – 1:00 pm	The Shoulders, Hands & Elbows 1. Exam and Diagnosis 2. Proper Treatment Protocols 3. Adjusting Techniques
1:00pm-2:00pm	Gait & Function 1. Awareness 2. Stance

	3. Distortions 4. Treatment & Corrections
2:00pm-3:00pm	Lower Extremity - Leg A. Assessment & Evaluation B. Function Testing C. Muscle Testing
3:00pm-4:00pm	Adjusting Techniques 1. Cause & Effect 2. Assessment & Protocols 3. Technique Demonstrations
3:00 – 4:00 pm	Adjusting Techniques 1. Technique Demonstrations 2. Indications and Contraindications
4:00 – 5:00 pm	Hip & Knee 1. Specific Injuries 2. Exercises 3. Adjusting Techniques
5:00 – 6:00 pm	Upper Extremities 1. Indications 2. Placement & Treatments 3. Exercises and Rehabilitation
6:00 – 7:00 pm	Spondylolysis & Spinal Stenosis Etiology Treatments Techniques
7:00 – 8:00 pm	Adjusting Demonstrations Question & Answers

III. DESCRIPTION

This program will involve a data projector, lecture and notes. The purpose is to provide the chiropractor with a better understanding of the use of kinesiotape and how to properly tape and brace for better results with patients.

PROGRAM DIRECTOR

Robert Fenell, DC, DICBN is the instructor. See attached Curriculum Vitaes.

PHYSICAL FACILITY FOR SEMINAR

The facility for this seminar has adequate lighting and ventilation, is handicap accessible, with bathrooms and temperature control to assure proper learning conditions.